

# United Temple Bulletin

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## Why so much Mental Illness?

by Eugene M. Walter

Mental health is a priceless possession. But today all too many are losing this most precious gift.

In the United States, one in ten are mentally ill or suffer from emotional instability and less serious mental disorders in some degree....

Modern Man has thought that if he could have high living standards, a good income, more leisure time, education, and the freedom to do as he pleases--including sexual freedom--he would automatically be happy...

"Instead of mental health, these conditions have led to an unprecedented increase of mental disease, and even to new forms of mental disorder...." So said Dr. Ludwig von Bertalanffy, noted Canadian psychiatrist, before 400 doctors and psychiatrists gathered at a widely acclaimed "Symposium on Schizophrenia," held in Shreveport, Louisiana some months ago.

Something is clearly missing in Modern Man's pursuit of happiness and peace of mind. Something is causing his appalling mental illness.

Dr. von Bertalanffy went on to explain: "One may say it is the stress of modern life that leads to mental disturbance, and certainly this is true in individual cases. But it is no good as an explanation in general."

He then showed that World War II "in Europe imposed a stress incomparable." Business, homes and marriages were disrupted; hunger and fear of death were ever-present; and political suppression was ruthless. But in spite of all this, psychoses and neuroses "decreased and improved, instead of the expected opposite."...

On the other hand, if mental and emotional weakness is already present and deeply rooted, but has been submerged, stress may bring this weakness to the surface and expose it. If a person is incapable of coping with this stress, it may be the factor which triggers serious mental and emotional disorders.

But stress is not the basic cause of mental disorder. Many people have proved that it is possible to successfully withstand stress--including those unusual pressures of our hectic modern world--without "going to pieces."....

Dr. Robert Prall is a leading child psychiatrist and the father of five children. In a personal interview he told "Plain Truth" reporters:

"I am a firm believer in discipline. I don't mean spanking a child all the time, but making children behave themselves is a thing that can go a long way in preventing a lot of emotional problems and particularly delinquency problems."

Delinquency begins in the home, very early in life. The child who runs wild at three or four is the juvenile delinquent at 17. Sensible child rearing wipes out delinquency."

Dr. Prall says that "freedom of expression" child rearing has gone too far. "There are too many people," he says, "who read articles by child psychiatrists and child psychologists and think they don't want their child to grow up 'inhibited' or 'repressed.' They let the child 'get away with murder' and go overboard in terms of permissiveness."....

Mental and emotional discipline must be learned. These vitally important character traits need to be taught to children by parents beginning at a very early age.

But today, because of foolish permissive ideas, relatively few parents teach their children mental and emotional control. Then when the child grows up and is faced with adult responsibilities it is too much for him....This is one important reason why there is such an alarming increase in mentally and emotionally disturbed young people.

It seems that about the only place many parents put any pressure on their children any more is in academic matters...

And why do parents have this warped approach?

Because the almighty dollar or pound is the parent's goal in life. And they relate high grades with status, a good future job and a high income for their children. So they pressure their children in this one area of their life and neglect nearly all others!...

Permissiveness breeds mental problems. It's just that simple. Society today is beginning to reap the penalty for this false philosophy.

But there is a second--and even more basic--cause that goes "hand in hand" with permissiveness in creating today's widespread mental and emotional sickness.

If the world really grasped the purpose and meaning of life, we would not be suffering mental and emotional sickness as we are today. We would have a real Goal in life--both individually and collectively--and would be striving with vigorous purpose to achieve that goal....

We would know what man is, why we are here, how to achieve that purpose. We would know where we are going. We would understand the laws which govern happiness and promote wellbeing.

But today we have lost our way. We have rejected the only Source that can give the answers to the big questions of life. And we are breaking with seeming impunity those inexorable laws which regulate human conduct and guarantee our well-being. We have substituted all kinds of vain and harmful pursuits for the true values....

Dr. Albert Moraczewski, who participated in the Symposium as an expert on drugs, said: "Everyone yearns for God, but today's young people don't find this yearning fulfilled in religious circles so they turn to drugs...."

