

Noble Families of Cheon Il Guk

Dr. Chung Sik Yong, July 16, 2022

Today I'd like to talk about "Noble Families of Cheon Il Guk" from *True Mother's Anthology, Book 1*.

You received the Blessing through True Parents. Hence, you must fulfill your duties as filial and loyal children. In order to do so, however, you should remove all traces of self-centered mindset. I said you are happy people. You are rich people because you are living with Parents in this age. However, at the same time, you are also deeply indebted to Parents. You must, therefore, repay that debt while you are still on earth. Future descendants will suffer less only if the programs Father had planned, are accomplished while I am still on earth. Therefore, you must actively support me in accomplishing these set programs. You must lead a strict life of attendance to True Parents. As soon as you wake up in the morning, you must first say "thank you" to Parents, offer a bow, and begin your day.

When eating breakfast, offer the first spoonful to Parents saying, "Please have some." After work, before you go to bed, you should say, "Parents, I will rest now for tomorrow. Please rest well, too." You should live such lives of attendance. You should live with True Parents 24 hours a day. Only then can you say you are their children. You should be able to have the heart of a true child. Members in the early days led such lives. You must keep a good standard and live a life of attendance. (2014.12.20, Cheon Hwa Gung)

True Mother said, "You must thoroughly live your life to attend True Parents. You should live with True Parents 24 hours a day. Only then can you say you are their children."

Today we will study True Parents' words on attendance.

Now is the Era When we Live in (Filial) Attendance to God

<33-231, 1970 08 16>The Unification Church does not talk about the kingdom of heaven based on faith alone. We say that the righteous are justified by attendance, that we are saved through attendance. But to attend God you need to know Him. It is not a problem to attend Him once you understand the teachings of the Unification Church. Once you truly understand them, you will know God and find it natural to attend Him. Having said that, I ask you: how regularly do you feel God's presence? How many times during your twenty-four hour day do you feel His presence? Can you expect to be saved through attendance if you attend God

two hours a day? You should need God more than you need to breathe and seek Him more desperately than a choking person gasps for air or a dehydrated person craves a drink of water. God is more essential than food.

The Unification Church does not talk about the kingdom of heaven based on faith alone. We also do not talk about the kingdom of Heaven based on hope.

If God exists, you must go beyond the level of only believing in Him as a parent and know His circumstances, wishes and heart. Without knowing His circumstances, wishes, and heart, you cannot attend God.

That is why Father says here, "Now is the era when we live in attendance to God." Father asks us:

1. *How often do you feel God's presence?*
2. *How many times during your twenty-four hour day do you feel His presence?*
3. *Can you expect to be saved through attendance if you attend God two hours a day?*
4. *You should need God more than you need to breathe and seek Him more desperately than a choking person gasps for air or a dehydrated person craves a drink of water.*
5. *God is more essential than food.*

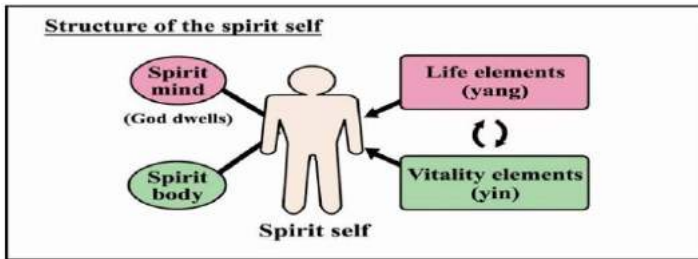
Do you feel something like that? How often do you feel God's presence like that? Do you think about God for one minute or 30 seconds, or one hour? Do you always feel God's presence in your life? This is a big question.

Father asks us these important questions. We really need to think about that. How do I relate to God every day, every moment, every second. This is the most important issue, (more than) food, material and money. But we always forget that point. Mostly we are focused on what to eat, what to drink, what to wear. Sometimes we completely forget God. This is the situation of fallen people.

LIVING DIVINE PRINCIPLE: The Principle of Creation 59 - The Structure and Functions of the Spirit Self

- *Our spirit self consists of the dual characteristics of spirit mind (subject partner) and spirit body (object partner.)*
- *The spirit mind is the center of the spirit self, and it is where God dwells.*
- *The spirit grows through give and take action between the two types of nourishment: life elements of a yang type from God, and vitality elements of a yin type*

from the physical self.



The Structure of the Spirit Self

1. The spirit self consists of the spirit mind and spirit body.

> Growth of the spirit self refers to the growth of the spirit mind. When the spirit body passes a fixed time period, it takes a certain form in the same way that the physical body becomes perfected.

Growing means growth of the spirit mind.

2. The spirit mind of the spirit self is where God dwells.

> The spirit mind refers to the core of the spirit self.

