

Grab your partner by the hand ...

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Instructions were called out by Joe from the Barn Dance Agency on what steps to take next. The South London Peace Embassy was transformed into a dance hall Saturday evening 11th June and we all did our best to follow his guidance. Youth club participants enjoyed themselves tremendously for an hour before we adults moved away from drinks and nibbles and got our dance shoes on. At the end of the evening the question was put to him if we were the most difficult lot of people he has had to teach. His pause spoke for itself. We just laughed; we had a great evening and did not go because we wanted to perfect our steps but to have fun.



It was a great evening. As soon as the music played I felt more joyful and happy than I had done for a long time. We swirled and twirled and tried our best to not get confused between lending our left or right hand to our partner, and to move clockwise or anti-clockwise. When we ended up with 5 brothers standing side by side we knew we hadn't been too successful.

After an hour of dancing we had a welcome break and enjoyed a wonderful first class buffet. We could easily have remained seated – food was plenty – but the music called and we managed to dance off many of the calories we had just consumed.



In conclusion, we really need to learn to enjoy ourselves. Have fun as brothers and sisters. Be able to laugh and not take our miss-steps too seriously. Be free with our spouse, hold them tight and dance the night away..... If we don't learn it here, will we know how to enjoy ourselves in the world here after? Watch out for this space next year – you will not want to miss it!