

IRFF UK: Latest developments at IRFF UK - Updated LinkedIn presence

Edward Hartley

April 15, 2025



Dear friend of IRFF UK and all of the projects we support, currently serving about 3,800 or more people in Africa. Sorry for this group email but it is intended as being addressed to each of you individually. You have faithfully helped us in the past or also currently in improving the lives of all of those beneficiaries in Africa and we wanted to inform you about renewed efforts in this new financial year in finding new donors, including new corporate donors, and also volunteers.

We have just revived and updated our LinkedIn presence and will be posting once a week regularly from now on. If you are also on LinkedIn but are not following IRFF UK yet, we would appreciate it if you could become a follower since it helps our exposure on that platform greatly. Also if you know of anyone who would like to be a donor or a volunteer please contact them. We have a number of unmanned roles at this time and an unending need for funds to pass on.

Having completed funding of a biodigester toilet at Destiny School recently and also a water well at a neighbouring school which the Ugandan GirlChild visits + attempts now to raise funds (\$3,000) to educate 20 foster families in DR Congo in business to take care of 60 children + supporting all of the other projects (8 more), we always have plenty to do.



Please check out our IRFF UK presence on LinkedIn and our website; we appreciate all and any support you can give in helping these good people have a better life. 100% of your donations go to the projects.

Also, please feel free to ask for any further information at any time.


Many thanks from the IRFF UK team

Eddie Hartley writing on their behalf as the Chair and Treasurer

PS: Destiny School sponsors should be receiving a personalised email shortly about their sponsorship



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Civic and Social Organizations
Orpington, London · 40 followers
Finding practical solutions to the global problems of poverty, suffering and disease.

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About us

IRFF UK creates opportunities for human development, community welfare, and social progress through funding primary, secondary, and tertiary-level education projects, a soup kitchen, and health-support programmes such as period poverty relief in three countries.

Founded in 1980, IRFF UK provides humanitarian relief to individuals and families devastated by poverty, illness, natural disasters and conflict including economic empowerment projects meeting the right of all human beings to have adequate food, shelter, education and access to medical care.

- IRFF UK is currently supporting 10 projects in five countries:
- DR Congo: Helping Hope For Children to locally support 60 orphan/street children distributed between 20 foster families in Goma
 - Ghana: a vocational training project currently for 5 girls and a period poverty project serving about 700 girls so far
 - South Africa: a literacy project improving the lives of 72 10-11 year old children, a university education project supporting 6 students, a soup kitchen feeding 500 children and old people in need, and a period poverty project at a primary school regularly serving about 170 girls
 - Uganda: a primary school with 206 children and a period poverty project serving about 680 schoolgirls so far in three schools
 - An associated project in Senegal involving a primary school with 280 children

There have also been infrastructure projects recently completed in Uganda, funded by IRFF UK, including security cameras and more fire extinguishers plus a biodigester toilet at Destiny Junior School in Uganda, and a water well being built at a neighbouring school.

The numbers of persons who can be served (currently 3,800) solely depends at this stage on the income of the charity!
IRFF UK is looking for individual donors, partnerships with more corporate donors and volunteers to work on research projects and fundraising.

Website	https://www.irff-uk.org/
Industry	Civic and Social Organizations
Company size	2-10 employees
Headquarters	Orpington, London
Type	Nonprofit
Founded	1980
Company website	https://www.irff-uk.org/

Locations

Primary

98 Dyke Drive

Orpington, London BR5 4LZ, GB

[Get directions](#)

Employees at IRFF UK




Natania Kobayashi

Integrative Relational Therapist - Surbiton

[See all employees](#)

Updates



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Meet the Team Behind IRFF UK

We're a small but passionate team of six individuals based in the UK, working together to support life-changing international development projects across **five African countries**.

Some of us receive modest remuneration, others generously volunteer their time — all united by a shared mission to create lasting change.

💚 Thanks to the steady income from our charity shop in Alton and Gift Aid contributions, we're proud to say that **100% of all new donations** go *directly* to our local teams on the ground — with no deductions for overheads.


We may be small in number, but we're big on impact — currently reaching and improving the lives of **at least 3,800 people across Africa**, and we're just getting started.

Whether it's the radiant smile of the head teacher at *Destiny School* in Uganda watching her students thrive, or the moment of pure joy in Port Elizabeth, South Africa, when a child in Pat's SHINE literacy class deciphers the jumble of symbols and begins to read — these are the everyday miracles that drive us forward.


