

Morality Forum Update

Standing up for family values in society

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Wokism – A Decaying and Authoritarian Future

By Stephen Stacey



Stephen Stacey

This is the third article in a series that seeks to reveal the dangers involved in “Woke” theology. In my first article, I shared how the Christian worldview that built the West offered citizens a vision that went something like: “If you become the best version of yourself – if you strive to become Christlike – then your nation will become the best it can be.” Today, Woke theology deceptively informs us, “If you support some invented political rights for certain minorities, you can be seen to be a good person, and a healthy society of tolerance and inclusivity will be built. Don’t worry if you embrace a wide variety of socially-harming behaviours. They’re not so bad.” However, by focusing on minorities, the education system and other social institutions struggle to inform the majority what they might be doing so as to maintain a healthy nation. In the second article, I shared the Marxist game plan—a political game that is played by the far left and most of the media as a means to weaken nations with a Christian heritage. They focus on certain minorities, asking for political

interventions to help them. However, their suggested laws always have a toxic side-effect. Their proposed laws always state, “To help this minority, you have to harm other groups of people.” However, the harm done is always far more extensive than any good that is achieved. Social decay is inevitable. And thus, a cultural war is formed. There are those who have been trained by the media to have compassion for various minorities, and there are those who—through one means or another—have com-

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GENERAL IMPORTANT NEWS

SPUC Youth Conference sees record attendance at “uplifting” pro-life event



Posted on 28 February 2022. A record number of young adults attended the annual SPUC Youth Conference that took place last weekend. Over 200 delegates travelled to Staffordshire to attend SPUC’s Youth Conference between 25 and 27 February. The weekend was packed with exciting speakers and inspirational workshops, which empowered young pro-lifers to fight against abortion culture, and instead, promote a culture of life.

Keynote speakers address young delegates: Youth Conference delegates were addressed by powerful keynote speakers who explored a range of life issues. Kevin Duffy, a former employee of abortion giant Marie Stopes International (MSI) Reproductive Choices, fascinated conference attendees with his insights into the murky practices of his former employer. Mr Duffy explored his journey from working for MSI to eventually turning his back on the anti-life organisation. He reminded delegates that a staggering 1-in-4 unborn children in the UK lose their lives to abortion, which is a leading factor in the ever-decreasing birth rate. SPUC was also thrilled to welcome two MPs for an exclusive political pro-life panel. MPs Carla Lockhart (DUP) and Dr Lisa Cameron (SNP) spoke passionately on their pro-life convictions, and how they are central to their political careers. They both concluded with a rallying cry for delegates to get involved in politics and pro-life affairs, in any way they can. In an online statement, Miss Lockhart said: “Always a pleasure to support the efforts of SPUC as they seek to help restore life-affirming laws and create a society that chooses life. Wonderful to speak to so many young people about life issues and to try and inspire them to get involved in politics. We must continue to be a voice for

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passion on the far larger number of people who are harmed by these pieces of legislation.

The Marxist game plan is one of two games that the core progressives play to bring about social decline and a growing level of authoritarianism. Authoritarianism occurs automatically when a handful of politicians say to various groups of citizens: "You must experience worse life outcomes because we say you must. You, the foetus in the womb, you must die. And you, woman, you must compete against a natal male and lose all hope of gaining a college scholarship or prize money. And you, newly-born child, we allow someone to buy you from your mother's womb, even if you would never agree to this if you could talk. Etc." The core progressives who drive the agenda from behind the scenes tell us that they care for certain minorities and that the suffering of these groups is so dire that others have to suffer as a means to help these minorities. This was the same mantra that was used when instigating communism in the USSR. But do they actually care about these minorities? For example, in the abortion debate, they demand that women's rights and bodies be respected. However, in the transgender debate, they believe that women's rights and bodies don't need to be respected (e.g., Natal males can use women's toilets). The same people who pushed forward with LGB rights now don't wish to support the same-sex attracted when they complain that trans theory harms them in several ways. For example, lesbians are being coerced into sleeping with "women with penises," and many young, same-sex-attracted teenagers are being encouraged to believe they are members of the opposite sex and go through the process of being sterilized—something many later deeply regret. Alternatively, the progressives say: "We must wholeheartedly listen to the feelings of gender-confused children or sensitive college students who want safe spaces and trigger warnings." At the same time, they neglect the emotional state of the child who was sold, who so desperately wants to be hugged by its biological mother every day. Or they hide the feelings of the women prisoners who now have penised rapists in their cells. Etc, etc, etc.

Today, when one authoritarian law has been passed, the progressives then push forward with another, even if this harms the minority that they previously said that they cared so deeply about. In essence, they don't care about anyone. The ends justify the means. If you look at all the progressive causes that citizens are asked to support, there is no coherence or sound logic behind them. "You have to support women's rights, but now we demand you don't support women's rights." "You have to support children's rights, but now we ask the politicians to violate children's rights." Today, our lawbooks are full of such irrational positions, and our brightest legal minds are asked to defend such stupidity. And many of our universities now demand that all new professors should sign a document showing that they support this incoherent and irreconcilable moral framework. So, what do the core progressives want? Why are they playing these mind games? First, they want to bring about never-ending conflict between those who have been trained to have compassion for specific minorities and those who see the immense harm that the progressive legislation does to other groups of people. In the conflict, vast amounts of social cohesion and energy is lost. Eventually, this might well lead to violence between communities.

Next, they want the social decay that their suggested laws bring about. As Marxist-driven legislation causes increasing

numbers to suffer worse life outcomes, the state is encouraged to step in and use public finances to help those who were harmed. Taxes have to rise. A socialist state is born by force, which then turns into a Marxist one. The state has passed laws that embed social decay into the lawbooks, and poor and rich alike have to pay for the damage. We start to see the effects in the present economic crisis. But it's going to get worse. Much worse. We might just want to get on with our lives, but the core progressives wish to destroy our nations. What do you do? Lastly, they want the power that comes with the state siding with their suggested legislative interventions. Once politicians pass these "To have compassion on this minority, other citizens have to be harmed in far more serious ways" laws, then the progressives can push for all social institutions to accept this same premise. And the university system, businesses, charities, religions, and more—and the finances within—become politically weaponized, for the progressives can now use these institutions to advance their political goals of national and cultural destruction. As long as these Marxist-formulated pieces of legislation remain, there is no hope of escaping economic decline and an authoritarian future.

In the last few weeks, various UK cabinet ministers have said that they will end some of the transgender-supporting policies that harm women. Since women are adults, they have been fighting back. However, most of the Marxist-formulated legislation is designed to primarily harm children. By harming children, you harm the future. And, if adults don't defend them, they don't have a voice. Abortion law, poorly-formulated divorce law, IVF and surrogacy, the legal redefinition of both the social purpose of marriage and how we categorize someone's sex all harm children and bring about authoritarianism and decay. And the Marxist game plan is also present in poorly-constructed social welfare and affirmative action legislation and policies. So, what can the citizen do to stop their democracies from becoming impoverished nations? First, one has to learn to have compassion for all the different groups of citizens who are harmed by these woke laws. Can you learn to feel empathy for all the babies that we will exterminate today, for the growing numbers of women in prison who are being raped by "women with penises," or for the girls who will give up on sports they love when forced to compete against natal males? Can you feel concerned for the growing numbers of children who have disabilities or long-term health problems because they were created through IVF, for the growing numbers of children who grow up with mental distress because they know their mother sold them at birth, or for the growing number of children who experience a greater number of risks in their lives because they don't experience the daily love and protection of their biological father—solely because the state has turned the sanctity of marriage into "just a piece of paper?" And can you muster sympathy for the growing numbers of gender-confused teens who now regret being sterilized, for the growing numbers of children who will experience worse life outcomes because the churches have been closing because the public is being deceptively told that the Christians who oppose Woke legislation are uncaring people, and more? Many groups of citizens are now negatively affected. Then, in your own sphere of influence, can you learn to talk about the damage and make the case that one cannot build a brighter future if legislation and policies harm far more people than they help. What will motivate you to do something?