As Dr. Moraczewski went on to explain, it sometimes also leads to modern forms of witchcraft. Cults of witches and wizards are springing up in many cities, often in or near the areas of drug activity. Such experimenting can lead to the most serious kind of mental tragedy...

Permissiveness and lack of a true goal result in failure to understand the purpose of life--and the laws which govern this purpose.

Since this is the cause, then the Cure is to Find the meaning of life....

Doctors and psychiatrists treating the mentally ill admit that they do not have the answers to the big questions of life.... They must use other methods of treatment--methods which treat the effect, not the cause.

One such method is psychoanalysis...he looks inside himself for the answers. But that's where the problems are--not the answers! He must look OUTSIDE himself--to the one who created him--to find the answers.

Another method is to use "shock treatments."...Dr. Wilfred Dorfman...told the Symposium: "I would like to go on record by saying that electric shock treatment does produce damage to the brain--and it is not only temporary." He said he has seen people who now have "blank spots" in their memory from only three or four treatments--and he can only imagine the effects on those who have had 30 or 40 such treatments....

Drugs are another widely used treatment. But as any of the doctors will admit, "Any drug has side effects. The problem is to find the right drug for the right patient." This is largely a process of experimentation...

Some doctors use yet other methods of treatment, or various combinations of treatments. But none of these methods treats the Causes, none teaches the patient what life is all about so that he can once-and-for-all overcome his problem.

...Don't you become a victim of mental and emotional illness. Prevent such a tragedy by resolving to learn the purpose and meaning of life now.

(Source: Plain Truth, August, 1969)

Will We Learn Before It Is Too Late?

by Donald E. Wildmon

Couldn't we learn to love each other? Before it is too late, before we go too far, before we destroy the earth and everything there is in it, couldn't we learn to love each other? Don't turn me off, don't call me a fanatic, don't say I'm off my rocker. For the chances are growing greater and greater every day that we will destroy each other unless we learn to love each other.

We have missiles strung around the world, missiles that have but one purpose--to kill. We humans annually spend more money on weapons than on any other single item. Some people call it progress, this ability to kill more than your enemy. The Galilean says it is suicide.

"Love your enemy..." No, we can't do that, can we? "It won't work," we say. How do we know it won't work, we haven't tried it. We have been too busy inventing more deadly weapons. It could very well be that the most powerful weapon in all the world is to practice the Galilean's Way, to "love your enemy." We have worked on the assumption that the only way to get rid of our enemy is to destroy him, kill him. But don't you get rid of your enemy when you make him your friend?

Couldn't we learn to love each other? Before somebody accidentally pushes the wrong button at the right time, couldn't we learn to be brothers? Do we have to destroy this earth, blow it to pieces, because of our sinfulness? Couldn't we find a way to work things out?

We have declared war on poverty in this country. We have set out to improve everybody's lot.

We are going to try to give everybody a fair share. That's ok. But we are only by-passing the real war on poverty. Our greatest poverty is in the spiritual realm. The very area that made us great we have now placed last. We are poor. Starving. Dying. We have nothing to undergird us, to tie us together, to help us understand ourselves and get along with our fellowman. Couldn't we learn to love each other?

We take liquor and bottle it and sell it and tax it and drink it by the millions of gallons. We take tobacco and roll it and sell it and tax it and smoke it by the tons. We take sex, prevent it, film it, print it, and market it voluminously and call it freedom. We hate each other because of the color of our

skin, or the size of our income, or because someone can do something a little better than we can. And all these things are only symptoms of a sickness, a sickness in the soul of man. It is hungering for something we are denying it. It is crying out for it's Creator.

What a grand place to live we could have if we could only learn to love one another as He loves us. Couldn't we learn to do that? Couldn't we? Before it is too late?

(Source: "Whatsoever Things" Montclair Piedmont Spectator, June 11, 1969)

The above article was submitted by Joan Isert.

#### THE WAYFARER

...Stephen Crane (1871-1900)

The wayfarer,  
Perceiving the pathway to truth,  
Was struck with astonishment.  
It was thickly grown with weeds.  
"Ha," he said,  
"I see that none has passed here  
"In a long time."  
Later he saw that each weed  
Was a singular knife.  
"Well," he mumbled at last,  
"Doubtless there are other roads."