3. Developing the spirit self

a. The spirit self grows through give and take action with life elements that come from God.

> These life elements are God's love.

> In order to receive life elements from God, we must pray, offer devotion and jeongseong and absorb the Word.

Then we can receive directly from God. Mr. Chaen, the hoondok champion, shared very interesting (points). I already talked to you (about him). After ten and twenty years of experience, he became a hoondok champion. He read most of Father's eight textbooks more than 100 times. He said that he really realized that "God's word is God's love." This is an important realization. We receive life elements from God's word. That's why the more you do hoondokhae, the more you receive God's love.

Another way is through prayer and jeongseong. Through prayer and jeongseong you can communicate with God directly. This is the channel to receive God's love which is the life element from God.

b. The spirit self must receive many vitality elements from the physical self.

Not just directly from God. In a horizontal way you need to receive many vitality elements from the physical self. How?

> In order to do that, we must live a life of moving and influencing others, through living for the sake of others. We must also live completely for the Will.

> When it comes to accomplishing the Will, we must have filial piety and comfort God, while working

tirelessly for heaven with blood, sweat and tears, for His liberation.

When the other person is touched by the life I live for (him?), my spirit body grows when the wave of emotion from the other person stimulates my spirit body. For example, when I serve for the sake of others and a person's heart is touched by me, what kind of phenomenon appears? The vibration (from) when he was touched by me (comes to me). He feels so grateful and thankful. His vibration comes from him, coming and coming to my spirit body. When my spirit body is stimulated by his vibration, that is the moment that my spirit body can grow and develop. That is the reason. When we truly live for the sake of others, we receive many vitality elements from the physical self.

Vertically what should we do? We need to receive life element from God through God's word and prayer and jeongseong. Horizontally we need to receive many vitality elements from the physical self through living for the sake of others. There are only two ways our spirit body can grow: vertically we directly receive from God through hoondokhae, God's word, and prayer and jeongseong, and horizontally we need to receive many vitality elements from the physical self when we completely live for the sake of others.

When are Life Elements (God's Love) from God Created?

These life elements come from where? How are they created?

When we live a life of prayer and devotion.

Prayer and devotion is the most important channel to communicate with God. When I communicate with God, that is the moment I receive life elements from God directly.

1. *When we practice the Father and Son (daughter), vertical relationship. When we judge from God's perspective.*

That is the moment we also receive life elements from God.

2. *When our hearts are overflowing with gratitude.*

3. *When we yearn for God's Word.*

That is why I say that God's word is God's love.

That is why we truly yearn for God's word because God's word is love.

4. *When we work hard to make God happy. (becoming one with God's desire, heart and situation)*

5. *When we long and yearn for God.*

That is the moment when we can build a deeper relationship between parent and child.

TODAY'S YOUTH MINISTRY: How do you Subjugate the Body?

1. How do you subjugate your own body? You must subjugate it centering on the Word. You must become people who know how to turn off eating, sleeping, and sexual desires with the fire of the Word. While subjugating your body in this way, you must lay the basis for the foundation of faith and the foundation of substance and enter the position of the couple. While establishing the foundation of faith and foundation of substance, you must also get rid of your fallen nature. Through that process, you need substantial results of finding your original nature. Reaping substantial results means that by faithfully carrying out one's responsibilities, it brings about the result of joy that can inspire gratitude for oneself. Overflowing with gratitude is proof that my inner person (spirit body) is very healthy. You must enter the completion stage with a healthy inner person (spirit body) and begin life as a couple.

How do you subjugate your own body? First, centering on God's Word, you have to subjugate the desires of the body, such as material desire, eating desire, sleeping desire, and sexual desire. You must always cultivate your hyojeong, heart of filial piety, centering on God's Words that stimulate you. In order to cultivate your heart of filial piety, you have to put God as your top priority.

Without God's word, it is impossible to control our physical desires. For fallen man physical desires are much stronger than our original desires. That is why we have to borrow power from heaven. Through what? Through God's word. God's word is God's love. That's why when we are stimulated by God's word, we can have great power to control our physical body. Without studying God's word, without give-and-take with it, there is no way to overcome our physical limitations. This is very important.

How do you subjugate your own body?

First, center on God's word. You need to believe that God's word is God's love, God's power to control or subjugate the desires of your body.

Secondly, through endless prayer and jeongseong, you have to receive the Holy Spirit and subjugate your body with the power of God's love. It is impossible with human effort alone. If fallen men do not borrow power from God and the spirit world, they cannot subjugate their body.