Stephen Stacey holds seminars on the cultural war, personal development, and marital enrichment. His latest book is: Law Change Regret: The harmful social consequences of transgender legislation.

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the voiceless.” **Inspiring workshops:** Youth Conference delegates were offered a diverse selection of dynamic workshops, exploring the themes of overpopulation and how to convey the pro-life message in the public sphere. SPUC’s own Communication Officer, Catherine Mockler, shared her own moving **testimony** about the joys and rewards of having a younger brother with Down’s syndrome, pushing back against the false narrative that pervades media and broader society. **A rise in pro-life youth activism:** Grace Browne, SPUC Communications Manager, said: “The SPUC Youth Conference is the largest of its kind in the UK. The conference aims to educate, inspire and empower young people and equip them with the tools they need to present and promote the pro-life message. It was uplifting to see just over 200 young people travel from all corners of the country to attend this wonderful event. Young adults in the UK are becoming increasingly motivated to stand up against abortion culture, which has caused untold damage to countless mothers and their children. During a time when society has become immersed in deadly abortion culture, it takes great courage and strength for young people to go against the tide and involve themselves in pro-life activism. SPUC thanks and applauds these youth for their bravery and commitment to the pro-life cause.” SPUC CEO John Deighan concluded the weekend by encouraging young adults to re-imagine the future as far as the pro-life battle is concerned. Ending on a reassuring note, Mr Deighan said: “Though it’s an uphill battle, the culture can be changed, and the young people gathered here this weekend can be the impetus behind that change.”

MARRIAGE AND FAMILY ARE THE BASIS FOR SURVIVAL OF THE NATION

Dear marriage supporter, according to the Hungarian Constitution, marriage and family are the basis for the survival of the nation. So says Dr Balázs Molnár, Vice-President for Strategy and Coordination at the Maria Kopp Institute, who advise the Government on its world-leading pro-marriage policies. I caught up with Balázs to find out more. Facing a declining indigenous population, Dr Molnár explains how the Government sought to build a pro-family alliance that would support Hungarians in having the number of children they wanted, in the context of one-man, one-woman stable marriages. Building up over the past ten years, support now includes transferable tax allowances at higher levels than the UK, increasing with the number of children. Non-repayable grants are available towards the purchase of family homes, 7 seater vehicles, and even home extensions. Mothers of 3 or more children automatically have their student loans repaid in full, and a raft of return-to-work and other policies enable inter-generational support for raising children. Balázs says, Hungarians believe “that without families as a basic building block of the society, we will not have a happy and prospering society”. These policies extend to education, where marriage is promoted, and the state supports full parental control of what their children are taught by external organisations. Single parents and other relationship types are of course supported, he continues, but in such a way so as not to disincentivise marriage; “incentifying staying together instead of incentivising getting divorced or separation... [because] we all know that children from intact families, they do fare better”. The result? The number of marriages is increasing, divorce rates are falling, and the number of children being born to Hungarian families is going up. At C4M, we believe the overwhelming body of international research supports real marriage as the key to best outcomes for adults, children and economies. Thank you for standing with us - Dr Tony Rucinski Director of

Supporter Strategy Coalition for Marriage (C4M). *This article is published by permission of Coalition for Marriage*

St. Agnes reminds us that defending life, purity, and faith is worth being persecuted for

Fri Jan 21, 2022 - (LifeSiteNews) — Mask mandates, vaccine mandates, and marches And in the midst of it all, the Church in her liturgy gives us today the feast of little St. Agnes, virgin and martyr. A girl of only 12 or 13, Agnes was murdered in 304 in Rome during the persecution of Christians under the Emperor Diocletian for refusing marriage. Agnes had committed to give her whole self to Jesus Christ and not even the threat of death could deter her from this promise. Since God’s timing is perfect, it is no mistake that St. Agnes’ feast day falls on the 2022 March for Life, where, this year, the ever-heated issue of abortion shares the stage with a backdrop of abortion-tainted vaccines, vax passes and mandates. What lesson does St. Agnes have for us today? Agnes stands in the middle of this seeming chaos and self-destruction as a reminder of the dignity of chastity and life, both of which are worth turning our lives upside down for—even to the point of death. With sexual perversion of all kinds plaguing our society and families—and with sexual sins paving the way for abortion—Agnes calls us to task, to begin with ourselves, to do a little examination of conscience: how can I be living more of a chaste life in thoughts, words and actions? With my very life, how can I provide a balance and a witness to the beauty of purity, innocence, holy love in marriage, the total gift of self? If little Agnes were willing to die for chastity, shouldn’t I at least be willing to give up a TV show that may tempt me or to think twice before I go out of the house in those super-tight leggings? As for the dignity of life, Agnes encourages us. She tells us that defending life is always worth every ounce of sacrifice. Marching through Washington, D.C. on a frigid January day, is worth it. Eating a cold picnic lunch because you are barred from restaurants for not taking the job, is worth it. Being ridiculed and hated for defending all the little ones of the world, is worth it. Agnes confidently tells us that we have no choice but to hold firm in the face of persecution. That we have every duty and responsibility to stay true to what we know to be true. She tells us that there are things worth being uncomfortable for. Her sacrifice consoles us in making our own sacrifices. She reminds us there are things worth dying for. She did it. And so can we. St. Agnes, virgin and martyr, pray for us.

POLITICS OF GENDER AND SEXUALITY IS FORBIDDEN IN SCHOOLS

Activity in schools that attempts to persuade or convince, instead of safeguard and support, is essentially political in nature. Materials from lobbying or political organisations are expressly forbidden in schools (Education Act 1996). It is clear organisations like Mermaids and Stonewall are LGBT political lobbying groups and should have nothing to do with schools. Astonishingly, the Department for Education has recommended the use of Stonewall materials. Last month, however, the department issued new guidance, emphasising the legal obligation of schools to be politically impartial. Coalition for Marriage has published an excellent briefing paper on the guidance. Overall, the guidance is good news for those who hold traditional views on family, marriage and gender, where there is a real risk of schoolchildren with such views being made to feel there is something wrong with them. If your school uses Mermaid material, contact Safe Schools Alliance (info@safeschoolsallianceuk.org) for information and advice about getting them removed. If your school uses Stonewall resources, Christian Concern provides similar support for parents:

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02033271120. This article is published by permission of School Gate Campaign

Studies Show Pornography Changes the Brain

By: National Centre On Sexual Exploitation

According to many leading addiction experts who have studied the topic, the answer is “Yes.” Technological advances have improved researchers’ ability to study the brain. Neuroscientists are now able to compare the brains of those who engage in a certain behaviour, or consume a certain drug, with the brains of those who do not. Comparing how the brains of the two groups differ both functionally and structurally lets them draw conclusions.