With 73 pupils in that single SHINE class alone, and many other powerful stories unfolding in our projects across the continent (which we'll be sharing soon!), our dedicated team is inspired daily to do more, reach further, and serve even more communities in need. 🌍

Thank you to everyone who supports us — your generosity truly goes the distance.


[#Charity](#) [#InternationalDevelopment](#) [#IRFFUK](#) [#ImpactMatters](#) [#NonProfitWork](#) [#EducationMatters](#)
[#AfricaProjects](#) [#MeetTheTeam](#)




MEET OUR TEAM




EDWARD HARTLEY
TRUSTEE, TREASURER
AND GENERAL MANAGER



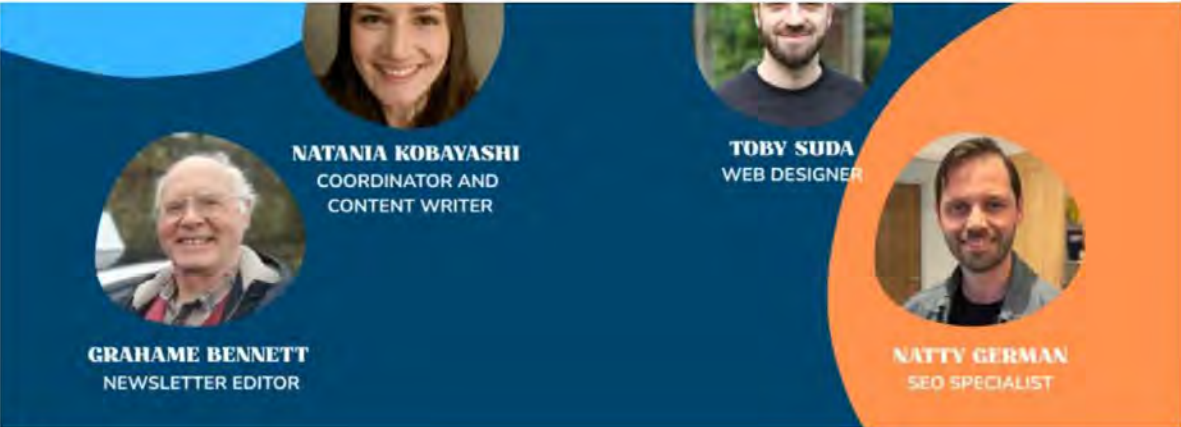
TESSA THONETT
TRUSTEE AND
GENERAL MANAGER



CHARLES CACHIA
TRUSTEE







2

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IRFF UK is about to launch a significant campaign on this platform soon with many documents ready to be posted. If you want to stay up-to-date with us, follow our Page.



IRFF UK | LinkedIn
uk.linkedin.com

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Be a part of something meaningful!

Subscribe to IRFF-UK's newsletter and stay informed about our ongoing efforts to support children and women across Africa. Receive updates about our projects, stories of impact, and opportunities to get involved. Your subscription helps us spread awareness and garner support for our mission.

Join our mailing list today and be a catalyst for change - www.irff-uk.org or click the link in our bio.

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Subscribe To Our Newsletter

Join our mailing list to receive the latest updates about IRFF-UK's projects across Africa.

Sign up now



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Link in bio



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The entire IRFF-UK family is thrilled to congratulate Joel Gideon Bukenya, a former student of Destiny Junior School, on his incredible achievement! 🎓 ✨ Joel has graduated with a BA in Education from Makerere University, Uganda, making history as the first Destiny school student to earn a bachelor's degree.

We are immensely proud of Joel and his remarkable accomplishment! His success is a testament to the impact of quality education and the unwavering support of our community.

Your support goes a long way! Click the link in our bio or head to www.irff-uk.org and help us support more children like Joel.

#IRFFUK #successstories #educationforall #DestinySchool #CommunitySupport #ProvidingEducation #MakingADifference



SUCCESS STORY

Joel Gideon Bukenya, a previous Destiny Junior School Student, graduates with a BA in Education at Makerere University, Uganda



Makerere University, Uganda.
Joel is the first Destiny school
student to receive a
bachelor's degree!

DESTINY SCHOOL

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At IRFF UK, we believe that access to menstrual products is a basic human right. Through our initiatives, we're working to break the stigma surrounding menstruation and ensure that girls and women in Africa have access to the essential products and support they need.