That is why human beings need to pray consistently. That is why St. Paul said, "You have to be grateful all

the time. You have to be joyful all the time." And he adds one more thing. "You need to have consistent prayer." Why? If you do not pray consistently, at any time Satan can invade your physical body. You can easily become a Chapter Two person. He can easily invade you. That is why you need to have consistent prayer. This is very important. Through consistent prayer you can borrow power from the spiritual world. You need to have spiritual cooperation. Without the power of the Holy Spirit, you cannot control your physical body.

No. 1 is what? God's word. No. 2 is what? Prayer and jeongseong and you need the cooperation of the spiritual world.

Thirdly, through a life of living for the sake of others, you must make it a habit to live a life of bringing joy to the inner person (spirit body) rather than the physical body. Since the way of living for the sake of others is the way of denying yourself, it is very good training for subjugating the body.

Living for the sake of others is very important. Our physical body does not want to do this. To live for the sake of others you need to prepare sacrifices, you need to think of others first. This is great training in denying our own self and, at the same time, it is also very good training for subjugating our own body.

Fourth, you must become one with and follow True Parent and Jesus who have shown the model course of subjugating Satan. To do that, you must lay the basis for the foundation of faith and the foundation of substance and meet the messiah on that foundation and enter the position of the couple, which is the level of true love.

While establishing the foundation of faith and foundation of substance, you must also get rid of your fallen nature. Through that process, you need substantial results of finding your original nature.

Establishing the Foundation of Faith and Foundation of Substance is our formula course to subjugate Satan. Without going through the Foundation of Faith and Foundation of Substance, how can I control my physical body, how can I get rid of my own fallen nature? That is why everybody without exception needs to go through the formula course which is establishing the Foundation of Faith and Foundation of Substance. This is very important. (You need to) absolutely unite with God and then unite with your Abel and remove your fallen nature. You need to have reconciliation between Cain and Abel. Only based on that foundation do you have the qualification to welcome(?) the messiah and then receive the Blessing and enter the foundation of love.

As long as you pass through the foundation of faith

and foundation of substance that anyone can recognize, you need (have?) substantial results. First, check that by faithfully carrying out one's responsibilities, it brings about the result of joy that can inspire gratitude for oneself.

Overflowing with gratitude is proof that my inner person (spirit body) is very healthy. That is proof. If you always have a heart of gratitude, that means your spiritual body is very healthy.

However, if you always complain and... express(?) dissatisfaction, and blame and criticize others, and easily feel jealousy, that means your spirit body is not healthy at all.

How can I know, what is the proof that my inner person, which is my spirit body, is healthy or not? Do you have appreciation or not? If you are really grateful in any circumstances, then your spiritual body is always healthy. But if you easily complain to your wife or husband, easily judge your children or your central figure, and are always negative, that means your fallen nature is very strong. Your spirit body is not at all healthy.

You must enter the completion stage with a healthy inner person (spirit body) and begin life as a couple.

We are Receiving Education of the Era of Cheon Il Guk

2. Today, we passed the Completed Testament Age and are receiving education of the Era of Cheon Il Guk. Then how much have you really found your original nature through the Word and Law of the Word? How much strength of your original nature have you found that overflows with gratitude? Many of our American members are visiting established churches and doing witnessing activities, but how many of you are really feeling the preciousness of our word? If we just go to churches to attend worship service and form relationships externally, that is just wasting time. It must become a life when you visit churches, you discover and feel something when you see what they believe in. With what kind of devotion and foundation do those Christians come to church and worship? What kind of plan does God have for this reality and church?

The path of faith is ultimately overcoming your fallen nature and finding your original nature. Then while walking on the path of restoration until now, how much have you all found your original nature and are living a life of your original nature?

If you overcome your fallen nature and find your original nature, you will always be overflowing with gratitude. And you will automatically have the heart to

live by the Word and for the sake of others.

How many of you are really feeling the preciousness of our Divine Principle through witnessing activities in other churches? Do not just go to churches to attend worship services and form relationships externally.

Many American brothers and sisters go to Christian churches and serve them (and ask) how to witness. You are doing very well. However, (yours) must become a life (in which) when you visit churches, you discover and feel something when you see what they believe in.

Whenever you see Christians, think about what level they are advancing from in God's providence of Restoration that they are facing. Pray about what kind of plans God has for the church and congregation you are visiting.

I Received the Holy Spirit's Fortune Through the Grace of my Ancestors!