Studying the Brain on Pornography: In 2014, researchers associated with Germany’s Max Planck Institute for Human Development published the first brain-scan study on pornography users. The researchers scanned the brains of 64 men aged 21-45 using functional-magnetic resonance imaging (fMRI). The men, who were not addicts, were asked how much pornography they viewed per week and how many years they’d been viewing it. The results: the more pornography the men used the more certain parts of their brains had changed. 1. First, the heavier users had less grey matter in the striatum, a part of the brain’s reward system associated with motivation and decision-making. Less grey matter in this area could mean these users had grown less responsive to stimulation by pornography. Lead author Simon Kühn said: “That could mean that regular consumption of pornography more or less wears out your reward system.” 2. Second, these users had a weaker brain response when shown sexual pictures. The authors stated: “This is in line with the hypothesis that intense exposure to pornographic stimuli results in a downregulation of the natural neural response to sexual stimuli.” 3. Third, the brain circuitry between the pre-frontal cortex (the decision-making part of the brain) and the reward system was reduced. Discussing this weakened connection, the authors said: “Dysfunction of this circuitry has been related to inappropriate behavioural choices, such as drug seeking, regardless of the potential negative outcome.”

Further Research of the Brain on Porn Shows Its Harms: The findings of this study back up what many heavy pornography users report. For instance, in 2016 study researchers found that 49% of subjects reported seeking material that was not previously interesting to them or that they considered disgusting. Subjects also reported that problematic Internet pornography use was associated with reduced erectile function and reduced overall sexual satisfaction. In short, Even moderate pornography use may decrease the ability to make good decisions and feel pleasure normally. Regardless of where they start, porn users may eventually feel the need to seek more extreme, perhaps abusive or illegal, content as a result of brain changes that numb their pleasure response. **Help Spread Awareness of How #PornHarms:** To help young people to avoid these pornography-induced brain changes, please help spread the word about pornography’s impact on the brain by sharing this article. Studies of the brain show harmful effects of pornography. For a more detailed summary of the study by Drs. Kühn and Gallinat, see our research review: The Brain on Porn. *This article is published by permission of NCOSE*

Now is a good time to recall Mother Teresa’s sobering words on the conditions for true peace. The saint called abortion ‘the greatest destroyer of peace.’



Mar 15, 2022 - (LifeSiteNews) — The world is riveted on the events unfolding in war-torn Ukraine, with the threat of nuclear war between Russia and the West. In the current test of powers, we would do well to call to mind the sobering words of Mother Teresa on “the greatest destroyer of peace.” On February 5, 1994, at the National Prayer Breakfast in Washington,

D.C., during the administration of the pro-abortion Democrat President Bill Clinton, the little nun from Calcutta presumed to lift her voice on behalf of the unborn. Speaking of the breakdown of the family, and neglect of children in the home, as among the “things that break peace,” she then addressed “the greatest destroyer of peace.” “But I feel that the greatest destroyer of peace today is abortion, because it is a war against the child, a direct killing of the innocent child, murder by the mother herself. And if we accept that a mother can kill even her own child, how can we tell other people not to kill one another?” Here, in the simple logic of Mother Teresa, we can begin to properly assess the current political situation in which we find ourselves. We are at war, and our hands are deep in blood. But it is not where the world is looking. Abortion is “a war against the child.” It is a war carried out by the mother herself, who above all other persons is singularly placed by God as the one to protect, nurture, and love her child. “If we accept that a mother can kill even her own child, how can we tell other people not to kill each other?” she asked. If human life at its most vulnerable stage is counted cheap and trampled upon mercilessly in the name of convenience, sexual liberation, health care, or any other euphemism, by what logic can we turn around to prohibit, condemn, or punish other acts of violence against human life? Deaths — horrific deaths — are the inevitable casualty of war, the scenes of which are often too traumatic to display on public media. Yet daily, in the very same countries that so roundly condemn the atrocities of war, we openly defend in our courts and legislatures methods of abortion so horrific it turns the stomach to hear, much less see, such procedures carried out. Abortion is indeed a destroyer of peace. It destroys peace because in place of the tender love that nature itself inspires in a mother for the child of her womb it introduces a callousness that does not stop short of murder by the most brutal and horrific means imaginable. Dismemberment is the candid name for one method of abortion. The practice is as terrifying as the name suggests. The baby is literally dismembered, part by part. No image can adequately do justice to the pain and horror of this reality. And no atrocity of war can begin to compare. As long as a country kills its unborn, and in horrific ways, it can never have true peace. It will have war without because it already has war within. It has it within the sanctuary of the womb. If, then, we would have peace, we must protect life in the womb. Jesus Christ, whom we call the Prince of Peace, chose to be born a little child after nine months in the womb of the Blessed Virgin. We who call ourselves Christian would do well to make note of what Our Lord Himself says about little children. “He who accepts a little child in my name, accepts me.” (Mk 9:37) Christ joins the acceptance of His own person to the acceptance of little children. Abortion destroys peace, because it destroys love for little children. And he who does not accept a little child does not accept Christ. If we would have peace, then, we must accept and protect the unborn child.



TRUE FAMILY VALUES MINISTRY

The Three Stages of Life

B. The three stages of life.

1. We originate in the love of God and our parents.

- Life is conceived in the womb, the "water" environment.
- Life is the result of the interaction of father, mother and God's Principle.

2. We are born, become substantialized love and grow to become divine.

- Life grows into perfect love on the earth. This is the "air" environment.
- Our spiritual development is the result of the interaction of our mind, body and God's Principle.

3. We die physically and return to love and to God.

C. Characteristics of life in the womb.

1. The fetus is fed by nutrients from the mother's body through the umbilical cord connected to the placenta.

2. The placenta is our environment for growth. After emerging from the womb, we cast off the placenta, which has fulfilled its purpose.

D. Characteristics of life on earth.

1. We are fed by nutrients from both the physical world and spirit world.

- Our body grows and maintains itself with food, water and sunlight, elements from the material world. The physical body is like the placenta for our spirit.
- Our spirit grows and maintains itself with elements of God's love and truth along with spiritual nutrition from our good deeds, just as the fetus grows by receiving nutrients from the mother.
- Just as we need food every day, we need our daily intake of spiritual elements to grow.
We receive God's love and heed God's word.
We practice God's word, by doing good deeds.
The understanding of God's word and practice of God's word combine to nourish the spirit and stimulate its growth (development of character).

2. The spirit influences the body.

- A high spirit bequeaths health, vigour, bright and beautiful appearance in the physical body.
- A low spirit promotes illness, agitation, withdrawn and ugly appearance in the physical body.

3. The body affects the spirit.

- Good deeds make for a bright spirit.
- Evil deeds deform the spirit.
- Example: Oscar Wilde's, *The Picture of Dorian Gray*. A young man's wicked life has no effect upon his body, but the effects take place upon his portrait, which turns vicious and scarred. It is a fictional story, but communicates well how our deeds affect the appearance of our spirit.

4. Spiritual growth requires that we care for our physical body also.

- We should have knowledge and care of the material world.
- Ultimately, for the purpose of living a spiritual life, which requires a healthy physical foundation (energy, endurance).
 - We need our body:
For the spirit to grow and manifest God's image.
To multiply God's image through love. Multiplication of children takes place only through the physical body.
Spirit men or angels cannot multiply children. Therefore, they cannot inherit God's creativity and parental heart.

5. Anticipation of our future life.

- Do we not long to move freely in time and space and to dispense with biological needs? Thus we long to transcend this temporal, limited world and enjoy eternal life in God.
- Every day we love God, giving Him glory. As we grow older, we identify with the spirit world, not the physical world.
- We learn and practice the universal principles which apply in the spirit world so that we can live abundantly there.
The universal principle is living for the sake of others.
Principle also provides order to our relationships (elder-younger, male-female, teacher-student, etc.).
If we do not, we will not fit in, and end up separated from God and true love, that is, in hell.
- In fact, we set our destination for heaven or hell, spiritual life or spiritual death, by the quality of our heart and love while alive here on earth.
"What is bound on earth is bound in heaven" (Matt. 16:19). Love is the most powerful force. Therefore, the quality of our love (true love versus false love) determines our fate. False love cannot co-exist with true love; it has to change. True love is attracted to God and to other people of true love; false love flees God and finds itself lost in a world of fear, guilt, resentment, and so forth.