(Submitted by Deanne Herndon)

#### Linkletter Gets 25,000

#### Letters of Sympathy in Daughter's Death

A letter from Magnolia, Ill., said, "On Memorial Day I buried my 20-year-old son. He, too, was murdered by LSD..."

From Honolulu: "May the youngsters of this world take heed from your brave and magnificent words..."

From Richmond, Calif.: "You have brought me and my family many hours of smiles and happiness, What can we do for you now?"

Such is the mail pouring in for television star Art Linkletter--25,000 letters in the last 10 days, he told President Nixon and congressional leaders Thursday--after his daughter Diane's death.

Twenty-year-old Diane, youngest of his five children, died Oct. 4 in a plunge from the kitchen window of her sixth-floor apartment.

From rich and poor, young and old, prominent citizens and obscure, the letters to Linkletter express sympathy, sorrow, concern--and admiration for his forthright blaming of LSD immediately after the tragedy.

Some letters, telegrams and telephone calls request speaking engagements. Some letters say, "God bless you," or "Tell me what I can do to help" with the drug problem.

Some say, "Please write to my son." These are from parents who know their children are involved with drugs but don't know what to do.

"Frankly, I can't tell them what to do because I don't know," Linkletter, 57, told the two-hour White House meeting in the President's proposals dealing with the drug problem.

Linkletter said at the meeting that his daughter "leaped to her death in a depressed state from bad LSD trips six months before...She thought she was losing her mind."

He urged that an educational program be aimed at both parents and pupils in the fourth, fifth and sixth grades.

In Hollywood, meanwhile, three secretaries continued opening and answering the letters...All the letters express sympathy.

Denver: "It is difficult to know why things like this happen, especially to a man who has made millions of folks happy."

Anxious parents include one in Chicago: "Please advise me what course to follow as I'm so worried and fearful of my daughter's future."...

Another Georgian knows the Linkletters' grief first-hand: "I also lost a daughter who jumped from a 17-story building."

Van Nuys, Calif.: My son, who would have been 18, took his life by hanging from taking LSD."...

Panorama City, Calif.: "My son's last downfall was an overdose of LSD...This boy is what they term a vegetable, totally disabled, only 25 years old and finished."

Others letters have a religious tone....

A fourth grader, Adtoria, Long Island: "We in our class offered prayers for your family and especially Diane...You always loved children and made them happy."

Many letters express admiration for Linkletter.

San Angelo, Tex.: "Your courage and integrity in exposing the cause of this loss is appreciated and admired by all of us who are concerned with the drug abuse problem..."...

Mays Landing, N.J.: "If anyone can get to the kids, it's you."  
(Source: Ogden Standard-Examiner, Friday, October 24, 1969)

Editors note: Sarah Witt had promised to share with us her knowledge from her study of comparative religions. This will be the first of several bulletins to contain this material.

Comparative Religions  
submitted by Sarah Witt

Most of the statistical data about the 8 major religions of the world are represented by charts which would not be feasible to duplicate for our Bulletin.

The following information is contained in the first chart:

The Major Religions of the World

Judaism	12,750,000	1/2%
Eastern Orthodoxy	137,000,000	5 1/2%
Buddhism	152,000,000	6%
Protestanism	214,000,000	8 1/2%
Confucianism	301,000,000	12%
Hinduism	332,000,000	13 1/4%
Islam	431,000,000	17 1/4%
Roman Catholicism	537,000,000	21 1/2%
All Other Known Religions	about 387,000,000	15 1/2%

The second chart presented the following:

The World's Major Religions, by Continents

<b>NORTH AMERICA</b>		<b>AFRICA</b>	
Roman Catholic	107,000,000	Moslem	89,000,000
Protestant	74,000,000	Roman Catholic	23,000,000
Jewish	5,750,000	Protestant	7,000,000
Eastern Orthodox	3,000,000	Eastern Orthodox	5,000,000
<b>SOUTH AMERICA</b>		<b>ASIA</b>	
Roman Catholic	128,000,000	Hindu	331,000,000
Protestant	2,000,000	Moslem	328,000,000
Jewish	667,000	Confucian	300,000,000
Moslem	333,000	Buddhism	151,000,000
<b>EUROPE</b>		<b>AUSTRALIA</b>	
Roman Catholic	241,000,000	Protestant	8,000,000
Eastern Orthodox	126,000,000	Roman Catholic	3,000,000
Protestant	113,000,000		
Moslem	13,000,000		

