

## WFP Jordan: Health Ambassadors Program And Celebration Of International Women's Day

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A graduation session was conducted for the 25 participants of the Health Ambassadors Program conducted by the internationally accredited Islamic Hospital in Amman, Jordan in collaboration with WFP Jordan.

The graduates received a certificate of completion signed by Mrs. Fusayo Irikura, Manager of WFP Jordan and Dr. Basem Abu Baker, accredited health trainer from the Islamic Hospital, Amman. This program has equipped the graduates with the required knowledge, skills, and practices to spread health information to women in Jordan. The gathering was inspiring for all. The graduates mentioned their successful experiences from this unique educational program and the educators were satisfied to have completed a ground-breaking program, useful for the wellbeing of the Jordanian society.



### Participants' testimonies

"Thank you to the WFP center in Jordan and to the Islamic Hospital in Amman, Jordan for

giving me this golden opportunity to be a health ambassador. I learned a lot and started implementing the health guidelines on myself, my family and the surrounding community."  
-Intisar Hussain Al Haj

"I found this unique educational and implementable program easy to adopt without any cost. I already made the food at my home healthy and made my home safer. I shared the guidelines I have learned with my colleagues at work, and all were pleased with the useful information."  
-Rawan Zuhair Nasir

On the 28th of February, as a result of developing this Health Ambassadors' program, Dr. Basem Abu Baker received an award from the General Manager of the Islamic Hospital and from the President of the Jordanian Society for Food and Nutrition. Many organizations in Jordan showed interest in implementing this program.



### **International Woman's Day**

The Islamic Hospital in Amman, Jordan, celebrated International Women's Day and highlighted the importance of investing in the health and safety of Jordanian Women. A special educational program was conducted, highlighting women's health and wellness by reducing the risk for many diseases, including diabetes, cancer, osteoporosis, and anemia. In addition, the importance of addressing the health of pregnant and lactating women was highlighted.

"Our women are our voice and their future matters to us. In connection to this World Women's Day, we reaffirmed that our program contributes to women's empowerment. I want to thank the women in Jordan and the entire world for their positive impact on the development of peoples and societies," said Dr. Basem.

WFWP Jordan will continue the sessions on health advice, and have plans to start free medical consultations for women.