3. God has selected Christians as the chosen people and raised them until today, but what are His plans for them now? How does God intend on restoring them through us? While asking yourself these questions, if you feel God's many sorrows and carry His pitiable heart, God will surely make you meet a prepared person. If you do that and meet a precious person prepared by God, you will also realize something precious through them. While visiting churches or doing witnessing activities, we will realize the preciousness of our word once again and realize just how precious of a being I am. You will come to realize, "I am full of many shortcomings and do not have anything, yet how did God choose me? Others were not touched by hearing these precious words, but how could God have made me touched by the Principle and join the church? God's Holy Spirit must have especially helped me! Even though my intelligence and emotional levels are low, when looking at how I long for the Word and go searching for it, I received the Holy Spirit's fortune through the grace of my ancestors!"

Father clearly teaches us: he says (that) God has a clear plan for each individual – even though there are 7.8 or 8 billion people – (for) each family, each church, each tribe, and each nation. He has a clear plan (for) how to restore each individual, family, church, tribe and nation.

Therefore, whenever you meet someone, find out how much God's providence is advancing in regards to that individual and their group through the merits of their ancestors.

Also, whenever you visit churches, check how much God's providence for that church is advancing and how much spiritual foundation is established to connect their church and ours.

God has selected Christians as the chosen people and raised them until today, but He has a clear plan for them. In that case, we must offer prayer and devotion on how God intends to restore them through us.

While asking yourself these questions, if you feel God's many sorrows and carry His pitiable heart regarding that church and their congregation, God will surely make you meet a prepared person.

This is a very important point.

If you do that and meet a precious person prepared by God, you will also realize something precious through them. While visiting churches or doing witnessing activities, we will realize the preciousness of the Divine Principle, our word, once again and realize just how precious of a being I am.

While thinking "I am full of many shortcomings and do not have anything, yet how did God choose me?" you will realize, "God's Holy Spirit must have especially helped me!"

Every day I exercise and go to the Hudson River. I see so many people over there. I look at each of their faces: "Heavenly Father, they are your children, right?" He says, "Yes." "How about that person? What is his level? At what level will he connect to you and True Parents? What is his restoration course? Can he reach heaven very soon? (Is he) already 70% or 80% or 90% (there)?"

God has a very clear plan (for each person) based on the foundation of their ancestors. That is why there are surely prepared people. We need to reach that kind of person. Someone who has already reached a certain level is already ready to connect to Heavenly Parent.

The problem is that they cannot find a Unification Church member. Then the spiritual world cannot do anything. Therefore, we are the ones who are seriously searching for who are prepared by God, who has already reached a certain standard who can meet God through us. That is why our witnessing is really important.

We Overcome the Flesh with the Active Cooperation of the Holy Spirit

4. In this way, at the growth stage, you must know how to be grateful through the cooperation of the Holy Spirit. When I have the attitude to obey the Word, when my physical desires are strong and my inner person is weak, the Holy Spirit cooperates with me again through dreams. Since the physical mind is always strong, the Holy Spirit joins and helps me overcome the flesh. You have to try to have many experiences of the Holy Spirit guiding you to have a sense of foreknowledge, such as receiving directions from the Holy Spirit, being woken

up by the Holy Spirit when you are asleep, and at times, the mind wants to go or does not want to go to some place. In this way, at the growth stage, we overcome the flesh with the active cooperation of the Holy Spirit.

When I really receive the grace of the word and have the attitude to obey the Word, when my physical desires are strong and my inner person is weak, the Holy Spirit will work directly or the spirit world will teach me through dreams or help me.

The spiritual world and God know me very well. My spiritual power is not so strong, so I cannot win (over) physical desire.

However,... (if) you really receive the grace of God's word – "I really want to practice; I want to overcome my physical desires" – then surely God will help you based on that kind of... beautiful attitude.

Since the physical mind is always strong, you have to overcome the flesh with the help of the Holy Spirit. If you have an attachment to the Word and strive to overcome the flesh centering on the word, you will receive directions from the Holy Spirit and even feel being woken up by the Holy Spirit when you are asleep.

This is how you overcome the flesh through the active cooperation of the Holy Spirit in the growth stage.

Today I talked about how to really control our physical self. I already mentioned a few points. One of the most important points is that we can control the physical body through God's word. God's word is that powerful because God's word is God's love. That is why we really need to study God's word and receive a lot of God's grace through God's word. God created human beings by his word. We can grow up through God's word.

LIVING TESTIMONY: I'm a Living Testimony for Whom Anything is Possible

(Testimony of Rev. Schota Iwasaki, State leader of Pennsylvania.)

Of course, we need to witness. But we also need to focus on the restoration of the environment as well. That is Mother's and True Parents' wishes.♦

(Response to sharing) Sometimes when you feel it is very difficult to pray, then you need to be inspired by God's word and write down the content that inspired you the most. No. 1, what is that? No. 2, what is that? When you discover very nice words and are inspired to study the Divine Principle, you need to write down that content. You need to make a notebook of what content inspired you the most. On each point (of this content) you need to meditate and repeat it while you are inspired. Why did this word touch you? That is your prayer

content(?). When you meditate centered on that kind of content that inspired you the most, (you may shed) tears and reflect (about) yourself. You feel very sorry to God and repent. Then meditation can become deeper and become prayer.

