

## The Retreat 2024: Companions of Faith - Newsletter Report

From the 6th–9th of September 2024, we once again held the retreat at Dovedale House, in the beautiful Peak District. The main demographic were adult BCs from all around England, including some young families, with a total of 45 adults and 13 children at the busiest point on Saturday. This wide range of people created a perfect melting pot of people in different stages of life, offering the chance for more diverse conversations and sharings.

As the organising team, we decided to continue the theme of ‘companions of faith’, focusing on building stronger connections as a faith community, as well as enjoying each other’s company in the beautiful surroundings. We had the chance to hear some valuable content from a couple of our elder brothers and sisters, who spoke about how we can transform ourselves through knowing God, expanding our capacity to love God and others, and how we can break certain cycles in our lives that are preventing us from loving God and other people.

Despite more changeable and unpredictable weather this year, we still ventured outside and enjoyed time by the local reservoir, hiking and walking along trails, visiting local towns, playing some sports in the Dovedale grounds, enjoying the campfire night and introducing new games to play as a group. We are grateful for the time we could spend together, for everyone involved in making it happen, and for everyone who came. It was a good opportunity to refresh and reflect after summer and prepare for the new season.