Learn more about how IRFF-UK supports projects to fight Period Poverty in different regions of Africa - <https://lnkd.in/gxxGdnQn> or click the link in our bio.

#IRFFUK #CommunitySupport #NonProfitOrganisationUK #UKCharity #ProvidingEducation
#FightingPeriodPoverty #MakingADifference #ForACause #PeriodEducation #MenstrualHygiene

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No one should
have to choose
between feeding
themselves or
their family and
buying menstrual
products.

AMIKA GEORGE



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When you donate to us, you're making a direct impact where it matters most. All funds sent to Africa go straight

to the people who need it most, with full accountability and transparency every step of the way.

100% of your generous contributions go directly to local project teams, ensuring that every penny is maximized for positive change.

Join us in our mission to make a difference where it counts! Choose IRFF UK and be part of real, tangible change in communities across Africa. Visit our website to learn more about our various projects and be a part of the change:

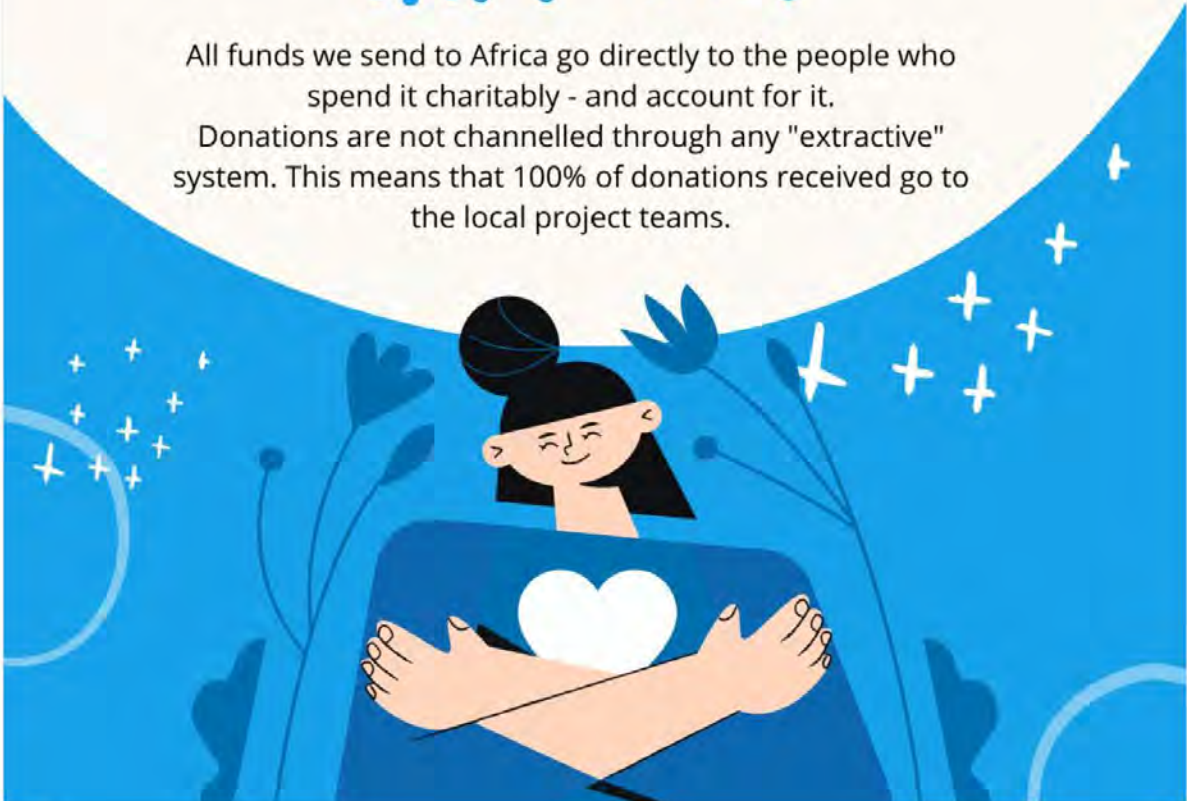
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www.irff-uk.org

WHY CHOOSE IRFF UK?

All funds we send to Africa go directly to the people who spend it charitably - and account for it.
Donations are not channelled through any "extractive" system. This means that 100% of donations received go to the local project teams.