Chart number 3 is titled:

The Major Religions of America

Protestants	62,500,000	52%
Roman Catholics	40,750,000	34%
Jews	5,500,000	5%
Eastern Orthodox	2,750,000	2%
All other Religions--about	8,500,000	7%
(Universalist, Eastern, Non-Protestant and Non-Catholic Christianity)		

Summarizing the first chapter of this interesting book on Comparative religions; here are some important observations made about religion in the world today:

- All told, there are eight major faiths: Roman Catholicism, Islam, Hinduism, Confucianism, Protestantism, Buddhism, Eastern Orthodoxy, and Judaism.
- The religion with the largest number of followers is Roman Catholicism. The faith with the fewest is Judaism.
- Although the major faiths have followers throughout most of the world, all but Roman Catholicism are centered in one or two main areas.
- In the United States,--Protestantism, Roman Catholicism, and Judaism are the dominant faiths. The majority group is the Protestants.
- As compared with the other great religious bodies, the Jews are a tiny minority. The major population center of Judaism is the United States.
- Judaism appears to be the oldest of the great religions, and Hinduism is next. Protestantism is the youngest.

## Chapter 2

### How Religion Began

In this chapter, the origins and development of religion take us from the most primitive Neanderthal men 100,000 years ago to the point at which tribal communities began to develop specialists in religion. These professional clergy came to be recognized as the religious authority in the respective tribes, and were supported by all of the members of the tribe.

Many peoples never advanced much beyond the stage of praying to mana, spirits of animals, rocks or streams, or to some mysterious sky-deity.

But in certain others, the concept of the Supernatural slowly underwent change. And with it the course of history took new turns...

to be continued in next bulletin

(See last page of bulletin of the source of this material)

\* \* \* \* \*

Linda Blades

Hayward, Calif.

"Who Will Follow"

Our Master has come with His face all aglow. His voice so tender as He speaks so slow. He has come to see "Who will Follow!"



He says I have come to see "Who Will Follow" me to my "Heavenly Kingdom" that's filled with all my "Heavenly Swallows."

Please touch my hand and follow me, for I have more to offer you than "Wordly Things." For I am the Master! But the world will not except me because I bring truth, obedience and life ever lasting.

It saddens my heart that only a few has come to follow. Won't you come and be one of my "Heavenly Swallows?"

There are people who say I do not exist. If only someone will tell them "I am not a myth," it would open their eyes and show them that "I am the Master for one and all!"

The world is filled with so much sorrow; but people still won't follow. People believe there'll always be a tomorrow. But some day soon, there'll be no tomorrows, but only for those who follow. So please speak this truth for one and by Faith and Obedience they will have life ever lasting with Me.

#### News Reports

##### Oakland, Calif.

Joan Isert  
Bob Sparks

We have been alternating our meetings at various members houses recently.

Our group consists of ten to twelve regular members. We held a meeting on Sept. 10 at Jim & Linda Blade's house in Hayward. Linda recently sold two books to a married couple who are friends. She was greatly inspired. On Sept. 17 the meeting was at Joan Iserts. On Sept. 24 we held a meeting at Deanne & Chuck Herndon's place in Concord. Each one is trying hard to do his part. Bob & Jim Coover make contacts through the barbershop they work in & Joan Isert is actively visiting local churches & bible fellowships looking for open-minded people.

Our fellowship helps us all to grow & we look forward to it each week. Gerald Johnson's musical talent gets our spirits going in the right direction. We all send our love to the Heavenly Family & pray that our spirit will spread throughout the world quickly.