The Relationship of the Spirit World and Physical World

A. The relationship between the spirit world and physical world.

1. Spiritual and physical elements are entirely different. Therefore, spirit world and physical world have no connection in and of themselves.

2. Only human beings have all of physical and spiritual elements.

3. Our mind relates with the spirit world.

(to be continued...
from the book "True Family Values" by Wilson & Pak
<http://www.hsabooks.com/books>)

Morality Forum Action

After John O'Neill spoke at Dominion Faith Chapel at East Ham on March 6th about key moral issues, Pastor Collins the church pastor said to his congregation, that, "the UK would be OK if it had 10 more people like John O'Neill".

Pastor Chris Ekechi the pastor of Grace of God for All Nations Church in Peckham, informed John O'Neill that he always forwards the Morality Forum emails he receives to all the members of his congregation. Pastor Chris expressed that the Morality Forum work is very important.

On March 26th, John O'Neill attended the "Missing Millions – Call to Nation to Repent" conference at the Emmanuel Centre in Westminster.

On March 10th, John O'Neill was interviewed on Pastor Chika Amadi's TV programme, *The Pastor's Wife*. The topic for the programme was Family Culture. Positive feedback was received by what John said and he was invited to take part in the programme again on March 24th.

Bruno Klotz sends out a weekly spiritually inspirational email to people on his email list: [abridged]: *The ideal world is the world of the heart, the world where everyone's heart is on the level of God's. So, in the end we all have to get to that level, the faster the better. Without this happening, the ideal world is just a dream. Therefore, we need to always keep in mind how important it is to make our hearts grow. We may be busy with many things, but if at the same time our heart does not grow, our love does not grow, then we are not really on an efficient path. Then we cannot make a big difference. In other words, we need to make sure to grow in heart and love fast. On our road to the direct dominion of heart we need to use our time wisely. In the midst of all our responsibilities we need to make sure that we keep growing fast. By going forward in heart fast, we are becoming true peace makers.*

On April 23rd, together with other members of the Harrow Branch of The Society for the Protection of Unborn Children, John O'Neill delivered DIY abortion information leaflets door-to-door in the Headstone and Canons Park areas of NW London. *WHAT YOU NEED TO KNOW HOW A BABY GROWS IN THE WOMB* pamphlets, together with *WHAT YOU NEED TO KNOW - ABORTION PILLS AND DIY ABORTION* pamphlets, are being distributed to people on the streets and also to numerous religious organisations.

Anne Kobayashi forwarded a very important petition from CitizenGo to people on her email list. After receiving the petition from Anne, John O'Neill then forwarded the petition to key people on the Morality Forum email list, including all the UK mega churches. *The incredibly titled 'The Family Sex Show' production is currently touring UK theatres over the forthcoming weeks and months. If it sounds like a misnomer, then it is. This show is explicitly marketed at families and children as young as five yet features full-frontal nudity and graphic discussion of sexual relationships. Actors are literally being paid to strip naked in front of children, and surprise, surprise; this is all being funded by your money. It's a total outrage. As you might imagine, the theatre company behind the Family Sex Show are woke and into identity politics. The show's website has a glossary of words and definitions they believe it is important for their audience to understand. These include terms such as 'BDSM', 'Cis-heteronormativity', 'hand job', 'pegging' and 'queerphobia'. They also discuss 'white privilege' and 'systemic oppression'. And this is marketed at 5-year-old children.* Dear Friends, there is very good news that

this terrible show has been cancelled, thanks to so many people signing the petition, (39,000) and probably due to many people's prayers as well. It is very good to know that this will not go ahead. Thank you to all of you for all you do. Best regards, Anne

Letters and Emails Received

Dear John O'Neill, Thank you for protesting Disney's immoral promotion of the homosexual lifestyle because we need to protect our children's innocence. May Providence reward and protect you and your loved ones. Sincerely, Gary J. Isbell

Awesome work you do. Where everyone keeps quiet things continue to deteriorate. Pastor Chika

Dear John, Thanks for the Update. Keep up the good work. Cllr. John Nottingham (Dewsbury, W. Yorks).

Many thanks for all of your work on this vital matter. [Pro-Life]. Best, Dr Lisa Cameron MP.

Thank you for this. [Winter Morality Forum Update] Yours in Christ, Calvin Robinson Presenter. GB News Limited

Dear Sir, Calvary greetings Rev, thank you for posting this great information. [Winter Update]. May God continue to strengthen you for His Kingdom work. Remain Blessed. Geraldine

The Profound Health Benefits of Being Grateful

by Joseph Mercola, MD.



Joseph Mercola

Gratitude is a simple practice that can have profound effects on your health and well-being. Positive effects linked to gratitude include social, psychological, and physical benefits, which increase the more you make gratitude a regular part of your daily routine. "The limits to gratitude's health benefits are really in how much you pay attention to feeling and practicing gratitude," said neuroscientist Glenn Fox, a gratitude expert at the University of Southern California. "It's very similar to working out, in that the more you practice, the better you get. The more you practice, the easier it is to feel grateful when you need it." **How Gratitude Changes Your Brain:** Gratitude has distinct neurobiological effects, including in brain regions associated with interpersonal bonding and stress relief. When Fox and colleagues told stories of survivors of the Holocaust to elicit gratitude in 23 female subjects, they found that "ratings of gratitude correlated with brain activity in the anterior cingulate cortex and medial prefrontal cortex," which are associated with moral cognition, value judgment, and theory of mind. Theory of mind is a psychological term that refers to our capacity to understand other people by attributing mental states to them. Fox grew deeply interested in gratitude after his mother's death from ovarian cancer. During her illness, he would send her studies on the benefits of gratitude in cancer patients, and she kept a gratitude journal in her final years. In one example, 92

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adults with advanced cancer engaged in mindful gratitude journaling or routine journaling. After seven days, those who kept a gratitude journal had significant improvements in measures of anxiety, depression, and spiritual well-being, so much so that the researchers concluded that "mindful gratitude journaling could positively affect the state of suffering, psychological distress, and quality of life of patients with advanced cancer." "Grateful people tend to recover faster from trauma and injury," Fox told The Pulse. "They tend to have better and closer personal relationships and may even just have improved health overall." As it turns out, putting your gratitude in words can be an effective way to improve your mental health. Among 293 adults who sought psychotherapy services, those who engaged in gratitude writing reported significantly better mental health after four and 12 weeks than those who didn't write or who wrote about their thoughts and feelings. **Gratitude Boosts Health, Well-Being:** Gratitude can be difficult to define, as it has elements of an emotion, a virtue, and a behaviour all rolled into one. Gratitude involves a two-step process, as explained in "The Science of Gratitude," a white paper by the Greater Good Science Center at the University of California–Berkeley. Those two steps include "1) 'recognizing that one has obtained a positive outcome' and 2) 'recognizing that there is an external source for this positive outcome.'"

