

## Blessing and Family Newsletter: Start Smart Level 3 Blessing Workshop in MA

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**BLESSING & FAMILY MINISTRY**  
FAMILY FEDERATION FOR A HEAVENLY USA

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### Subregion 1 Holds Start Smart Level 3 Blessing Workshop in Gloucester, MA!

On Saturday, January 11 at Morning Garden in Gloucester, MA, 13 participants from across the United States—and even across the globe—gathered to attend the Level 3 Blessing Workshop. We had participants from New York, New Jersey, Missouri, Massachusetts and London, UK.

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## "Healing Our Families" Seminar | Phoenix, Arizona

Feb. 28 – Mar. 1

This seminar by Generational Healing is for anybody who would like to gain knowledge, self-awareness and build skills for healthier relationships. It is also ideal for learning how to help others in your church and ministry work, in your neighborhood or at work...

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## Article: Ideas For Couples to Make as a Team

Making goals together is hard, but it's one of the most effective ways for couples to grow closer!

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## Article: Realizations Learned from a Broken Oven | Myrna Lapres

Recently, I was needed to help my husband with the replacement of our kitchen oven. Afterwards, I was reflecting on the task and was amazed at our teamwork. I also realized something about me—I've changed and grown!

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Do you have a strong vision for your couple's sexual life?

Whether you're just starting off or you've been married for years, we're going to help you create a lively and passionate vision for your sexual lives!

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