### Women Will Play a Leading Role in the Ideal World Dr. Chung Sik Yong, September 10, 2022

#### **Key Points**

- Religion teaches people to strike the body through fasting or through sacrificing for and serving others, thereby compelling the body to submit to the mind.
- The life of faith nurtures this lifestyle for three to five years or longer until it becomes habitual in order to weaken the body's desires until it conforms to the wishes of the mind.
- The key is to practice developing small traits until they become good habits, then practice another and another. These become conditions to eventually master the entire body.
- Religion also emphasizes that the way to subjugate the body is by praying without ceasing and being stimulated by the Word.
- As God's object partners, we must resemble Him by uniting our conscience and physical mind following the model course of True Parents.
- The Bible teaches us not to live centered on the physical mind but on the spirit mind, to subjugate material desires, eating desires, sleeping desires, and sexual desires that the physical body seeks.
- The enemy of all enemies is not someone we may hate but my physical body which always thinks about fleshly things.
- "If you live according to your physical body, you will die, but you will live if by the help of God's spirit you say 'no' to your desires."
- As God's object partners, we must resemble Him by uniting our conscience and physical mind following the model course of True Parents.
- Each human being has a very unique personality that resembles the disposition of God. We are all different.
- We need to love and respect people despite their differences because they each resemble a unique aspect of God's character.
- Respect is critical to inheriting good points from others.
- Each person should focus on his own individuality, his original nature, and realize his true self.
- Only I can return the individuality that I have to God. Therefore, do not try to imitate anyone externally.
- The most important thing in cultivating one's original nature is to cultivate one's heart through relationships with those around you, that is, parents, teachers, superiors and Abel.
- If you build a good relationship with people, you can inherit all their foundation of heart, can surpass them and set an even higher standard.
- In order to preserve my heart well, I must always respect the other person and think highly of them.
- I am responsible for managing my own heart. I cannot rely and depend on someone else.
- A person's heart is awakened when it has spontaneity and enthusiasm.
- If my motivation is for the sake of God and others, a voluntary heart will always come out.

Transcripts from November 3, 2021 to the present, personal notes from November 11, 2020 until November 2, 2021 and slides from August 29, 2021 to the present are available at MD.Hoondok.com as PDF files.

Today is Chuseok, the biggest holiday in Korea. It is a day similar to Thanksgiving in the United States. On this day, they give thanks for the harvest of the year, visit their parents to worship, and also visit the graves of their ancestors to pay their respects.

Last night, I met with Dr. Walsh, Dr. Yang and the president of the UN Peace University, who awarded an honorary doctorate at the 10th anniversary of father's Sunghwa. The UN University of the United Nations in Costa Rica was established by a United Nations General Assembly resolution, and its founder, former President Carajo, was a peace ambassador with great respect for true parents. This time, the president personally presented a degree to both Father and Mother Moon at a Korean event.

I think Dr. Yang is doing a great job. I really appreciate his hard work.

Today I'd like to talk about "Women Will Play a Leading Role in the Ideal World" from *True Mother's Anthology, Book 2*.

*<This speech was given at a national convention for* the Women's Federation for Peace in Asia held on November 20, 1991 at the Seoul Olympic Fencing Arena> The mind is in the position of the plus in Heaven's stead, and yet the body has established itself wrongly as another plus and is pushing and pulling the mind. During our lifetime we have a duty to correct this situation. Knowing this, God created religion as a repair shop for this purpose. For this reason, religion teaches people to strike the body through fasting or through sacrificing for and serving others, thereby compelling the body to submit to the mind. In other words, the life of faith nurtures this lifestyle for a period of three to five years, or even longer, until it becomes habitual, in order to weaken the body's desires until it conforms to the wishes of the mind. Religion also emphasizes that we should pray without ceasing. Since God remains always in the vertical position, He cannot work unless He goes through the mind.