Meditation is very important. Sometimes it is not easy to talk with God and to communicate (with him). Which word really stimulates and inspires you? Based on that content, your notebooks will become two or three or more notebooks. Later on whenever you have time, go back again (to your notebooks). Any content that inspires you when you meditate can inspire you again. It can then become deeper and become very strong prayer content for you.

(Response to Second Sharing) If you don't have a child and you are struggling to adopt a child from another blessed family (unsuccessfully), then you can adopt an outside child because God really wants to cultivate your heart. He wants to let you understand that he is your parent. You need to learn parental heart through raising children.

(You?) had a beautiful experience raising an adopted child, directly receiving guidance from heaven. Wow! How much God loves you!◆

NOTE: This lightly edited transcription may contain errors and omissions. Indecipherable or uncertain words and guesses are tagged with a "(?)" and indecipherable phrases, with an ellipsis "...". First, second and third person pronouns have been left as spoken if the meaning is clear, and other apparently Korean English expressions have been preserved. Some repeated phrases have been eliminated. This text and the PowerPoint slides from this speech are available as PDF files at the top of this text. Audio only is available at anchor.morndev.com, [spotify.morndev.com](https://open.spotify.com/playlist/37i9dQZF1DX0X0fQv13000) & audio.morndev.com. Notes or transcripts of Dr. Yong's Morning Devotion speeches from November 11, 2020 through March 29, 2022 are available as six paperback books at cost at Lulu.com/Shop -- search for Dr. Chung Sik Yong -- and as PDF downloads free of charge at MDBooks.Hoondok.com.◆

Episode 264

Morning Heart Devotion

The 16th 40 day Jeongseong Condition (29th day)
264 day (629)

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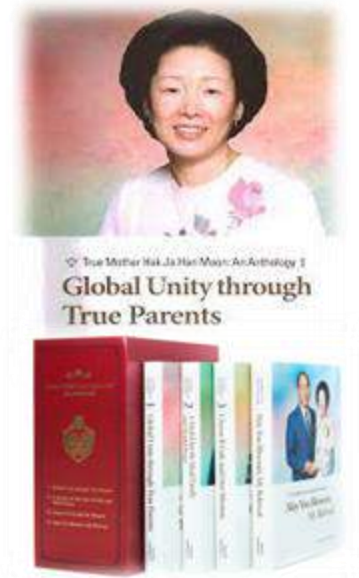
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North America HQ

