

IRFF UK feeds 500 hungry children

Edward Hartley
August 12, 2025

www.irff-uk.org



Soup kitchens fight frontline starvation

The reports are devastating - more than two dozen children starved to death in South Africa's Eastern Cape province over the past year.

"Children are dying – quietly, in hospitals, in townships, in homes," reported *Daily Maverick Baywatch* in late July.

This is happening in one of South Africa's most prosperous metros – Nelson Mandela Bay – named in honour of the former president and humanitarian.

Twenty-five children under the age of five died from severe acute malnutrition in the past year, according to state institutions and media reports. Hundreds more are starving. Diagnoses of malnutrition have surged, and **child deaths have nearly doubled since 2023.**



Two years ago, the South African Human Rights Commission called the situation a disaster and urged the government to declare a state of emergency.

Nothing has been done.

Yet just a short distance away, an IRFF-supported soup kitchen is providing a lifeline in the poverty-stricken Walmer Township in Port Elizabeth.

But it's not nearly enough.

The soup kitchen is one of four run by the Walmer Angel Project which currently feeds around 2,000 people. **Every weekday, volunteers cook and serve hot, nutritious meals – mostly to children and the elderly.** In a community where unemployment is

high and many families live in overcrowded shacks, these soup kitchens are often the only source of food for the day.

“There is so much unemployment in the township, so we do what we can to alleviate many unbearable situations,”
says Glenda Brunette,
founder of the
Walmer Angel Project.



“It breaks our hearts to see people in this community going hungry,”
wrote Cecilia
Adams in a
message to
IRFF UK.

“Any contribution, no matter how small, would make a significant difference in our ability to continue providing meals.”

IRFF UK currently sends £200 a month to support the kitchen that feeds 500 mouths.

But with your help, we can feed more children. We want to ensure that no child suffers in silence.

Please consider making a donation today.

Even a small gift can help us buy food, keep the soup kitchens running, and provide vital nourishment to those who need it most.



**The Good News is -
A small donation
goes a long way**

Just **£10 can help provide 200 hot meals** – enough to feed 200 people for a day.

- So, a **one-off donation of £5, £10, £25 or more** provides immediate help.
- **Or set up a monthly gift** to sustain this vital work over time.

*Thank you for your
compassion and support.*

The IRFF UK team

DONATE now! (Thank you)

Please [click here](#) and **visit our website** to read
in-depth **reports on all our projects.**

Support IRFF UK today by following us on [LinkedIn](#) and receive
even more news and updates!!

*If you are in the UK, consider sending a bank transfer so
every last penny goes to IRFF UK:*

International Relief Friendship Foundation

Account number: 96497645

Sort Code: 60-05-29

Every donation counts

Empower a Child's Future: Your donation can provide the education that will transform lives. Join us in making a lasting impact—because every child deserves the chance to learn, grow, and thrive.



Your £3 donation can help provide essential learning materials for a child.









With £7, you can contribute to a child's daily nourishment, ensuring they're ready to learn.



A £10 donation can support a child's education for a week, giving them the chance to succeed.

Choose amount



One-time

Monthly

£10

£25

£100

£ Custom Amount

Designation

I am happy for IRFF to choose

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Join us in making a difference

Every donation counts

You will directly be improving the lives of those in need around the world. Every donation, no matter how small, can make a significant impact.



Empowering Communities
and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5
4LZ

Period Poverty

Period Poverty Intro

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A Charity for Africa

Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

[Click to Donate to Period Poverty](#)



Your donation helps children access quality education and build brighter futures.

[Click to Donate to Education](#)

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Supporting African Communities from the UK UK Based Charity for Africa

Our Charity Is Focused on Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on education and addressing period poverty**. We are breaking the cycle of poverty by ensuring access to



education for all and **preventing female dropouts through the provision of menstruation products and education.** Through this communities and youth are empowered and Africans are given the best chance for a brighter future.

[Support Us Today](#)



[Come See What We Do](#)

What Areas Does Our Charity Support In Africa?

[Education](#)

[Period Poverty](#)

[Emergency Relief](#)

Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

[What is Period Poverty?](#) | [Ending Period Poverty](#)



A Small Glimpse At The Difference IRFF UK Has Made How IRFF UK has helped in Africa so far?

[Destiny Junior School](#)

[Jigger Removal](#)

[Home For Children](#)

[Kampala, Uganda](#)
Destiny Junior School



IRFF UK built Destiny Junior School in 2009. The children in the local area have thrived ever since!



IRFF UK built **Destiny Junior School** in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



Why Choose IRFF UK?

What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being intermediaries in fund transfers.

We prioritise a comprehensive approach centred on education and empowerment to uplift individuals from poverty.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

How Can You Get Involved?

How Can You Support Our Charities Work In Africa?

Making A Donation



Spreading Awareness



Volunteering Your Time & Skills



What Our Donors Are Saying

Your efforts in the areas of education, health and sustainability are vital in certain countries and truly appreciated. My family will continue to sponsor a child at Destiny Junior School in Uganda, and will endeavour to support other causes that IRFF UK informs us about.

Marshall de Souza
Destiny School Sponsor

The Women's Federation for World Peace, South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.

Dolores Read
Destiny School Sponsor

I have been happy to support projects that IRFF is running in Uganda. In particular, we donated funds towards the construction of a perimeter wall at Destiny School. I am grateful for the good work IRFF has done over the years to help improve the lives of people/children in Africa.

Joyce Suda
Destiny School Sponsor



Support IRFF UK With A Donation Today

Yes, I'll Donate!

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