<This speech was given at Women's Federation for World Peace rallies in 21 cities in Korea between May 11 and June 2, 1992> Satan, on the other hand, can work from all directions. Because Satan can approach us from anywhere in the 360-degree circle, God is bound to lose out to the work of Satan. The mind stands vertically, and it must be focused. The vertical does not have a horizontal base, and it cannot proceed to establish the horizontal base. For this reason the mind is inclined to be attracted to the environment. Accordingly, in order to subjugate our body, we need to make conditions to strengthen our mind from a vertical position until it is three or four times its present strength. We need to do this for three to five years to cultivate it as a habit. Other than these two ways, there is no other alternative to bring us back to our original state.

<u>Religion teaches people to strike the body through</u> <u>fasting or through sacrificing for and serving others,</u> <u>thereby compelling the body to submit to the mind.</u> <u>The</u> <u>life of faith nurtures this lifestyle for a period of three to</u> <u>five years, or even longer, until it becomes habitual, in</u> <u>order to weaken the body's desires until it conforms to</u> the wishes of the mind.

<u>Religion also emphasizes that the way to subjugate</u> the body is by praying without ceasing. Since God always remains in the vertical position, if I do not stand in the vertical position in alignment with Him, I cannot receive spiritual power. In order to receive spiritual power, I have to stand in the vertical position, and in order to stand in the vertical position, I need to borrow power from God through prayer and jeongseong.

Without prayer and jeongseong it is impossible to overcome our physical limitations.

Therefore, our mind needs to practice standing vertically through prayer and jeongseong. In order to subjugate our body, we need to make conditions to strengthen our mind from a vertical position until it is three or four times its present strength.

True Parents said that the first way to subjugate the body is to go on the path of sacrificing more than anyone else and to train (oneself) to strike the body through fasting or through serving others. Second, it is to offer jeongseong, sincere devotion, and receive spiritual help. Third, always <u>be stimulated by the Word</u> and subjugate the physical body through power of the Word. And the important thing is that you need to continue these trainings for three to five years to subjugate the body until it becomes a habit.

In order to (develop) good habits, Father said, six months is not enough, not even one year. At least three to five years. It takes that long.

I think in order to subjugate our body, there is no need to think about the entire body. Just practice good things. For example, I want to appreciate every day and practice not three months, not six months, (but) at least three to five years. When you (accomplish) it, you can try another one. If you can do that, then try another one. Little by little as you develop (good) habits, that is the way to control your physical body. Once you break through with something and you can do it for three to five years, this is a condition finally to control your entire body. It begins from small conditions.

Let's have hope, even though we cannot control our

entire body. Let's start from small things (in order) to subjugate our body.

LIVING DIVINE PRINCIPLE: The Principle of Creation 66 – The Human Heart as Viewed through the Spiritual and Physical Minds



• The relationship between the spirit mind and the physical mind is like that between internal nature and external form. When they become one through give and take action with God as their center, they form a united functioning entity which guides the spirit self and physical self to become harmonious and progress toward the purpose of creation. This united entity is the mind of a human being.



• The conscience is that faculty of the human mind which, by virtue of its inborn nature, always directs us toward what we think is good.

• However, as the standard of goodness in fallen human beings varies, the standard of their conscience also fluctuates; this causes frequent contention even among those who advocate a conscientious life.

• The original mind is that faculty of the human mind which pursues absolute goodness. The original mind relates to the conscience as internal nature to external form.

• A person's conscience directs him to pursue goodness according to the standard he has set up in ignorance, even though it may differ from the original standard. However, the original mind repels this faulty standard and works to correct the conscience.



• As long as our spirit mind and physical mind are under the bondage of Satan, the functioning entity they form through their give and take action is called the evil mind. The evil mind continually drives people to do evil.

• Our original mind and conscience direct us to repel the evil mind. They guide us in desperate efforts to reject evil desires and cling to goodness by breaking our ties with Satan and turning to face God.

