## Life Is Beautiful - Midwest Winter Workshop in Minneapolis, Minnesota

Hyungtae Ha, Denise Vang-To, Jatoma Gavin January 14, 2016



This was a great workshop filled with love and laughter. Forty-five participants attended from all over the Midwest region, and even Chicago and Arizona. This year, the theme of the region's workshop was "Life Is Beautiful." On the first full day, participants spent time out in the nature of northern Wisconsin skiing and reflecting on how they each uniquely experience God's love through our own spiritual styles and "God languages."

On the second full day, they did a reflection activity and shared on the past year of 2015 and the experiences that made that year beautiful. They then set new goals for how they wanted to make this new year even more beautiful. Putting into practice what they had learned from guidance that morning about the beauty of relationships and team building, they had an incredibly creative gingerbread house competition surrounding the theme of the workshop.

Finally, the group re-gathered at the end of the day to share their experiences and enjoyed each other's warm company through an exciting open mic and talent night.