IRFF UK: What is IRFF UK?

Edward Hartley October 16, 2025

www,irff-uk,org



IRFF UK - Changing Lives Across Africa

Who We Are

IRFF UK is a UK-registered charity dedicated to transforming lives through international development. We currently support **seven vital projects** across **three African countries** - Senegal, South Africa, and Uganda - reaching over **4,100 people** whose lives and futures have been uplifted by your support.



Run by a small, passionate UK team of nine (a mix of volunteers and modestly paid staff), IRFF UK is powered by love, commitment, and purpose. Thanks to the income from **the Tricycle shop**, our charity shop in Alton and **Gift Aid**, we're proud to say that **100% of all new donations** go directly to our projects - every penny you give goes where it's needed most.

What We Do - and Why

We believe that everyone deserves the chance to live with dignity, opportunity, and hope. Through partnerships with trusted local teams, IRFF UK supports education, healthcare, and humanitarian initiatives that make a lasting difference.



Our projects currently include:

- **Education**: Supporting schools from primary to tertiary levels, helping hundreds of young people access quality education.
- Menstrual Health: Reaching over 1,500 schoolgirls with single-use and reusable pads, and menstrual health education.
- Nutrition: Running a soup kitchen in South Africa that feeds 500 children and elderly people daily.

Our recently completed projects have provided:



- Care for 60 orphans in DR Congo,
- Vocational training for young women in Ghana,
- Reusable sanitary pads for 700 girls in Ghana,

And emergency relief in Nepal,
 the Philippines, Jordan, and DR
 Congo.

We do this because we can - and because we *must*. As our founder's principle reminds us, "You can live for yourself, or you can live for others." At IRFF UK, we choose to live for others.

Our Proudest Achievements

Over the years, IRFF UK has celebrated many milestones:

Destiny School in
 Uganda - founded in 2009
 and now home to 206
 students and 11 staff, with
 secure facilities and a
 bright future ahead.



- Disaster relief in crisis
 zones like Nepal and DR
 Congo.
- TVET and literacy
 projects empowering



New kitchens and
 water wells in schools
 across Uganda, including
 Busabala School, visited
 by our GirlChild period
 poverty team.



young people in Gambia, Ghana, and South Africa.



Why Support IRFF UK?

Launching period
 poverty projects in
 three African nations - an
 initiative that continues
 to grow as funding
 allows.

We know there are many amazing charities out there - but IRFF UK is different.

- Every penny counts: We can pass 100% of new donations straight to local teams.
- Small but mighty: We act fast when crises strike such as the invasion of Goma in DR Congo or the recent water crisis in Uganda.
- **Direct impact**: You can see the tangible difference your support makes from a child's meal to a girl's education.



How You Can Help

Our dedicated team manages ongoing projects, fundraising, and emergency responses - but we need *your* help to go further. We're looking for:

- Follow us on social media > facebook,com/IRFF.UK linkedin,com/company/irff-uk/
- Regular donors to help sustain our projects,
- New volunteers (we have around 10 open roles!),
- And specialists in areas such as fundraising, diaspora engagement, and legacy giving.

With your involvement, we can keep expanding our reach and deepen our impact.

Looking Ahead: 2025-2026

The year ahead is full of promise. With increased funding and new volunteers, IRFF UK plans to:

- Expand our period poverty work,
- Launch another child hunger relief project in South Africa,
- Fund more water wells in rural communities,
- And help **Destiny School** grow to 400 pupils - complete with a new **IT suite** for teachers and students.



By **March 2026**, we aim to be serving **5,000 people** - a 20% increase from today.

Join Us in Changing Lives

Together, we can give hope, opportunity, and dignity to thousands more across Africa. Whether you choose to donate, volunteer, or simply share our story - *you're part of something life-changing*.

Visit <u>irff-uk,org</u> to learn more, get involved, or make a donation today.

Every act of kindness counts - and every penny truly changes lives.

Click Here to Support us Today







About Us

Facebook



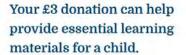


OICEFUK

Every donation counts

Empower a Child's Future: Your donation can provide the education that will transform lives. Join us in making a lasting impact-because every child deserves the chance to learn, grow, and thrive.



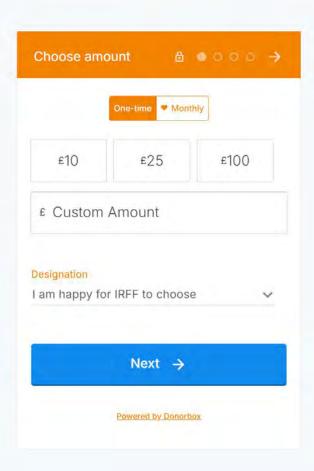




With £7, you can contribute to a child's daily nourishment, ensuring they're ready to learn.



A £10 donation can support a child's education for a week, giving them the chance to succeed.



Join us in making a difference **Every donation** counts

You will directly be improving the lives of those in need around the world. Every donation, no matter how small, can make a significant impact.



Empowering Communities and Changing Lives

Charity Number: 281776

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Period Poverty

Period Poverty Intro

What is Period Poverty

Ending Period Poverty

Period Poverty Projects

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