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Natural disasters bring immense stress and grief, leaving communities devastated. In 2021, the eruption of Mount Nyiragongo in DR Congo left many homeless, including vulnerable street children and war orphans.

Since 2019, we've invested £14,650 in providing housing, food, and education for 60 street children, offering them a safe haven amidst the chaos. Our efforts include supporting a house-building project to replace a home destroyed by volcano lava, ensuring these children have a stable environment to thrive.

We couldn't have done this without the generous support of our donors. Your support makes this possible, providing hope and opportunity where it's needed most.

Help us make a difference! Consider donating and be a part of their journey towards a brighter and safer future for the children in Africa.

www.irff-uk.org or click the link in our bio.

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#FightingPeriodPoverty #MakingADifference #ForACause #EmergencyReliefAfrica



IRFF-UK PROJECTS

IRFF UK focused our emergency relief on housing, feeding, educating 60 street children (war orphans) in Goma, Dr Congo including supporting a house building project to replace a previous house destroyed by volcano lava.



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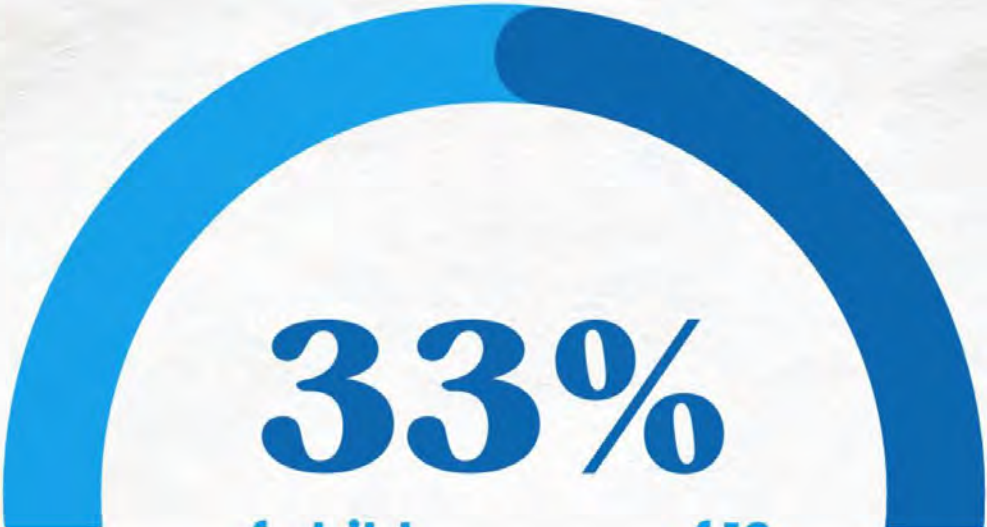
In Africa, 33% of children between the ages of 12 to 14 are not in school. This troubling statistic sheds light on the complex challenges facing education systems across the continent.

Barriers such as poverty, inadequate infrastructure, cultural norms, and conflict often hinder access to education for millions of children. For many families, the cost of schooling, including uniforms, books, and transportation, is simply unaffordable. Additionally, outdated teaching methods and limited resources in schools contribute to low enrollment and high dropout rates.

The consequences of missing out on education are profound and far-reaching. Without access to schooling, children are more likely to face poverty, unemployment, and exploitation. They are also deprived of the opportunity to develop essential skills and knowledge needed to build a better future for themselves and their communities.

Join us in breaking down barriers for these children and creating a community where every child has the opportunity to learn and thrive. Head to irff-uk.org or click the link in our bio to learn more! 🌟

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of children ages of 12
to 14 are not in school
in Africa.



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In Africa, far too many girls and women face significant challenges due to a lack of access to menstrual hygiene products and education.

We're committed to changing this narrative. Through our initiatives across Africa, we're working tirelessly to ensure that all girls and women have the resources they need to manage their menstrual health with dignity and confidence.

With your support, we can make an even greater impact! Your donation can help provide essential menstrual hygiene products, educational programs, and support services to communities in need.

Your contribution today can change lives and create a brighter, more equitable future for these girls and women. Donate now and be a part of the initiative!

Visit our website www.irff-uk.org or click the link in our bio.