In this regard, the benefits of gratitude may be gleaned from the actions of other people or experienced in an internalized manner, such as when feeling gratitude about good fate or nature. In this way, gratitude is both a state and a trait. As a state, gratitude is based on a person's ability to be empathic and experience grateful emotions that promote prosocial behaviour. As a trait, it describes the practice of being grateful, noticing the little things in life, and appreciating the positive in the world and in other people. Gratitude can be felt from both being helped by others and habitually focusing on the good in your life. A study published in *Clinical Psychology Review* found that gratitude has a positive effect on psychopathology, especially depression, adaptive personality characteristics, positive social relationships, and physical health, including stress and sleep. What's more, they noted that "the benefits of gratitude to well-being may be causal." Fox also explained that "benefits associated with gratitude include better sleep, more exercise, reduced symptoms of physical pain, lower levels of inflammation, lower blood pressure, and a host of other things we associate with better health," including improved resilience. It's likely that gratitude leads to benefits via multiple mechanisms, not only by improving life satisfaction, but also by contributing to an increase in healthy activities and a willingness to seek help for health problems. Those who are grateful have even been found to have a better sense of the meaning of life by being able to perceive good family function and peer relationships.

Gratitude Could Help You Sleep Better, Be Less Materialistic: Gratitude is known to facilitate improvements in healthy eating, and it benefits depression by enhancing self-esteem and well-being. A 2021 study comparing gratitude and optimism similarly found that both traits were associated with lower heart rate and blood pressure, better sleep quality, more exer-

cise, less stress, more positive expectations and reflections, and greater feelings of appreciation toward others. Feeling grateful can help you sleep better and longer, perhaps by improving your thoughts prior to sleep. "The relationship between gratitude and each of the sleep variables was mediated by more positive pre-sleep cognitions and less negative pre-sleep cognitions," a study in the *Journal of Psychosomatic Research* reads. Those who scored higher on measures of gratitude had better sleep quality and sleep duration, as well as less sleep latency (the amount of time it takes you to fall asleep) and daytime dysfunction. Further, people who are more grateful tend to be happier, less materialistic, and less likely to suffer from burnout. Among adolescents, the simple practice of keeping a gratitude journal significantly reduced materialism and the negative effect of materialism on generosity. Those who wrote down what they were grateful for donated 60 percent more of their earnings to charity, for instance. There's good reason to teach children the importance of gratitude, as doing so can improve school performance and orient individuals toward a positive life approach. **Positive Gratitude Interventions:** If you're not a particularly grateful person, you might have to work on your gratitude skills. Fortunately, gratitude is something that you can practice, according to Fox. "I think that gratitude can be much more like a muscle, like a trained response or a skill that we can develop over time as we've learned to recognize abundance and gifts and things that we didn't previously notice as being important," he said. "And that itself is its own skill that can be practiced and manifested over time. "Rather than a magic bullet, it's the regular practice of being grateful that makes a difference, according to Fox. "You know, it's like water cutting rock through a canyon," he said. "It's not done all at once, and it's just steady practice is where you start to get things." Two gratitude practices that you can try in your daily life include keeping a gratitude journal and expressing gratitude. With a gratitude journal, you write down lists of what you're grateful for on a regular basis. Expressing gratitude is exactly what it sounds like, expressing grateful feelings to others, such as by saying thank you or writing gratitude letters, which you then read to the recipients. Showing gratitude to your partner is also a good way to boost your relationship. In a study of romantic partners, gratitude from interactions was linked to increased connection and satisfaction in the relationship, with researchers suggesting that "gratitude had uniquely predictive power in relationship promotion, perhaps acting as a booster shot for the relationship." Robert Emmons, a professor of psychology at the University of California–Davis and an expert on gratitude, has several tips for living a more grateful life. In an article he wrote for *Greater Good Magazine*, he advises that you remember hard times in your life, which remind you how much you have to be grateful for now; appreciate what it means to be human by tuning into and appreciating your sense of touch, sight, smell, taste, and hearing; use visual reminders, including people, to trigger gratitude, as this helps to combat forgetfulness and a lack of mindful awareness, two primary obstacles to gratefulness; and make an oath of gratitude, as simply vowing to be grateful can increase the likelihood that you'll stick to the behaviour. Post your pledge to "count your blessings" somewhere where you'll see it often. If you want to get started today, keep a notebook by your bedside and make a point to jot down one or

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two things that you're grateful for each night before bed and express gratitude to others often, such as writing quick thank you notes to friends. *Dr. Joseph Mercola is the founder of Mercola.com. An osteopathic physician, best-selling author, and recipient of multiple awards in the field of natural health, his primary vision is to change the modern health paradigm by providing people with a valuable resource to help them take control of their health. This article was originally published on Mercola.com*

LGBT activists know that pornography is one of their most powerful tools

Mon Feb 21, 2022- (*LifeSiteNews*) Jonathon Van Maren: A couple of years back, I participated in an hourlong debate on one of the biggest radio stations in London, Ontario, on the subject "Is porn good for society?" I was arguing that pornography is poisonous, and a queer studies professor was taking the opposite view. Over the course of the hour, she began to steadily agree with me that pornography's impacts were pernicious. Porn fuelled rape culture; taught a perverse view of sex; it shaped young, impressionable minds with violent and degrading sexual content. Toward the end of the debate, I asked her how she could agree with me on nearly every point — but still defended the idea that porn was good for society. Her answer was revealing. As a queer person, she said, she had needed pornography when she was young to explore her sexuality. To put it bluntly, many young people identifying as LGBT need porn to figure out how to put their sexual views into practice. Porn functions as a "how-to" manual. Thus, this professor was willing to cede that the vast majority of porn was poisonous. But she maintained that in the case of young, non-straight people trying to figure things out — porn was necessary, and even good. This conversation sprang to mind when Pink News, a radical LGBT outlet, published an article titled "Tory bid to revive failed 'porn-block' ban could put LGBT+ users at risk, critics warn." The U.K. government has been trying — and failing — to implement policies keeping porn away from minors for some time. After various setbacks, the Tories are re-launching a previous plan with the revived Online Safety Bill (scheduled to be tabled in March) that will require porn websites to verify user ages with key details such as credit cards or passports to ensure that minors cannot access these sites. This will apply to all major porn sites as well as other pornographic outlets such as OnlyFans. The plan is obviously full of holes — porn is so ubiquitous that kids seeking it will certainly find it — but it is nonetheless a very small step in the right direction. Porn companies who fail to follow the new law could face massive fines of up to "10 percent of the company's annual turnover and even block them from operating in Britain via blacklists issued to the country's ISPs." The Department for Digital, Culture, Media, and Support has stated that a range of age verification methods are being explored. "Parents deserve peace of mind that their children are protected online from seeing things no child should see," digital minister Chris Philp stated. "We are now strengthening the online safety bill so it applies to all porn sites to ensure we achieve our aim of making the internet a safer place." **In short: Stay away from the**

kids.

Predictably, porn stars object to this. Jason Domino, a porn actor, told Pink News that the "true nature of the bill is about [not] only censorship, but about the government wanting to have leverage against organizations." Presumably, the Tory government isn't looking for the opinions of porn stars as to how to keep their product away from children any more than the Marlboro Man had any good advice about keeping kids away from cigarettes. Domino even played the age-old trick of warning that if kids couldn't get porn, they'd head over to the Dark Web, a porn version of the "they'll just use back alleys!" argument. But the real problem the folks at Pink News have with this legislation is the same reason the queer studies prof didn't want porn to be banned — because it serves as an LGBT how-to manual for kids: "There are very few steps into normalising LGBT+ sexuality, relationships and understanding about the body," [Domino] continued. "There is nothing about increasing the protections there. "The queer community has a heritage of things being illegal, and so often sexual content has been more 'get away with what you can' because there haven't been the spaces for people to do it in a way that is supported and nurtured, for people who don't know what they like can feel safe. There's none of that being suggested." Digital pornography, more than any activists, campaigns, or political strategies, was what mainstreamed alternative sexual lifestyles. Millions upon millions of people saw sexual acts they once regarded with revulsion or with moral disapproval, and it reshaped their views. As porn being socially ubiquitous, support for same-sex "marriage" and sexual liberation climbed. LGBT activists know that pornography is one of their most powerful tools. Porn can introduce children and teens to alternative sex acts; it can reshape their minds to find such acts arousing; it can entrench and exacerbate existing attractions or create new ones. A key reason we see the numbers of children and teens identifying as LGBT skyrocketing is because they are introduced to these concepts as young and younger ages. Porn is the how-to manual. The LGBT movement and the porn industry are fundamentally allied. LGBT activists recognize that pornography is more than just sexually explicit content — it is sexual propaganda, and it is an incredibly effective destroyer of morals. The porn industry has worked magnificently for them, and they will now fight for it with everything they've got.

