

IRFF UK March 2023 Newsletter: Launching Period Poverty Aid

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Launching Period Poverty Aid

In February this year, IRFF UK launched three Period Poverty Aid projects across Africa with additional projects underway.

South Africa

Walmer Park Primary School students come from hugely disadvantaged backgrounds, where necessities like sanitary towels are unaffordable, so they are forced to make do with toilet paper or old rags.



Jessica Bredenkamp (a qualified nursing sister and owner of Growing Hearts), Gail Charalambous (IRFF UK liaison) and Glenda Brunette launching the Sanitary Towel Project at Walmer Park Primary School.

The ladies spoke about the importance of sanitary towels and personal hygiene which led to further discussions about issues such as teenage pregnancies, rape, gender-based violence, and more.

Nearly 700 packs of Destiny Everyday Pads were purchased in aid of the girls attending Walmer Park Primary School.



Social worker Sarah Fina (right), a good and empathetic listener, sets clear boundaries and is loved and respected by all.

Uganda

Jesca Nakamayisa has been organising visits and setting up 'Girl Child Clubs' in schools; *Destiny Junior School, Busambala Primary School, Bright Land High School Namagoma, and African Secondary School Kibiri.*



Jesca Nakamayisa Destiny Junior School Headteacher and IRFF UK liaison.

During these visits, seminars and workshops were held for teachers and student leaders on personal hygiene, reproductive health, HIV/AIDS prevention, and care.

There are plans in place to teach trainers and promote Girl Child empowerment programmes like the making of reusable pads and learning of crafts to make income.

Ghana

In Ghana, Vivian Nkasia has started projects where she is making and distributing reusable pads and providing menstrual health educational activities to young people in a number of communities north of Accra.

Supported by IRFF UK, Vivian Nkasia offers purity education guiding young people to avoid catching HIV and AIDS.



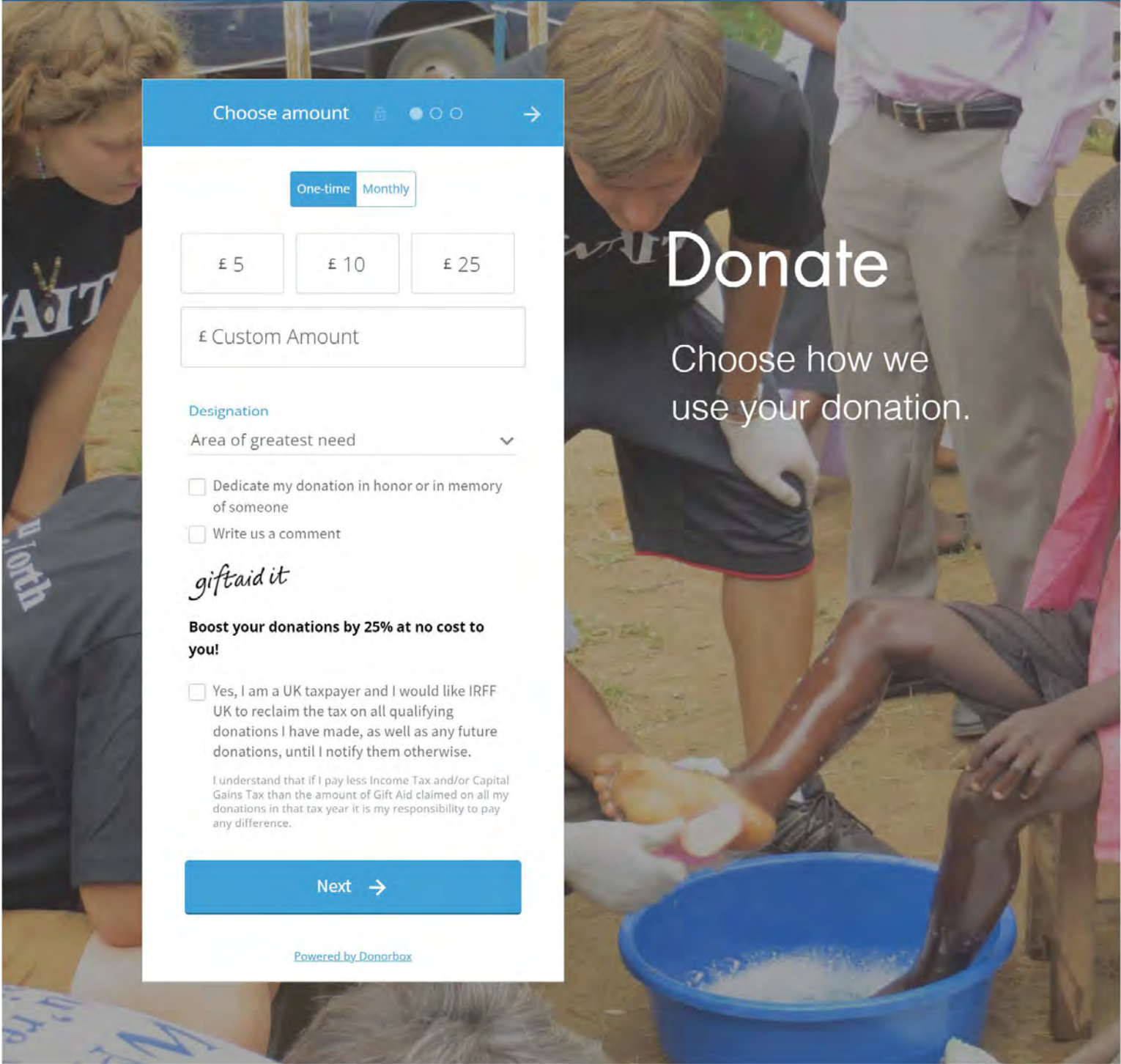
Funded by IRFF UK, each reusable pad costs about £1 to make. Each girl will need around 5-6 pads for day and night use, allowing for washing in between.

Coming soon...

We are launching a brand new website at the end of the month!

With a new structure, explore our projects with ease, and find exciting new content on our Period Poverty projects!

[Support us today to help girls in need - Click here!](#)



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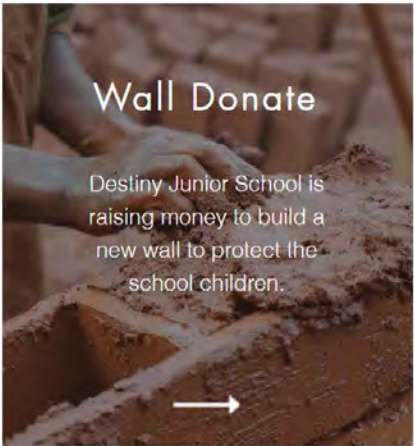
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Wall Donate

Destiny Junior School is raising money to build a new wall to protect the school children.

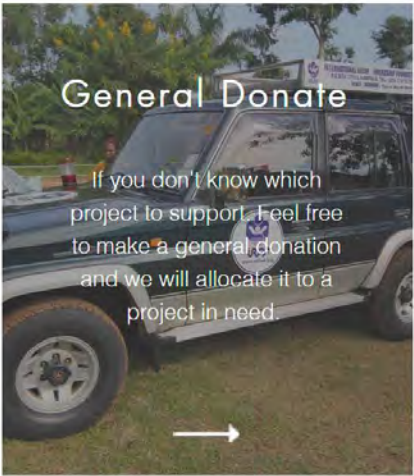
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Child Sponsorship

Sponsor a child or Teacher at Destiny Junior School for as little as £10 a month.

→



General Donate

If you don't know which project to support, feel free to make a general donation and we will allocate it to a project in need.

→

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Charity Number: 281776

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