

Blessing and Family Newsletter: Join the 40-Day Blessed Life Challenge

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BLESSING & FAMILY MINISTRY
FAMILY FEDERATION FOR A HEAVENLY USA

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Join the 40-Day Blessed Life Challenge!

Matched couples who are preparing to participate in the 2020 Cosmic Blessing are taking on a 40-day challenge to prepare to receive the Blessing.

The challenge begins Dec. 29!

In this free 40-day challenge, you'll get:

- Daily readings from True Parents about married and the Blessing
- Daily challenges to take on with your partner
- Other resources to enrich your marriage

[TAKE THE CHALLENGE!](#)



New High Noon Group for Japanese Men 日本人男性グループミー ティング

The Japanese Brother's Group, organized by Mamoru Uyama and Luke Higuchi, meets online via Zoom every Saturday evening at 8:00 PM (EST). The members of the group are extending a warm invitation to any Japanese brothers to join their weekly meetings. 日本人男性の為のグループミーティングが毎週土曜日 午後8時(EST)から行われています。

[LEARN MORE](#)



Preparing for a Relationship: Letting Go of Looking Good

Being comfortable with sharing honestly means we get to spend more time being ourselves and less time trying to impress our friends, family, or a potential match by only presenting our good side...[read on](#)

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Video: What Happens Behind the Scenes at Christmas

Watch this video on what couples do and say around Christmas, and see if you recognize any of them!

[WATCH VIDEO](#)



Article: Choices & Goals in 2020

As we approach the end of 2020, there are many articles, blogs and advertisements that encourage us to think of our New Year's Resolutions. According to an article on Forbes.com from 12/31/18, less than 25% of people who make resolutions stay committed after 1 month and only 8% accomplish them...

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