Common Sense: Conservative Thinking for a Post-Liberal Age

The Common Sense Group, 139pp. Available for free download from <https://www.thecommonsensegroup.com/>

This book is a series of essays on public policy issues mostly written by Conservative MPs. But whatever one's political affiliations or beliefs there is much within this book that is hopeful and positive and which will appeal to supporters of the Family Education Trust. The book highlights the importance of the family and the reintroduction of a moral compass into society in addition to a number of other areas of interest. The book's introduction by Bishop Michael Nazir-Ali sets the tone for the whole in criticising the philosophy that puts freedom of the

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individual above all other social arrangements and justifies any act as long as ‘no harm’ is done: *Freedom cannot be the minimalist ‘no harm’ to other individuals position but must also take account of vital social institutions, such as the family, and of our responsibilities within that rich fabric of social relations which makes us the persons we are. Calling for support for the family, the bishop states: The strengthening of families...will do much for the better performance of children in education and in the reduction of juvenile crime. The provision of and encouragement for proper preparation for marriage and adequate tax incentives for married couples will help more children having both parents at home during crucial stages in their development.* An essay by Gareth Bacon MP is titled ‘What is Wokeism and How Can it be Defeated?’ Bacon describes the important role that the corruption of language has played in advancing ‘woke’ culture with a particular focus on transgender ideology: *words that have been universally understood for millennia, such as ‘man’ and ‘woman’ are now emotionally charged and dangerous: in recent NHS public-information campaigns, women have been called ‘people with a cervix’ to avoid offending transgender activists; recent maternity guidance has suggested replacing ‘breastfeeding’ with ‘chestfeeding’ and some corporations have begun spelling ‘women’ as ‘womxn’ because this new word explicitly includes non-cisgender women and is therefore more inclusive and progressive. When feminists such as Germaine Greer and J. K. Rowling point out that non-cisgender women are men, that people who give birth are women and that the enforcement of trans-rights often mean a loss of rights for women, they are shouted down, abused, no-platformed and threatened with violence.* Bacon notes the woke assault on freedom of speech and illustrates how the Equality Act has been harmful in this respect: *...judicial interpretation of the Equality Act 2010 has had the effect of enshrining the notion that if one says one has been offended on grounds of race, religion, sexuality, gender etc., then one almost automatically has been. This gives huge power to activists and forces the leaders of organisations to fight endless fires of grievance, stifling freedom, embittering the workplace and sowing division.* Bacon calls for this Act to be amended in order to defend freedom of speech. A chapter dealing with media reform touches on some of the themes raised by Robin Aitken in his address to the 2021 FET conference. The authors note that there is now a growing public awareness of the BBC’s biased reporting and increasingly demands for the licence fee to be abolished: *...trust in the BBC in particular has plummeted. In February 2021, a Redfield and Wilton survey found that 56 per cent would support and 19 per cent would oppose getting rid of the BBC licence fee and having the BBC switch to a private subscription-based model; 55 per cent think the BBC is not impartial and balanced. Among those who hold this view, 60 per cent think there is a need for another news channel to offer a different perspective. But the authors go further and call not just for getting rid of the licence fee but for the breaking up of the BBC ‘to allow more rivals and different providers in the broadcast market including different perspectives.’*

They also call for the repeal of ‘hate speech laws’ which they claim have ‘a direct impact on the freedom of the press to oper-

ate and inform.’ The theme of so-called ‘hate crime’ laws is expanded on in a chapter called ‘Taking Politics out of Policing’ by the MPs Chris Loder and Tom Hunt. One of the most sinister aspects of these laws is the invention of what are called ‘non-crime hate incidents’. The authors state: *...by definition these incidents do not constitute a crime. All it takes for such incidents to be logged against a name is the perception by the ‘victim’ – or anyone else – that the action was motivated by hostility or prejudice towards race, religion, sexual orientation, disability or transgender identity, irrespective of whether there is any evidence to identify the ostensive hatred. They continue: Despite these incidents being ‘non-crimes,’ and even non-evidenced, they are often not without consequence for those accused. They are formally recorded by many police forces and can show up during DBS checks when applying for work, thus ruining careers. And in certain cases, they have led to intrusive police investigations of those who have said or written something which falls below today’s ‘woke’ standards of political correctness. In the widely-reported Harry Miller case in 2019, Mr Miller had a police officer visit his place of work to ‘check his thinking’ and suggest he may face prosecution after a Twitter user complained he had made a transphobic remark.* The authors are concerned by proposals of the Law Commission to expand the definition of hate crime that would even cover comments in the privacy of one’s own home. The authors identify the College of Policing’s Hate Crime Operational Guidance (HCOG) as a facilitator of the use of non-crime hate incidents to attack opponents. They call for this guidance to be jettisoned and for greater public scrutiny of the College of Policing. They note that the Metropolitan police has spent £12,500 on Stonewall initiatives since 2017. The authors conclude by quoting the commentator Darren Grimes who said the police ‘should stop policing tweets and start policing streets’. Several chapters in the book argue the case for strengthening marriage and the family. Robin Millar MP in a chapter on combatting poverty states: *Family breakdown and family instability is a key contributing factor to poverty. The outcomes for children from such situations are stark (particularly children in care), and demonstrate the importance of strong, stable families. Much like the physical need for shelter, the love and support of a loving family provides a strong foundation upon which a child can explore and develop in safety.*

Fiona Bruce MP and former MP David Burrowes expand on this in a chapter on family policy. Family breakdown, they state, is a ‘national emergency’ and the government needs to champion families. They state: *‘...building a stronger society starts with the family. Families are the basic building block of society...Our families teach us our values, shape our identity and nurture our sense of responsibility to society...It is within the family unit that we first learn about obligation, sacrifice, loyalty, and compassion.’* The authors express concern that over a million children have no meaningful contact with their fathers, and almost half of 15-year-olds do not live with both parents. The cost of family breakdown exceeds £51 billion. They go on to catalogue the economic effects of family breakdown especially on mothers. Among the proposals that Bruce and Burrowes put forward to strengthen families are establishing a Cabinet lead and Office for Family Policy, a statutory

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Family Impact Assessment for all domestic policy and reforming the Marriage Tax Allowance to ‘help make the option of marriage more accessible to poorer households where marriage rates are lowest.’ This book advances a thoughtful and positive set of policy proposals which if implemented might make life for families and individuals in our society better. *This article is published by permission of Family Education Trust*

Cardinal Müller: Transgender ideology is ‘self-mutilation,’ promoting it is a ‘serious sin’