##### Clearfield, Utah

David S. C. Kim

The month of October has been very meaningful for me and for our work in the West Coast. A year ago, with the prayer help from all my American family, we won the victory obtaining my permanent visa after long years of fighting. On this foundation our West Coast work has become solid and firm and permanent in order to launch our movement spiritually and legally. Without a firm foundation we can not win the war against Satan's world. I think it is wise to observe the spiritual cycles of "ups and downs"

and take advantage of it and set up a good strategy. We already set up our Permanent Structure (4 Departments) under the new name of our organization (United Faith, Inc.), and responsible personnel are appointed. From now on the rest of the task is to wait and see how the system works and how each of us as strong Heavenly Soldiers can function and fulfill our missions in each state.

At least before the year each member should bring 3 converts and strengthen your chapel and increase the members. Then we set up a "study group" at least once a week. Continue to study our message and train others on how to talk, witness and even how to preach; having the hope to set up a permanent church in your locality. It is a very hard job, of-course, but there is no other way. Our brothers and sisters throughout the world, are working at God's front line, so we are not alone. We need to have the Spirit of Revolutionary-Mindedness in our work.

Spirit Saints in Spirit-world are very active. They will be far more active and co-operating for our work from now on. Very recently late Bishop Pike appeared to 2 of our family members in 2 different localities, stating that he is in our movement and wants to send messages to his surviving wife. Since his article was put in our News Bulletin he knows, after he passed away that our movement is the only way to restore Man and Universe. I am sorry to say that he missed the opportunity to be restored while he was on the earth because he did not know of our work.

For the last month I have been attending "Church of Religious Science" (Science of Mind, Metaphysic) at Salt Lake City where I made many good friends who are interested in our movement. Spiritually I helped the church, and this month they increased in number and obtained a new church home in down-town Salt Lake City. For 2 weeks I took 3 of my students from Clearfield Job Corps with me, and all the members welcomed them. I can not witness or preach in the job because "Preaching is prohibited," so I have to take good prospects with me to other churches, hoping that some day the seeds will grow and become harvested. One of the members in the church congregation noticed me and knew I had a book. He is one of Federal government employee and heard about me through Anthony Brooks of England and Prof. Afton R. Henegar of University of Utah. In near future I plan to have session with him.

Also according to all correspondences from the family the work in the State of Washington shows future advancement by returning to the original chapel under Dianne Pitts leadership in training young people.

State of Oregon work centering in Vernon & Maxine Pearson is also making great progress, having Big and Young John in Portland.

State of California work centering in John & Marie Schmidli is also advancing since they set up the permanent chapel in Berkeley. John's dedication and enthusiasm with Marie, is the

key elements to increase young college student members centering in the new place. For 2 years in the past I stayed in Berkeley having lots of trouble, but now we are in good shape and advancing in California work. In S.F. Bay area 2 other groups besides ours are working--Mr. Chei, Miss Kims group--in future we will work together as a team, but the time is not ripe yet. As far as Oakland Chapel is concerned, it is self-supporting now by the help from Sung Soo, my son, and Soo-Hee, my daughter.

The coming month of November is also very meaningful. Several family's birthdays fall into month of November.

- John Schmidli on Nov. 12 in Berkeley, Calif.
- David Kim on Nov. 9 in Clearfield, Utah
- Sarah Witt on Nov. 15 in Chicago, Illinois
- Seattle chapel anniversary on Nov. 15 in Seattle, Wash.

Two more months to go for the year. Let us stand up and work hard before this year goes by.

I enjoy hearing from you. Any problems--minor or big and any other questions and items--and be brought to my attention to solve and discuss them by 2 way communication between you and me.

The following information I would like to share with you:

1. "The Way of the World" English edition (September Issue) came out from Korean Hq. I encourage each of you to subscribe to it. Around 7 dollars (\$7.00) is yearly subscription. Send money to Maxine Pearson of Portland, then I will do the rest of procedure. It is encouraging to see how Our Master's Dispensation operates throughout the world when you read the magazine.

2. Your letters, articles, etc., to our News Bulletin should be sent to Portland before 25th of each month, so that I can summarize report of all contents and your activity to our Master on monthly basis.

3. Try to keep Portland Hq. financially and by your prayers. Our Hq. needs your support in finance and prayer.

I pray for each of you every morning & night. You are great in many ways. Let us be proud of ourselves in your work in your states and locality. Good luck to all of you in the remaining months of 1969.