Based on this EDP content, I think the Bible describes the physical and spiritual minds very well. Let's study St. Paul's guidance from Rom. 8:5-14.

#### The Desires and the Spirit

Rom. 8:5-14: People who are ruled by their desires think only of themselves. Everyone who is ruled by the Holy Spirit thinks about spiritual things. If our minds are ruled by our desires, we will die. But if our minds are ruled by the Spirit, we will have life and peace. Our desires fight against God, because they do not and cannot obey God's laws. If we follow our desires, we cannot please God. You are no longer ruled by your desires, but by God's Spirit, who lives in you. People who don't have the Spirit of Christ in them don't belong to him. But Christ lives in you. So you are alive because God has accepted you, even though your bodies must die because of your sins. Yet God raised Jesus to life! God's Spirit now lives in you, and he will raise you to life by his Spirit.

My dear friends, we must not live to satisfy our desires. If you do, you will die. But you will live, if by the help of God's Spirit you say "No" to your desires. Only those people who are led by God's Spirit are his children.

<u>The Bible teaches us not to live centered on the</u> physical mind but to live centered on the spirit mind.

The issue is how <u>to subjugate material desires</u>, <u>eating desires</u>, <u>sleeping desires</u>, <u>and sexual desires that</u> <u>the physical body seeks</u>. Does my daily life follow the work of the physical body or the spirit more? The Bible says, "If our minds are ruled by our desires, we will die. But if our minds are ruled by the Spirit, we will have life and peace."

And then it says, "Our desires fight against God, and we cannot please God." <u>The enemy of all enemies is</u> <u>not hating someone but my physical body which always</u> <u>thinks about fleshly things</u>.

St. Paul emphasized that if you live a life centered on the spirit mind, even someone (who is) spiritually dead like me will be revived. Therefore, do not live a life of 'being' defeated by the physical body but live a life of defeating the physical body.

And more importantly, St. Paul's words of judgement were "<u>If you live according to your physical</u> body, you will die, but you will live, if by the help of God's spirit you say 'no' to your desires."

Based on this content and EDP let's study Father's word:

### Are Your Conscience and Physical Mind United into One?

<205-33> Ultimately, the most important point that I want to emphasize is that the conscience and the physical mind must become one (Laughter). That is the conclusion. Are God's conscience and physical mind united? It would be a big problem if they were not united. So, if we assume that God has absolutely united His conscience and physical mind, can we not also assume that as God's object partners, we must also resemble Him by uniting our conscience and our physical mind as well? We must become the absolute object partner to the absolute God. If we are made in God's image, then we must follow our human nature to unite ourselves to resemble the unified God. Do you understand? If you look at it from this standpoint, the issue becomes whether or not you can resemble God, and whether or not you can unite your conscience and physical mind.

My brothers and sisters, what do you think? Do you think that God's conscience and physical mind are really united? If we assume that God has absolutely united His conscience and physical mind, we can also conclude that as God's object partners, we must also resemble Him by uniting our conscience and physical mind as well.

Since it is very difficult for fallen people to unite their mind and body, the one to be a model in the human flesh is none other than the Messiah. Therefore, True Parents are our models. Because it is difficult to live following the invisible God as the model, God has sent the Messiah to us.

Therefore, in order to subjugate Satan and our physical body, we must all walk on the model course that True Parents have showed us.

#### TODAY'S YOUTH MINISTRY: Cultivate a Personality Centered on Your Original Nature

1. When we center on our original nature, we will eventually come to know that we must have a heart of peace and the driving force of our heart. You know you can't exist apart from this. I need to know that my personality centered on my original nature is not to resemble anyone, but to become my true self resembling God. Each human being has a very unique personality that resembles the disposition of God. If you are born as a grapevine, you grow as a grapevine. Just because there is an apple tree next to you, does not mean you can become an apple tree. From this point of view, each of us should focus on our original nature and realize our true self. We should not resemble or imitate anyone. Heaven's teaching is to learn how to become your true self through Heaven's law of Creation centering on your individuality. Of course, we should live with True Parents as our models, but we must not try to imitate externally them by constantly shouting their words. You must nurture your original nature like true original nature. If you lose your true original self, there is no meaning.