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#FightingPeriodPoverty #MakingADifference #ForACause #WaitGhana #PeriodEducation #MenstrualHygiene



For a **£3 donation**, you can help supply sanitary pads for girls, ensuring they avoid shame and never miss school.



For a **£7 donation**, you can help equip an entire class of girls with enough sanitary pads, enabling every student to attend school without interruption.

For a **£10 donation**, you can support IRFF UK in sending our team to schools and projects for comprehensive menstruation education sessions.



Join us today!

www.irff-uk.org

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Sharing with you this heartwarming letter and update from one of our volunteers, Teacher Jesca! 📧 ☀️

"We as well had a very good time in Jjungo Primary School, the entire Administration, teachers and Pupils were extremely we managed to give 96 Girls the pads and Knickers.

We trained them on Menstrual reproductive Health, Sanitation and care for the body, Teacher Jesca, Madam Sylvia, Rebecca took on the portions of Personal hygiene and Menstrual reproductive Health and Teacher Jesca and Justine took on the counselling part.

This was a very new development in the school and caused a lot of excitement and boys as well right from P5 to P7 were addressed and motivated by Paul Kabanga , assisted by Joel Bukenya and senior Teacher for the boys Mr. Christopher.

this was one of the first ever talk of this nature in the school and the girls were still not as free as it is in Destiny and Busabala.

Most of these pupils are living with one parent either a father or mother and like it is in Busabala Primary school the Girls share these pads with the mothers at home, and this is one way of the mothers getting motivated to send the girls in School."

Thank you for your ongoing support and encouragement. Together, we're making a meaningful difference in the lives of these children and their communities!

If you want to send your support, you may visit our website www.irff-uk.org or click the link in our bio.

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These powerful words from Oprah Winfrey remind us of the transformative power of education. It's not just about acquiring knowledge; it's about opening doors, broadening horizons, and empowering individuals to reach their full potential.

At IRFF UK, we recognise the importance of supporting women and girls, who often face additional challenges in accessing education. Through initiatives focused on menstrual health and hygiene, vocational training, and women's empowerment, we're ensuring that they have the tools and resources they need to thrive both academically and personally.

Learn more about IRFF-UK's projects here - <https://www.irff-uk.org> or click the link in our bio.

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#FightingPeriodPoverty #MakingADifference #ForACause #EducationForAll #AccessToEducation

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Education is
the key to
unlocking the
world, a
passport to
freedom.

OPRAH WINFREY



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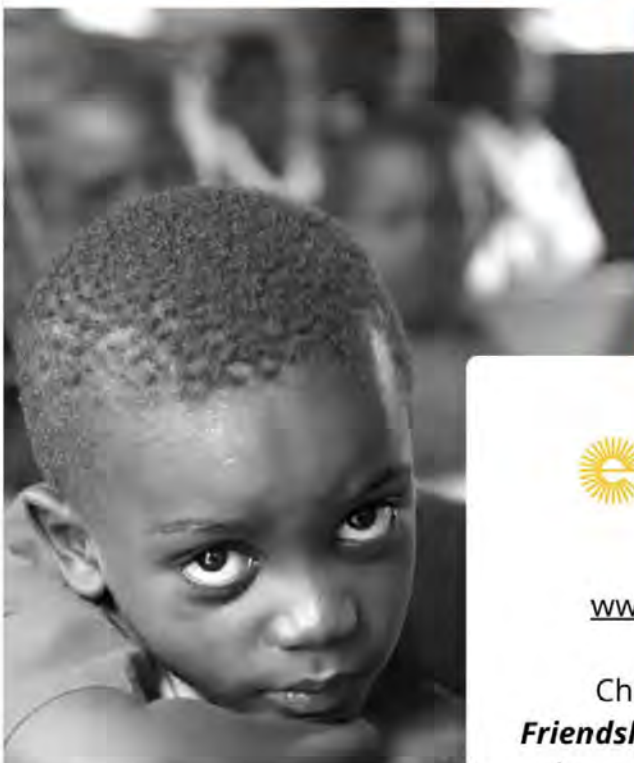
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Exciting news! IRFF-UK is now on www.easyfundraising.org.uk 🌟

Choosing 'International Relief Friendship Foundation' on Easyfundraising means you can support our vital projects while you shop online, at no extra cost to you! Every purchase you make will contribute to our mission of providing support and education to communities in need around Africa.

