

Blessing and Family Newsletter: Upcoming Energize Couples Retreat - Mobile, AL

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BLESSING & FAMILY MINISTRY
FAMILY FEDERATION FOR A HEAVENLY USA

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*"As you continue to live for the sake of your spouse, your selfish mind disappears completely."
- True Parents*



SAVE THE DATE!

Energize Couples Retreat in Mobile, Alabama |

June 7-9

Get away to refresh, recharge, and reconnect at the next Energize Couples
Retreat happening in Mobile, Alabama on June 7-9, 2019!

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Chicago Hosts High Noon Summit

High Noon hosted an eventful Summit in Chicago for 142 participants from across the Midwest. It was a great opportunity to learn about healthy intimacy and connect with the vision of a porn-free world of sexual integrity...

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Marriage is Messy

Real life is messy and complicated so it stands to reason that marriage is too. Author Harriet Lerner suggests that motivation, attitude and practice can help us find clarity and joy in the midst of the mess!

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Have You Filled A Bucket Today?

When you're a bucket filler, you make the world a better place! Using a simple metaphor of a bucket and a dipper, author Carol McCloud illustrates in her book "Have You Filled A Bucket Today?" that when we choose to be kind, we not only fill the buckets of those around us but also fill our own bucket!...

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