Each human being has a very unique personality that resembles the disposition of God. It might seem like we have similar personalities, but we are all different. Therefore, each person should focus on our individuality and realize our true self. We should not resemble or follow anyone just one-sidedly.

If you are born as a grapevine, you grow as a grapevine. Just because there is an apple tree next to you, does not mean you can become an apple tree. From this point of view, each of us should focus on our original nature and realize our true self.

That is why you need to love yourself. You are the one who resembles God's unique character. Not everybody is the same.

Heaven's teaching is to learn how to become your true self through Heaven's law of Creation centering on your individuality. If you lose your true original self, there is no meaning.

The joy and feelings that God feels towards each person are all different. <u>Only I can return the individuality that I have to God. Therefore, do not try to imitate anyone externally</u>. Making good use of the individuality I was born with centering on God's law of creation is the way to mature the path of my original nature.

That is why we need to love everybody even though they have a different character. Each one of them has a unique character, but they resemble God. <u>We need to</u> respect their own special and unique character because they have their own personality (that) resembles God's.

### How to Nurture Your Original Nature and Spirit

2. The most important thing in cultivating one's original nature is to cultivate one's heart through relationships with those around you. You should develop your own intellect and spirit well by creating good relative standards through human relationships. People

who have good relationships will always make progress wherever they go. The same is true when looking at the relationship between parents and children. Children are the substantial reality of their parents' heart. The blood of the parents is passed on to the offspring. Therefore, if a child follows the standards set by their parents and inherits the tradition, they will develop rapidly. Although we can see it in the music world, other art worlds, and other fields as well, if one's parents build a high-quality foundation in their 70s and 80s, the child inherits the foundation and sets a higher standard than their parents before their 30s and goes forward.

The most important thing in cultivating one's original nature is to cultivate one's heart through relationships with those around you. You should develop your own intellect and spirit well by creating good relative standards through human relationships.

The first human relationship is building a good relationship with <u>parents</u> in the family. <u>If you build a</u> good relationship with your parents, you can inherit all the foundation of heart that the parents have. The child who has a good relationship with their parents <u>can</u> surpass their parents and set an even higher standard than their parents.

Second is the relationship with <u>teachers</u> in school. If a student meets a good teacher and has a good relationship with them, they can inherit everything from the teacher.

Third is the relationship with <u>superiors</u> in the workplace. If you work, loving the workplace more than the superior, you can inherit everything from the superior.

And in life of faith, it is the relationship with your <u>Abel</u>. If your relationship with Abel is good, you can inherit all their faith.

In the end, human relationship is everything. The way of forming good relationships can bear fruit as my true self, which can nurture my original nature well.

Have you already surpassed your father and mother? Are you already much better than your father and mother. That is good. Have you already surpassed your teacher, your professor, your workplace superiors and your Abel? Surely relationships are everything.

In order to inherit from your parents, teachers, your superiors or your Abel, you need to respect (them). Respect is very important. Without respect you cannot inherit.

Everybody has good and weak points. You need to inherit good points. Without inheriting good points, you cannot multiply goodness.

#### Inherit and Develop the Heritage of Your Parents' Heart

3. If a child has the right attitude toward his parents, he can inherit his parents' victorious standards that they earned through many hardships and troubles. If the parents are musicians, you will see that the child inherits the standards set by the parents in their teens and goes beyond those standards. Today, the reason we joined the Unification Church can be that we inherited a lineage superior to our ancestors and our parents. There is no denying that it is our original nature's desire to set a higher standard than what we inherited from our forefathers and to be superior to them. In this sense, it is undeniable that we must complete even the things that our ancestors failed to do on top of their achievements and standards. No one else can grow and perfect myself. If you don't know this, you are wasting your time.