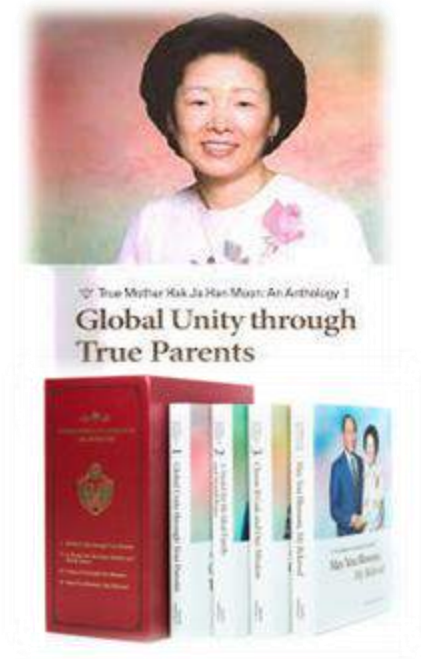
A life of jeongseong

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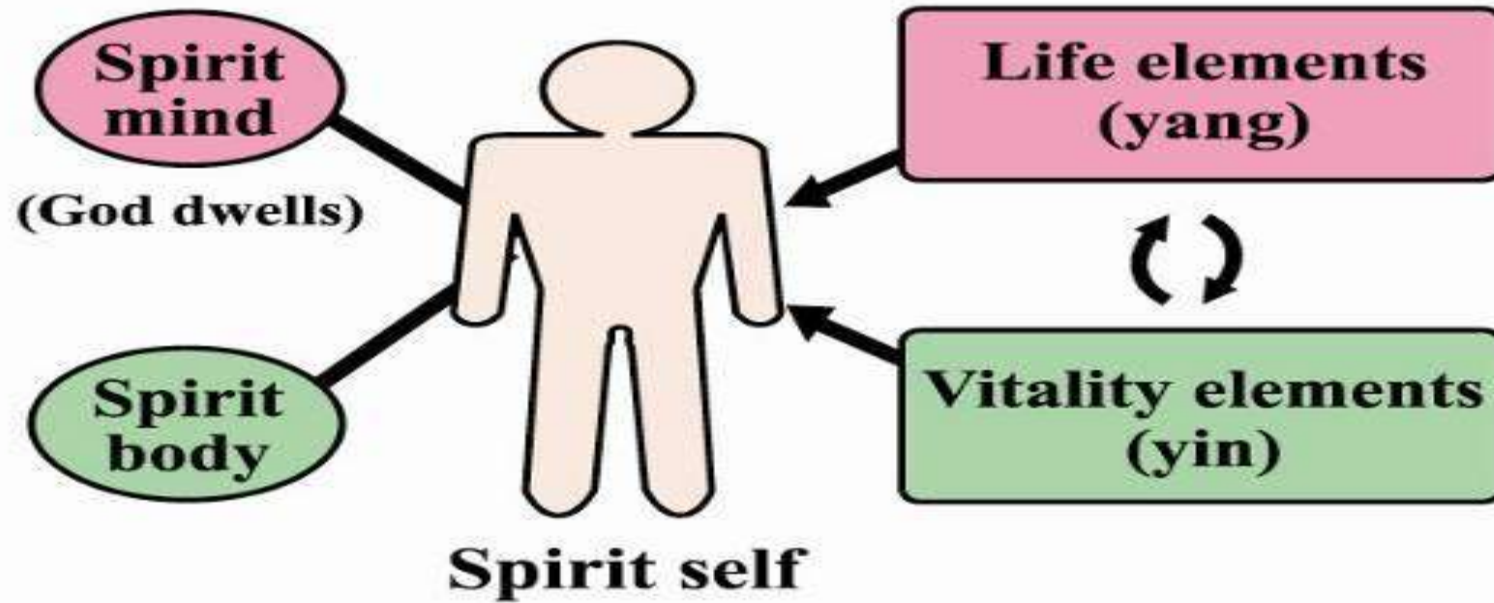
Living Divine Principle

Principle of Creation 59

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영인체의 구조

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Today's Youth Ministry

How do you Subjugate the Body?

육신을 어떻게 굴복시킬 것인가?



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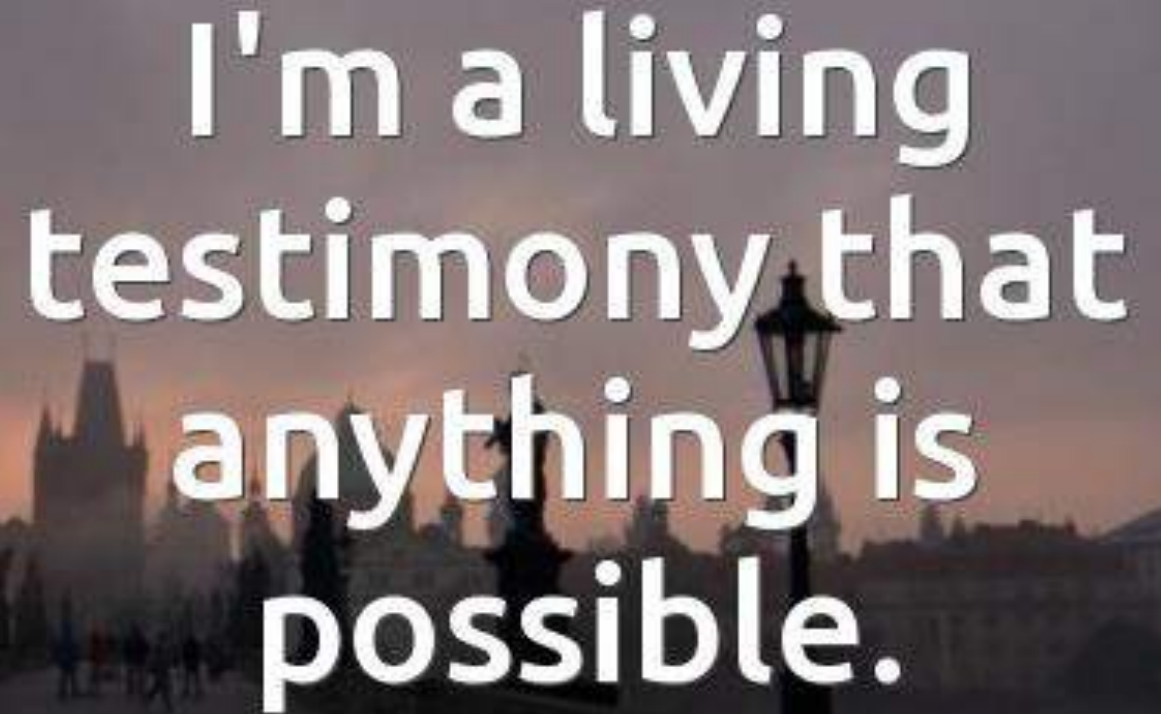
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the Holy
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of my
ancestors!

