

## Blessed Family Seminar: Peace Starts With Me, My Relationships, My Calling

Rafael Guignard

April 3, 2020

Saturday 11th April – Monday 13th April

In collaboration with the EUME Blessed Family Department



Do you believe in living an ideal life and building an ideal world? But whenever you look at the reality today you feel so far away and overwhelmed that you don't know where to start? Well, you are not alone, and in the upcoming "Peace Starts With Me" Online Workshop I am going to share the philosophy and tools that have helped me and many others to create a harmonious and compelling Life Vision that gives you the beliefs and drive to build the life and have the impact you have always wanted.

My name is Rafael Guignard, I am a 34 year old certified Life and performance coach. I am also a youth leader and community pastor in France. I have been a table tennis player and coach on a national level for the past 10 years. But most importantly I have been blessed to my wonderful wife, Domila Guignard, for the past 15 years and we have 3 young children.

Deep inside my heart, I have always desired to live a successful and fulfilling life in all areas, just as God and True Parents want us to live. I wanted to be physically, intellectually, emotionally and spiritually fulfilled while building a loving family and contributing to a better world. But many times I found myself feeling overwhelmed and actually very far from my ideals. I experienced success in many different areas, but often separately from, and unfortunately at the sacrifice and expense of, other important areas. Three years ago, when I started again to focus very strongly on my personal growth, I could see that improving myself was actually positively impacting every other aspect of my life. I started to have hope and believed again that it was possible to live a harmonious life according to the Three Great Blessings. The greatest breakthrough came when I started to create a future life vision by looking deep into my heart and imagining that everything that I truly want to be, do or have is really possible, and a harmonious life in all areas is really possible if I decide to design it in this way. I suddenly became a true co-creator of my life. I realised that my current reality was not aligned with that vision and started to make changes towards this new vision. Suddenly, I started living in a state like the vision was already there and felt guided and blessed on my path. I was guided to deeply explore my life in 12 different categories according to the Three Great Blessings and improve each single one of them by making them work together.

If you want to create an inspiring and harmonious life vision, live with a stronger purpose and build the habits that will get you there, I invite you to join the "Peace Starts With Me" Online Workshop from April 11th to 13th by filling in this application form:

[Register Here](#)

**Registration Deadline: Friday 10th April at 11am**

The price of a real-life seminar on this content can go up to 7,500€ person or 10,000€ per couple. There is also an online course that you can take for 500€, but I really wanted to give members the opportunity to receive this content, aligned with True Parent's vision and teachings, at a very affordable price. This Online Workshop will only cost 90€ per person with discounts available according to your situation.

Please take this incredible opportunity to live the life that you were born to live and make the impact you

were born to make.

### **Workshop Details:**

Dates: 11th–13th April 2020

Time: 8am–5pm BST (9h-18h CET) with breaks

Registration Deadline: Friday 10th April at 11am

Recommended Age: 18+

### **Payment:**

Price: 90€

Students: 60€

Couples: 120€

Families: 150€

East Europe Sub-Region and Africa: 60€

East Europe Sub-Region and Africa Students: 45€

East Europe Sub-Region and Africa Couples: 90€

East Europe Sub-Region and Africa Families: 110€

Payment: [peacestartswithmeacademy@ gmail.com](mailto:peacestartswithmeacademy@gmail.com) or [paypal.me/peacestartswithme](https://paypal.me/peacestartswithme)

Or wire transfer:

Account Holder: RAFAEL GUIGNARD, 4 residence clos du Pileu 91120 Palaiseau

Bank: SG PALAISEAU CENTRE (02212) 138 RUE DE PARIS 91120 PALAISEAU

IBAN : FR76 3000 3022 1200 0200 6200 018

BIC – SWIFT : SOGEFRPP



Contact: Rafael Guignard and Marea Toresen at [peacestartswithmeacademy@ gmail.com](mailto:peacestartswithmeacademy@gmail.com)

If you have any questions, you can write us an email or attend the following information sessions on:

Saturday 4th April at 7:30pm BST (20h30 CET): [zoom.us/j/976395339](https://zoom.us/j/976395339)

Thursday 9th April at 7:30pm BST (20h30 CET): [zoom.us/j/588671312](https://zoom.us/j/588671312)

Programme: 12 Sessions about each essential life category that will help you to embody the 3 Great Blessings in your life.

Main goal: Define an inspiring and harmonious life vision and a strategy to get there

Vision: In order to make Peace in this world let's start with us, our relationships and our calling.

### **Online Workshop Content and Schedule**

Please note that the times stated below are relevant to British Summer Time

Saturday 11th April – "Peace Starts Within Me"

8am–9:15am: Introduction

9:45am–11am: 1. Body

12:30pm–1:45pm: 2. Intellect

2:15pm–3:30pm: 3. Emotions

3:45pm–5pm: 4. Character

Sunday 12th April – "Peace Starts With My Relationships"

8am–9:15am: 5. Spiritual life

9:45am–11am: 6. Love relationship

12:30pm–1:45pm: 7. Parenting

2:15pm–3:30pm: 8. Social life

3:45pm–5pm: QandA

Monday 13th April – "Peace Starts With My Calling"

8am–9:15am: 9. Finances

9:45am–11am: 10. Career

12:30pm–1:45pm: 11. Lifestyle

2:15pm–3:30pm: 12. Life Vision

3:45pm–5pm: Conclusion and next steps

In every category we explore the 4 following points:

1. Premise (What are my beliefs)
2. Vision (What do I really want?)
3. Purpose (Why do I want this?)
4. Strategy (How am I going to get there?)

Then we bring all together in a harmonious life vision.

# PEACE STARTS WITH me, my relationships, my calling



11-13  
APRIL

Host: Rafael Guignard  
life and performance coach, pastor  
9h-18h CET with breaks  
Register until Friday April 10, 12h00  
<https://forms.gle/2C5odQLgLGfjXzkRA>  
in collaboration with BDF EUME

Would you like to live an inspiring and harmonious life in all areas of your life, while contributing to a higher purpose?

If deep inside yourself you believe in living a blessed life in all areas but you often feel stuck or overwhelmed then this revolutionary online seminar is for you!

With your questions email Rafael Guignard and Marea Toresen at [peacestartswithmeacademy@gmail.com](mailto:peacestartswithmeacademy@gmail.com)

See you  
soon!

PRICE €90

Students €60

Couples €120

Families €150

Eastern Region & Africa: 25% off





## Peace Starts with Me Online WS Registration

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# Peace Starts with Me Online WS Registration

\* Required

## Self

Last Name \*

Your answer

First Name \*

Your answer

Date of Birth \*

Your answer

Nationality \*

Your answer

Country of Residence \*

Your answer

Occupation \*

Your answer

Marital Status \*

☐ Single

☐ Blessed

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