

## Blessing and Family Newsletter: Love, Life, Legacy Podcast

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**BLESSING & FAMILY MINISTRY**  
FAMILY FEDERATION FOR A HEAVENLY USA

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### Time to Celebrate!

Just a reminder to check with your community about what's planned, in your community, for celebrating True Parents' 100th birthday! So much of True Parents' legacy is about family and it's also a family atmosphere that creates that \*Christmas spirit\*. What a wonderful opportunity for all 3 generations to celebrate. If your community has the space, you could even ask your friends and guests to come with their family!



### Love, Life, Legacy: New High Noon Podcast Episode

This episode's topic is pornography. It offers perspectives on what can lie beyond porn addiction... "How can you actually create a life according to your own standards and stop settling for any false substitutes?"

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## Article: Building a New Marriage With Your Old Spouse

Marriages often go through dry periods that can be very discouraging. In this article, Gary Thomas offers 6 ways to intentionally invest in your relationship to begin the process of growing back together.

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## Article: Looking Back to Look Ahead

Of all the knowledge that I have gleaned from the numerous parenting books that line my bookshelf and sit in stacks next to where I write my blogs can be distilled down to a few fundamental phrases...

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