Cardinal Müller

Fri Apr 8, 2022 - (LifeSiteNews) – Cardinal Gerhard Müller excoriated the LGBT movement in recent remarks, describing transgender ideology as “self-mutilation of mind, soul, and body” that supporters have given a “totalitarian position” in society at

the expense of young people and religious and scientific freedom. The German cardinal and former prefect of the Vatican’s Dicastery for the Doctrine of the Faith (previously the Congregation for the Doctrine of the Faith) made the comments in a March 30 statement to German magazine *Tichys Einblick*. Cardinal Müller was responding to controversy over an episode of a German kids’ TV program that sparked parental outrage for glorifying “gender transitioning.” The episode, released ahead of so-called “Transgender Day of Visibility” last week, featured a character named Erik re-emerging on the show as a cross-dressing “trans woman” named “Katja.” “A trans person is a person who was born a girl, but is actually a boy, or the other way around,” a presenter, who opened the episode with LGBT “pride” flags, told the child audience. Asked for his take on the controversy, Cardinal Müller spared no words, blasting the promotion of transgenderism as a “serious sin” against children and young people. “When the self-mutilation of mind, soul, and body is peddled ideologically and politically as an alleged ‘self-determination,’ then that is nothing less than a serious sin against the well-being and salvation of children and young people who are in a process of maturing and finding their identity,” he said. “Hopefully, they have good parents and friends who encourage them to accept themselves as human beings in the manner of men and women.” “According to the Christian faith, the baptized understand themselves in Jesus Christ as sons and daughters of God, their Creator, Redeemer, and Completer,” he added. The eminent German prelate explained that a person’s nature as male or female is unchangeable and serves as a precondition for genuine love and the future of humanity. “Man is born as a man, and not as an animal, plant, or raw material, without anyone asking for his consent beforehand,” he said. “Since male or female sexuality is part of the expression of our individual body, we cannot change it essentially, but either develop within it positively or rebel against it to our detriment.” “The distinction between man and woman is positive,” he continued, “both for the individual and for the community (also for the succession of generations).” The two sexes are “the precondition for two people to love each other and say to each other: You alone and forever, until death do us part. In this way, they become husband and wife to

each other; and then, if God so wills, also father and mother to their common children.”

The LGBT movement fundamentally rejects man’s immutable, God-given nature, Cardinal Müller observed. “LGBT ideology is not about the dignity of individuals who feel that they are of the opposite sex, but is rather about the negation of the nature of human being as male and female in general, as God inscribed it into creation,” he said. This anti-Christian, anti-scientific ideology, the cardinal added, “has succeeded in turning a persecuted minority into a persecuting one.” “It has been given a totalitarian position of power in politics, the judiciary, universities, and the media that is destroying religious freedom, undermining the rule of law, and trampling on scientific freedom.” Cardinal Müller’s comments reflect those of Archbishop Charles Chaput, archbishop emeritus of Philadelphia, who characterized transgenderism last year as “the final rebellion against God.” Today’s “gender issues,” Archbishop Chaput told Fox News’ Tucker Carlson in June, are “the prime example” of people seeking to take the role of God, “where we’re not even satisfied with the body that we’re born with, that we think we have the power to become something that we were not created, that I can become a woman or a woman can become a man.” “That’s something God does, not something we do. But in some ways, that’s the final rebellion against God,” he said. The Magisterium of the Catholic Church upholds the biological reality that there are only two sexes and that God creates every human being either male or female. As stated by the Catechism of the Catholic Church: “God created man and woman together and willed each for the other.” “Holy Scripture affirms that man and woman were created for one another: ‘It is not good that the man should be alone,’” it adds. “By creating the human being man and woman, God gives personal dignity equally to the one and the other. Each of them, man and woman, should acknowledge and accept his sexual identity,” the Catechism also affirms. The transgender lifestyle, as Cardinal Müller suggested, causes extreme physical and psychological damage, particularly to young people, as LifeSiteNews has extensively reported. “Gender transition” drugs, like puberty blockers and cross-sex hormones, are linked to serious and potentially fatal side effects, such as heart attack, increased risk of stroke and cancer, osteoporosis, emotional disorders, and sterilization. “Sex change” surgeries typically follow, resulting in irreversible mutilation. There have been no randomized controlled trials or longitudinal studies on the use of transgender procedures in children or adolescents with gender confusion. Multiple countries, including Sweden and Finland, have moved to restrict hormone drugs for gender-confused minors in recent years, citing massive health risks and a dearth of scientific evidence.

UPF-Australia Peace Seminar Explores Solutions to Global Challenges - Written by UPF-Australia



Saturday, April 2, 2022. Melbourne, Australia—Universal Peace Federation’s Australia chapter, in partnership with affiliate Women’s Federation for World Peace (WFWP), held its first

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peace seminar of 2022 on the theme, “‘Head-Wing:’ Meeting Global Challenges Together, Beyond Religious and Ideological Divides,” on April 2 in Melbourne. The event explored the concept of “headwing” put forward by UPF co-founder Rev. Dr. Sun Myung Moon and highlighted that solutions to national and global challenges cannot be achieved through political compromise alone but must involve a commitment to personal change and shared values. Over 40 participants throughout the country took part in the hybrid seminar, of which 30 joined in-person, including members of UPF-Australia’s Adelaide chapter. The keynote speaker was Dr. Thomas Ward, president of the Unification Theological Seminary in New York, who spoke on Adam Smith’s Theory of Moral Sentiments. Smith argued that moral sentiments, or conscience, must underpin all human activity, including economics. One can say that this lies at the foundation of the “Wealth of Nations” and resonates with UPF’s guiding principles of interdependence, mutual prosperity and universal values. Dr. Ward also gave an insightful presentation about the historical background of the Ukraine conflict. He contended that after the collapse of the Soviet Union, the United States and other Western powers should have actively reached out to Russia and help it become a stable and prosperous democracy. Instead, several American presidents and leaders boasted that the U.S. had won the Cold War, creating a division between Russia and the West that remains today. Mrs. Anne Bellavance, president of WFWP-Australia and vice president of WFWP International, representing Oceania and Southeast Asia, spoke on the “Cornerstone for Happiness,” focusing on men and women relationships. Continuing the theme of headwing, Mrs. Bellavance’s interactive presentation emphasized the importance of being good listeners and communicators as a means for reconciliation and good relationships.

The final presenter, Dr. John Bellavance, Oceania coordinator of the International Association of Academicians for Peace (IAPP) and vice president of UPF-Australia, spoke on “‘Head Wing’ – Moving Beyond Political Divides.” Mr. Bellavance maintained that finding solutions to the critical challenges of our time requires us to move beyond political, ideological and economic theories, and policies of left and right. As a society and nation, we need to transcend these divides to find shared values and solutions that incorporate various religious, political, ideological and economic perspectives. Also during the event, three peace leaders were appointed as Ambassadors for Peace: Mr. Abdullahi Aden Ibrahim, Mrs. Inaam Barakat and Mr. David Malinda.