#### To Preserve One's Heart...

4. The most important thing is to preserve one's heart well in human relationships. You are responsible for your own heart. It's not about who to trust and who to depend on. You should know this clearly.

Next, you should be active in everything with spontaneity. Why? This is because man is a being with heart. You should not be dominated by the environment, but if you cannot preserve your heart well in any environment, your spirit cannot grow. If you want to add more to your heart, you need to take an active stance. Then what is an active stance? It means to not assert yourself, to always deny yourself, and to live according to the subject. You must take initiative with a heart of sympathy and spontaneity and become one with the subject and with others.

The most important thing is to preserve one's heart well in human relationships. <u>In order to preserve my</u> <u>heart well, I must always respect the other person and</u> <u>think highly of them</u>. If you see a flaw (weak point), you should think of it as your own flaw and suffer with them.

In the end, <u>I am responsible for managing my own</u> heart. I cannot rely and depend on someone else.

The next important thing is that you should be active in everything with spontaneity. This is because <u>a</u> <u>person's heart is evoked when it has spontaneity and</u> <u>enthusiasm</u>. If the heart is not evoked, you can never create joy and happiness.

When you have a heart that always tries to live for the sake of others, a heart that sacrifices first, and a heart that always tries to give, your heart will always be evoked. The problem is that I always try to receive first; that is why the heart cannot be evoked.

It is a universal law that if my motivation is for the sake of God and others, a voluntary heart will always come out. Without living for the sake of others, there will never be a way to create joy. Therefore, even God cannot help but live for the sake of others, no matter what the situation.

How can you create a volunteer heart? Your motivation (should) always be centered on God's center. "How can I comfort him? How can I make him happy? How can I live for the sake of others. How can I support my wife or husband? How can I help them?" Your motivation is not only for you. Your motivation (should be) to try to help others, to live for the sake of others, to make others happy. Then your volunteer heart always comes out. That is the world of the Kingdom of Heaven, right? God's guidance and the Divine Principle guidance is really incredible!

(Testimony of Glenda Lambert, SR4, Women's Federation for World Peace outreach)

(Response to sharing) If everybody works like you continuously meeting two or three people a day, I think we can reach many people. We can (discover) who the John the Baptists are for our activities. This is really beautiful and a great example.♦

NOTE: This text and the PowerPoint slides from this speech are available as a link at the top of this text. Transcripts from November 3, 2021 to the present, personal notes from November 11, 2020 until November 2, 2021 and slides from August 29, 2021 to the present are available at MD.Hoondok.com as PDF files. Books of the transcripts and notes are available as PDFs at MDBooks.Hoondok.com.

This lightly edited transcript may contain errors and omissions. Indecipherable, inaudible or uncertain words and guesses are tagged with a "(?)" and indecipherable phrases, with an ellipsis "…". First, second and third person pronouns have been left as spoken if the meaning is clear, and other apparently Korean English expressions have been preserved if understandable. Some repeated phrases have been eliminated.

Audio only is available at anchor.morndev.com, spotify.morndev.com & audio.morndev.com. Notes or transcripts of Dr. Yong's Morning Devotion speeches from November 11, 2020 through March 29, 2022 are available as six paperback books at cost at Lulu.com/Shop -- search for Dr. Chung Sik Yong -- and as PDF downloads free of charge at MDBooks.Hoondok.com.