Head over to EasyFundraising today and select 'International Relief Friendship Foundation' as your chosen charity, or you can also scan the QR on this post. Together, we can create positive change and make a lasting impact! ❤️

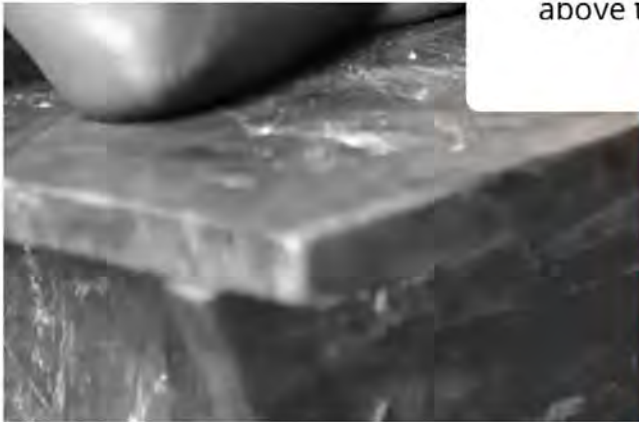
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#FightingPeriodPoverty #MakingADifference #ForACause



 **easyfundraising**

We are now on
www.easyfundraising.org.uk!

Choose '**International Relief
Friendship Foundation**' or scan our QR



above to support us while you shop!



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Curious how our efforts against period poverty are creating change? Here's a glimpse into our initiatives in IRFF-UK across Africa:

1 Distributing pads to 170 schoolgirls in Port Elizabeth, South Africa:

Through our partnership with Walmer Angels and Walmer Primary School, we ensure consistent distribution of disposable pads to 170 schoolgirls. Trained medical professionals and teachers provide crucial menstrual health and hygiene education alongside the pad distribution, empowering girls with knowledge and resources.

2 Producing Cheap Reusable Pads in Ghana:

Building on our successful projects in Ghana, IRFF UK spearheaded the creation of reusable pads at a fraction of the cost of commercial ones. In collaboration with local partners and medical professionals, we distributed reusable pads to 570 girls and women in 2023, accompanied by vital education on menstrual health and hygiene.

3 Supplying Disposable Pads to Schoolgirls in Uganda:

Since 2009, Destiny Junior School in Uganda, built by IRFF UK, has been a beacon of hope. Partnering with Headmistress Jesca, we've distributed disposable pads to 180 schoolgirls regularly. Comprehensive menstrual health and hygiene education sessions, led by trained professionals and teachers, ensure these girls are equipped with essential knowledge.

Together, we're breaking the cycle of period poverty and empowering girls to stay in school and pursue their dreams! 🙌

Help us make a difference! £8 buys sufficient reusable pads for one girl for one year. We currently support 200 girls per month but the more income we have the more we can support.

Learn more about the projects here - <https://lnkd.in/gxxGdnQn> or click the link in our bio.

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IRFF-UK PROJECTS

IRFF UK aims to empower individuals, particularly women and girls, to overcome barriers to education, employment, and social participation. Here are three projects IRFF UK supports in its fight against period poverty:

WAIT GHANA

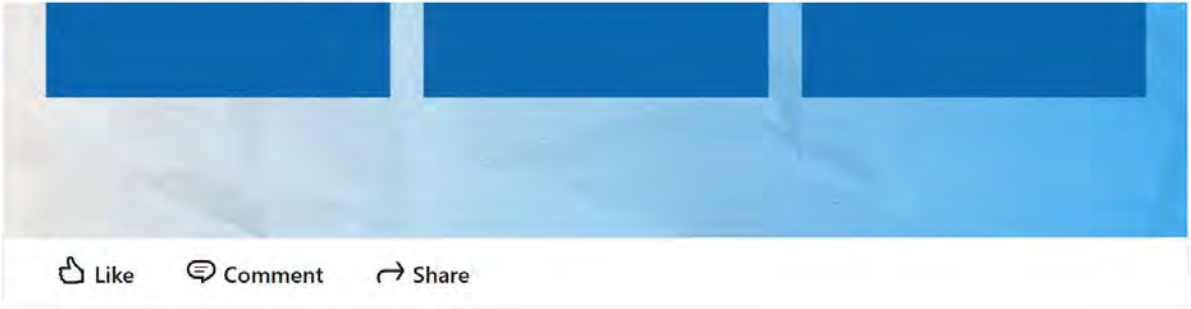


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