

May the Force Be with You workshop at Camp Amare in Sylvania, GA

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One of the early highlights of this camp was “If You Really Knew Me,” an opportunity for the participants to take a risk and share whatever was on their heart with their teams. Many people got vulnerable, and some even expressed their love for their teams.

Another highlight was playing Bubble Soccer, which involves playing soccer while wearing giant bubble suits. Many laughs were exchanged as people were bumped to the ground.



One of the most popular activities was called “Post on Someone Who,” in which one-third of the participants sat down on chairs and closed their eyes, while the other two-thirds would post a sticky note on the people sitting down and write their answers to questions like “What do you admire about this person?” or “What do you think God would be most proud of about this person?” They then switched who was sitting and closing their eyes.

“It was a very moving experience seeing the love in the room, and the sense of community that got created within four days,” said a member of the staff.

“At the beginning of camp, I was very anxious,” said a camper. “I usually avoid people and situations where I have to interact with people. Others helped me through and I made some pretty great friends and had a great overall experience.”

“Out of all the workshops I’ve attended and staffed for, I think Camp Amare had the most impact on my perspective and my heart,” said a staff member. “I really appreciated how practical, interactive and empowering the educational aspect was and the opportunity to apply this approach in my offering. I always felt the support, trust and love of the other staff members and the sincerity of the participants. I could actually recognize my growth and the growth of others as the workshop progressed. I’m really glad I was able to be a part of it!”