Episode 320

# Morning Heart Devotion

The 18<sup>th</sup> 40 day Jeongseong Condition (5<sup>th</sup> day) 320 day (685) Women Will Play a Leading Role in the Ideal World I 이상세계의 주역이 될 여성 I

> Sep10, 2022 North America HQ

## 신명 친지인창부모 친주성화 10주년 성화축제 기념특별오찬

Sy ownersty for Passes (3)

(b) Other Olympic Oliver of (b) of the Oliver and the oliver of the oliver of the Oliver and the oliver of the oliver of the oliver of the oliver and the oliver of the olivero of th

R. L.

El Ciudadano Global



## Women Will Play a Leading Role in the Ideal World I

<This speech was given at a national convention for the Women's Federation for Peace in Asia held on November 20, 1991 at the Seoul Olympic Fencing Arena>

The mind is in the position of the plus in Heaven's stead, and yet the body has established itself wrongly as another plus and is pushing and pulling the mind. During our lifetime we have a duty to correct this situation. Knowing this, God created religion as a repair shop for this purpose. For this reason, religion teaches people to strike the body through fasting or through sacrificing for and serving others, thereby compelling the body to submit to the mind. In other words, the life of faith nurtures this lifestyle for a period of three to five years, or even longer, until it becomes habitual, in order to weaken the body's desires until it conforms to the wishes of the mind. Religion also emphasizes that we should pray without ceasing. Since God remains always in the vertical position, He cannot work unless He goes through the mind.



Global Unity through True Parents



## Women Will Play a Leading Role in the Ideal World I

<This speech was given at Women's Federation for World Peace rallies in 21 cities in Korea between May 11 and June 2, 1992>

Satan, on the other hand, can work from all directions. Because Satan can approach us from anywhere in the 360-degree circle, God is bound to lose out to the work of Satan. The mind stands vertically, and it must be focused. The vertical does not have a horizontal base, and it cannot proceed to establish the horizontal base. For this reason the mind is inclined to be attracted to the environment. Accordingly, in order to subjugate our body, we need to make conditions to strengthen our mind from a vertical position until it is three or four times its present strength. We need to do this for three to five years to cultivate it as a habit. Other than these two ways, there is no other alternative to bring us back to our original state.

# **Living Divine Principle**

## Principle of Creation 66

The Human Heart as Viewed through the Spiritual and Physical Minds



The relationship between the <u>spirit mind</u> and the <u>physical mind</u> is like that between internal nature and external form. When they become one through give and take action with <u>God</u> as their center, they form a united functioning entity which guides the spirit self and physical self to become harmonious and progress <u>toward</u> the purpose of creation. This united entity is the <u>mind</u> of a human being.



- The conscience is that faculty of the human mind which, by virtue of its inborn nature, always directs us toward what we think is good.
- However, as the standard of goodness in fallen human beings varies, the standard of their conscience also fluctuates; this causes frequent contention even among those who advocate a conscientious life.



- The original mind is that faculty of the human mind which pursues absolute goodness. The <u>original mind</u> relates to the <u>conscience</u> as internal nature to external form.
- A person's conscience directs him to <u>pursue</u> goodness according to the standard he has set up in <u>ignorance</u>, even though it may <u>differ from the original standard</u>. However, the original mind repels this faulty standard and works to <u>correct</u> the conscience.



- As long as our <u>spirit mind</u> and <u>physical mind</u> are under the bondage of <u>Satan</u>, the functioning entity they form through their give and take action is called the <u>evil mind</u>. The evil mind continually drives people to do evil.
- Our original mind and conscience direct us to repel the evil mind. They guide us in desperate efforts to reject evil desires and cling to goodness by breaking our ties with Satan and turning to face God.

## Rom 8:5-14 The desires and spirit

- 5. People who are ruled by their desires think only of themselves. Everyone who is ruled by the Holy Spirit thinks about spiritual things.
- 6. If our minds are ruled by our desires, we will die. But if our minds are ruled by the Spirit, we will have life and peace.
- 7. Our desires fight against God, because they do not and cannot obey God's laws.
- 8. If we follow our desires, we cannot please God.
- 9. You are no longer ruled by your desires, but by God's Spirit, who lives in you. People who don't have the Spirit of Christ in them don't belong to him.
- 10. But Christ lives in you. So you are alive because God has accepted you, even though your bodies must die because of your sins.