Berkeley, Calif.

John & Marie Schmidli

We are now fairly well established in our Berkeley chapel. What a delightful time we all had working and cleaning together, preparing the chapel for the furniture and etc. The complete meaning and fulfillment of give and take in action, in all respects.

We had our first meeting last Wednesday. The all powerful presence of God and of Father was overwhelming--the joy, almost more than one could bare.

A dozen red roses was presented to us by Joanne, on behalf of herself, Chris and Bob Sparks. These roses were accompanied by many beautiful and meaningful words in prose, which was composed by Joanne. These words we would like to share with you.

### Roses That Bloom

It is to your house we have been lead,  
With this bouquet of Roses so red,  
As you can see, they are in the process of bloom.  
We hope that they will be put in a very special room.

A flower blooms from a seed that grows,  
This, we believe is creation as we all know,  
There is a Rose for each of your children so true,  
For whom we pray that their life will be made anew.

As you can see while looking at this bouquet,  
Some are buds representing formation,  
Some are half bloom representing growth,  
Some are full bloom representing perfection.

Like this bouquet of flowers in this room,  
We all gather together with the thought of reaching full bloom,  
Through prayer and fellowship we can grow and grow.  
We should not get discouraged even though it may seem slow.

It is hoped that each Rose will bloom very soon,  
For when it does, we will have the privilege of meeting Master Moon,  
We pray that God's spirit will flow throughout these walls,  
And that all His children everywhere will hear his calls.

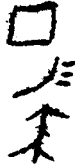
The following is a dream that I had of Father and our Berkeley chapel, and then two visions of Father and one other that I would like to share with you.

#1 "We were in a home (John & I, Chuck, Deanne, Jim, Joan, Bob and others whom I did not know). All were busy working around when Our Father came up a flight of stairs, in regular dress, with beaming, smiling and a radiant face. Walking in His deliberate step, looking, observing everything, and everyone and smiling and passed through this specific area to another part in this home." (Actually the front room and dining area of 1104 Shattuck, Berkeley, Calif. This dream occurred about a week before John and I saw this home.)

#2 Vision--While I was opening the drapes in the front room, Tues., Oct. 16, 1969, again Father appeared at my right and again at the top of the stairs. His glow, His smile, really did out-shine every star; He was truly, truly sparkingly beautiful! Words cannot begin to describe Him.

#3 Vision--It was so clear and precise. It was that of an oriental figure. This was black on white background. In fact, there were three, but these two were not as clear to my mind. They appeared all at the same time, in a vertical position.

The first one was a group of oriental figures in a square position. The second one was somewhat curved, with arms or branches on the right side and the third one as above. This is as they appeared.



The square one being much larger and of course, the curved one was very graceful--actually pretty.

Portland, Oregon

Maxine Pearson

John Rumming and Maxine Pearson made a weekend trip to Seattle on October 18th. It was the first time for John to meet some of the Seattle members. As usual, the time together passed very swiftly. We are all looking forward to making the journey to Seattle for the rededication of the original Seattle chapel.

Young John has been witnessing among his college friends and has several prospects. We feel that God wants to really use him on the college campus. He is a great help to us in many ways.

\* \* \* \* \*

One Day In May

by John Rumming

One day in May as I went walking on the grass through the trees of a park near by, I came to rest upon the ground to ponder the problems of the world.

And in all my Contemplations no concise answer of the problems of the world did come to me. Only muddlement and befuddlement For I am only one man in the world.

Then a person did arrive on the Scene to fellowship and ask me questions. His questions were earnest dealing with life. My answers were inconclusive dealing with one man in life.

Come to our meetings we deal with life, he said. If said O.K. and he was on his way to talk to others I imagine.

And now today I see that there are those much wiser than me. Who know the answers to those many questions of life. Who provide us with a path that leads us to the Solution of problems in the world.

And now this day I look for ways to talk to God's children Very much like that day in May.

Source of Material For "Comparative Religions"

"Our Religion and Our Neighbors"

by  
Milton G. Miller and  
Sylvan D. Schwartzman

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