3. God has selected Christians as the chosen people and raised them until today, but what are His plans for them now? How does God intend on restoring them through us? While asking yourself these questions, if you feel God's many sorrows and carry His pitiable heart, God will surely make you meet a prepared person. If you do that and meet a precious person prepared by God, you will also realize something precious through them. **While visiting churches or doing witnessing activities, we will realize the preciousness of our word once again and realize just how precious of a being I am. You will come to realize "I am full of many shortcomings and do not have anything, yet how did God choose me? Others were not touched by hearing these precious words, but how could God have made me touched by the Principle and join the church? God's Holy Spirit must have especially helped me! Even though my intelligence and emotional levels are low, when looking at how I long for the Word and go searching for it, I received the Holy Spirit's fortune through the grace of my ancestors!"**

We
overcome
the flesh
with
the active
cooperation
of the Holy
Spirit

In this way, at the growth stage, you must know how to be grateful through the cooperation of the Holy Spirit. When I have the attitude to obey the Word, when my physical desires are strong and my inner person is weak, the Holy Spirit cooperates with me again through dreams. Since the physical mind is always strong, the Holy Spirit joins and helps me overcome the flesh. You have to try to have many experiences of the Holy Spirit guiding you to have a sense of foreknowledge, such as receiving directions from the Holy Spirit, being woken up by the Holy Spirit when you are asleep, and at times, the mind wants to go or does not want to go to some place. In this way, at the growth stage, we overcome the flesh with the active cooperation of the Holy Spirit.

Living Testimony

A photograph of a snowy street at dusk. In the background, a church with a tall spire is visible against a dark, orange-tinted sky. A street lamp stands in the foreground on the right. The scene is covered in snow, and there are some silhouettes of people or trees in the distance.

I'm a living
testimony that
anything is
possible.



all shota Iwasaki

DP One on One education and single pastors preparation for the blessing





Weekly Lecture
training with
Pastor Nkrumah



Building genuine Community Oriented church
through environmental justice and beautification
projects Within
The Zip code of 19144





Creation of Holy Grounds

@Community College of Phil

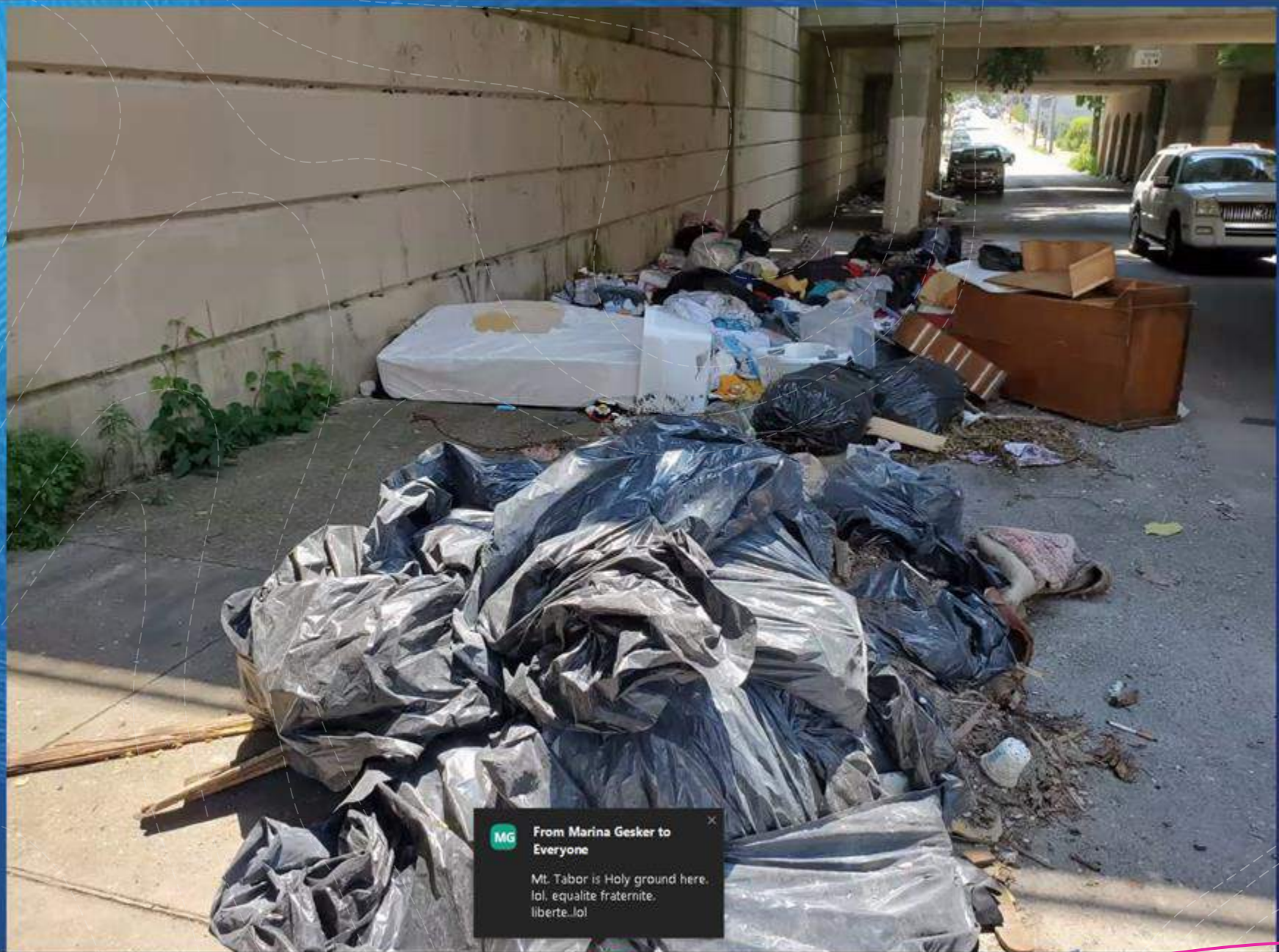
@Germantown Mennonite first Church and burial site