## Rom 8:5-14 The desires and spirit

- 11.Yet God raised Jesus to life! God's Spirit now lives in you, and he will raise you to life by his Spirit.
- 12.My dear friends, we must not live to satisfy our desires.
- 13.If you do, you will die. But you will live, if by the help of God's Spirit you say "No" to your desires.
- 14.Only those people who are led by God's Spirit are his children.



## Are Your Conscience and Physical Mind United into One?



<205-33> Ultimately, the most important point that I want to emphasize is that the conscience and the physical mind must become one (Laughter). That is the conclusion. Are God's conscience and physical mind united? It would be a big problem if they were not united. So, if we assume that God has absolutely united His conscience and physical mind, can we not also assume that as God's object partners, we must also resemble Him by uniting our conscience and our physical mind as well? We must become the absolute object partner to the absolute God. If we are made in God's image, then we must follow our human nature to unite ourselves to resemble the unified God. Do you understand? If you look at it from this standpoint, the issue becomes whether or not you can resemble God, and whether or not you can unite your conscience and physical mind.

# Today's Youth Ministry

Cultivate a Personality Centered on Your Original Nature 자신의 본성을 중심한 개성을 잘 길러라 Cultivate a Personality Centered on Your Original Nature

1. When we center on our original nature, we will eventually come to know that we must have a heart of peace and the driving force of our heart. You know you can't exist apart from this. I need to know that my personality centered on my original nature is not to resemble anyone, but to become my true self resembling God. Each human being has a very unique personality that resembles the disposition of God. If you are born as a grapevine, you grow as a grapevine. Just because there is an apple tree next to you, does not mean you can become an apple tree. From this point of view, each of us should focus on our original nature and realize our true self. We should not resemble or imitate anyone. Heaven's teaching is to learn how to become your true self through Heaven's law of Creation centering on your individuality. Of course, we should live with True Parents as our models, but we must not try to imitate externally them by constantly shouting their words. You must nurture your original nature like true original nature. If you lose your true original self, there is no meaning.

How to Nurture Your Original Nature and **Spirit** 

2. The most important thing in cultivating one's original nature is to cultivate one's heart through relationships with those around you. You should develop your own intellect and spirit well by creating good relative standards through human relationships. People who have good relationships will always make progress wherever they go. The same is true when looking at the relationship between parents and children. Children are the substantial reality of their parents' heart. The blood of the parents is passed on to the offspring. Therefore, if a child follows the standards set by their parents and inherits the tradition, they will develop rapidly. Although we can see it in the music world, other art worlds, and other fields as well, if one's parents build a high-quality foundation in their 70s and 80s, the child inherits the foundation and sets a higher standard than their parents before their 30s and goes forward.

Inherit and Develop the Heritage of Your Parents' Heart

3. If a child has the right attitude toward his parents, he can inherit his parents' victorious standards that they earned through many hardships and troubles. If the parents are musicians, you will see that the child inherits the standards set by the parents in their teens and goes beyond those standards. Today, the reason we joined the Unification Church can be that we inherited a lineage superior to our ancestors and our parents. There is no denying that it is our original nature's desire to set a higher standard than what we inherited from our forefathers and to be superior to them. In this sense, it is undeniable that we must complete even/ the things that our ancestors failed to do on top of their achievements and standards. No one else can grow and perfect myself. If you don't know this, you are wasting your time.

To Preserve One's Heart... 4. The most important thing is to preserve one's heart well in human relationships. You are responsible for your own heart. It's not about who to trust and who to depend on. You should know this clearly. Next, you should be active in everything with spontaneity. Why? This is because man is a being with heart. You should not be dominated by the environment, but if you cannot preserve your heart well in any environment, your spirit cannot grow. If you want to add more to your heart, you need to take an active stance. Then what is an active stance? It means to not assert yourself, to always deny yourself, and to live according to the subject. You must take initiative with a heart of sympathy and spontaneity and become one with the subject and with others.



# Thank you so much