TRANSFORMING MINDS, HEARTS, AND SOULS: GWPN SPEAKER SERIES ON ART AND CULTURE (WFWP USA)

Written by: Katarina Connery - PEACE NETWORK (November 1st 2021)

What will it take to build a world of peace? While many will speak of diplomatic, economic, or social justice initiatives, the arts and culture also plays a critical role in bringing about positive change in our minds and hearts. On Wednesday, October 20, 2021, the Global Women’s Peace Network Forum (GWPN) series, “Women’s Leadership in Reconciliation and Peacemak-

ing,” reconvened with a special panel discussion on “Catalysts for Positive Change—Arts and Culture.” It was a dynamic, informative, and meaningful conversation attended by 44 women and men from across the country. The evening program kicked off with WFWP USA President, Angelika Selle, introducing the theme, a very pertinent topic because of the shocking increase of mental illness, depression, stress, and hopelessness, especially as we face so many negative realities in the world today. However, she explained, art and culture has the power to transform even a toxic environment into a more peaceful one. Angelika also explained the vision of GWPN, which is to bring together NGOs, decision makers, leaders, organizations and governments to solve pressing social issues and to secure an environment for equitable human development through peace leadership based on the feminine aspect of human nature. The panel discussion of three accomplished women in the arts started with Ms. Denise Lyles-Cook who presented on “Vanishing Authenticity in Entertainment Today: The Trend.” Known as the Oracle, Denise brings to the stage a wealth of experience as a motivational speaker, published author, educator and artist and is well known as a healer of the heart, mind, body and soul. She shared very powerfully about the trend in the arts industries today of quick and easy entertainment with no connection to the heart, mind, and soul of another. She advocated for reversing the trends which artists are under pressure to follow in order to be noticed, and instead focus on channelling authenticity and the divine in artistic expression. Whether we are creators or consumers of art, we can have an impact on inspiring a new trend of authenticity: “what we do will inspire generations either towards or away from our authentic selves, the true selves God meant us to be, made us to be.”

After this powerful advocacy for bringing our authenticity into our relationships with arts and culture, Ms. Sarah Baumgarten, accomplished opera singer, shared her personal journey of creating music in her talk, “Why Create Music?” As a performer, teacher, and music director, Sarah has performed at The Kimmel Center, Meyerhoff Symphony Hall, Opera America, the Library of Congress, the Jewish Museum of Maryland, and World Café Live. Sarah shared about her own development as an artist and how she finds meaning and healing in music when there is a personal connection. In music and song lyrics there was a place where her deep emotions could resonate and be articulated. Now as a performer, she strives to create that for her students and audiences, where through the common experience of music we no longer feel alone, and connections of the heart are made. Those connections can also be built across racial and cultural divides through the power of music. The panel discussion concluded with Ms. Judi Moreo who spoke on “How Art Can Help Us Overcome Toxic Cultures and Environments.” Judi Moreo has informed, inspired, challenged, motivated and entertained audiences in twenty-nine countries around the globe with her unique speaking style. She is an accomplished business woman, fine artist, and author. While the pandemic has brought to light many toxic realities, Judi also shared research that stated the average person hears five negative statements in the workplace every hour. This is quite an impact, especially considering it takes

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14 to 20 positive statements to counteract only one negative statement. Judi shared her own story of overcoming toxicity through art. While battling cancer, her doctor told her to take art lessons, and through that experience, she learned how art helps with developing our creativity, confidence, perseverance, focus, patience, problem solving, and more. Art also helps us to use our imaginations, especially in seeing the world and other people in a new way. The panel discussion was followed by a lively Q & A in which the audience could pose their questions to the speakers and the speakers could share even deeper about their personal passions and motivations. Surely, at the end of this inspiring, uplifting, and enjoyable forum, we were challenged to look at arts and culture in a new way, and perhaps even develop latent artistic talents of our own. **Comments from Participants:** Thank you, Sarah, for such an amazing presentation! Music is really healing for the body and soul! The overall theme of the event was very interesting, and I loved all the speakers because they shared authentic content and were inspiring. The personal testimonies and stories were very powerful. Denise, What a great presentation! Now I understand authenticity!

Abortion: “Greatest Human Rights Issue of All Time”

By John O’Neill [Excerpts]

On March 26th, I attended the “Missing Millions – Call to Nation to Repent” conference at the Emmanuel Centre in Westminster: *In last century evil has grown greatly. God is angry because Satan is dominating mankind. Get right with the Lord. 1 in 3 women in UK will have an abortion by the time they are 45. Acknowledge where we have gone wrong. Genetic package is there from the moment of conception. Jeremiah 1:5. Killing is forbidden: Genesis 9:6. Leviticus 24:17. Exodus 20:13. Unborn children cannot defend themselves. Deuteronomy 27:25. Abortion is child, blood, sacrificial murder. [98% of UK abortions are for convenience reasons] “I can do whatever I want...” Sexual promiscuity, sex without responsibility. Absolute contempt for human life.*

Almost 10,000,000 UK abortions since 1968. Sin on an industrial scale. Faith people have failed to challenge this genocide. Rejection of God. Good and evil cannot coexist. The chaos today is because of what we have chosen. God has withdrawn his protection. True marriage is only between a man and a woman. LGBT lifestyles are an abomination. Our children are growing up in a sewer of filth. Stop LGBT from indoctrinating our children. “Grinder” has 24,000,000 followers. A sexual Chernobyl, not a revolution. The wicked have penned in the righteous because we have turned our backs on God. Psalm 65:2. Church leaders were not speaking out at the time the abortion law was being introduced. Truth has been turned on its head. Women are worse off mentally after abortions. We have to be in key places. Court of Appeal refused to accept the damage D.I.Y. abortions do to women. Disgusting is the way our nation is ruled over today. Very terrible things are going to happen. God is declaring war on secular humanism. Pastors

need to take action to combat sexual immorality. Be bold and challenge. Expose where free sex leads to. Invite post abortive women and ex-porn stars. If we don’t do it who will? Chastity is the answer and abstinence. Reflect Jesus’ attitudes to society. One young woman testified that she saw her aborted baby. She had been told that it was just a clump of cells.

The church has to repent. Mass killing of unborn. Catholics have been at forefront in challenging the abortion issue. We are commanded to speak and act. Proverbs 31:8-9. Good Samaritan. Risk our lives for truth and justice, salt and light. Church is a compliant puppet for the abortion lobby. Welby supports buffer zones. Psalm 106:3. The nation leads the people instead of the church. We have rejected God’s authority and his word. High priests of progression and secular humanism. Child killing culture. We want him to heal our land without changing. It has to happen on God’s terms. We need one million people at the annual March for Life. We need public witness. That is how to move the government. The practical must follow from the spiritual. Action must follow from prayers. Horrendous negative consequences for post abortive women. Repeat abortions are a sign of trauma. Many men suffer from abortion trauma. Feelings of guilt the man could not protect his child. Many of the relationships break down after abortions. Infinitely worse is coming if we don’t repent. God is shaking us. The Lord is our strong deliverer, our strength. It takes only a few people to change the world: Gideon. Get involved in prolife activism. Contact MP’s. Fate of world is hanging in the balance. Cannot stay silent. Voice of the voiceless. Greatest human rights issue of all time.

I felt very encouraged and inspired by the dedication and commitment of the different speakers. Clearly, any nation that legalises convenience abortions cannot call itself civilised. The legalisation of abortion in the UK coincided with the advent of the sexual revolution and the permissive society in the 1960’s which has been an unmitigated disaster for our nation. The time is long overdue for politicians to face the truth and the facts about the devastating impact the sexual revolution has had on our nation, with record levels of teenage pregnancies, STD’s, divorces, crimes, abortions and social problems etc. In the article featuring Mother Teresa in this edition of the Update, she highlights how we will never have peace in our nations when we allow women to kill the unborn babies in their wombs. The great civilisations in history prospered because of their spiritual and moral foundations. Any nation or civilisation in history which has turned away from those absolute values has experienced rapid decline. Worldwide, many people are changing their views about abortion after seeing videos which show that it is not a “clump of cells” inside the woman’s womb, but is clearly an unborn human being; also, because of the barbaric practices used to kill the unborn. Through our prayers and actions may each one of us do our best to support the noble and sacred prolife work, which is so crucial concerning the peaceful, prosperous world that we all long to see. *Deuteronomy 28: 1-2 And if you obey the voice of the Lord your God, being careful to do all of his commandments which I command you this day, the Lord your God will set you high above all the nations of the earth. And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God.*