@University of Pennsylvania

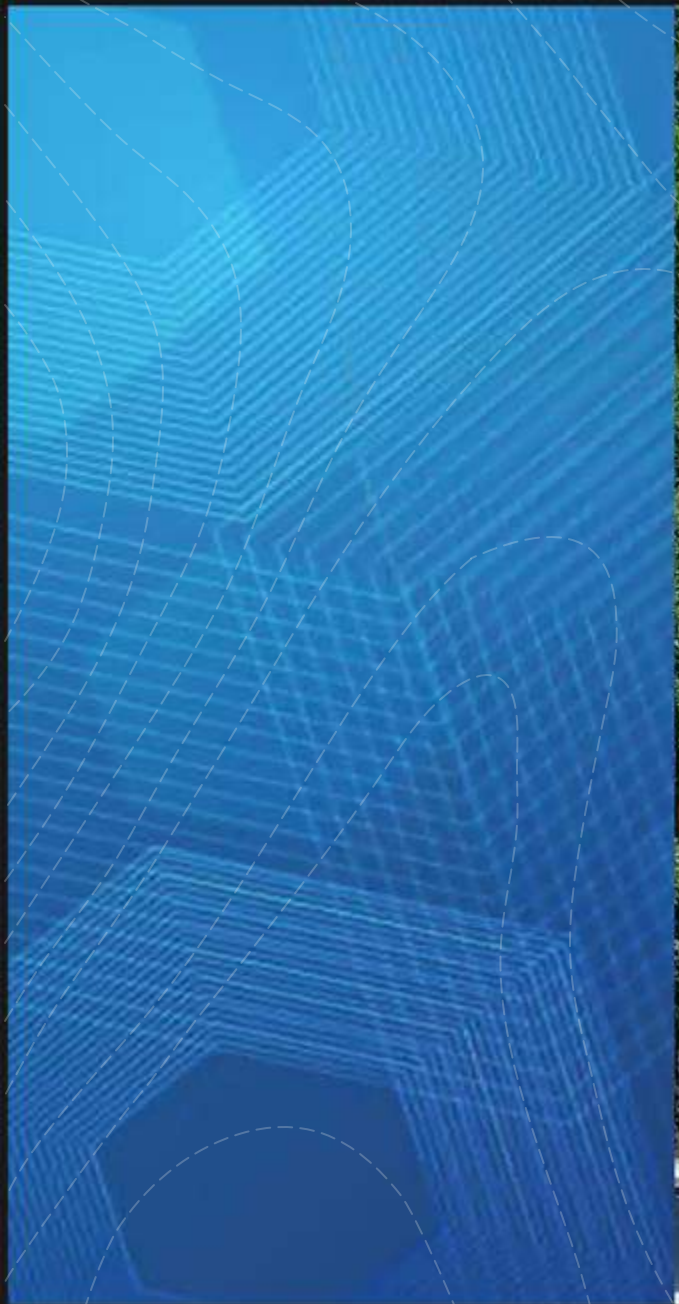
"all the souls here in rest with God"

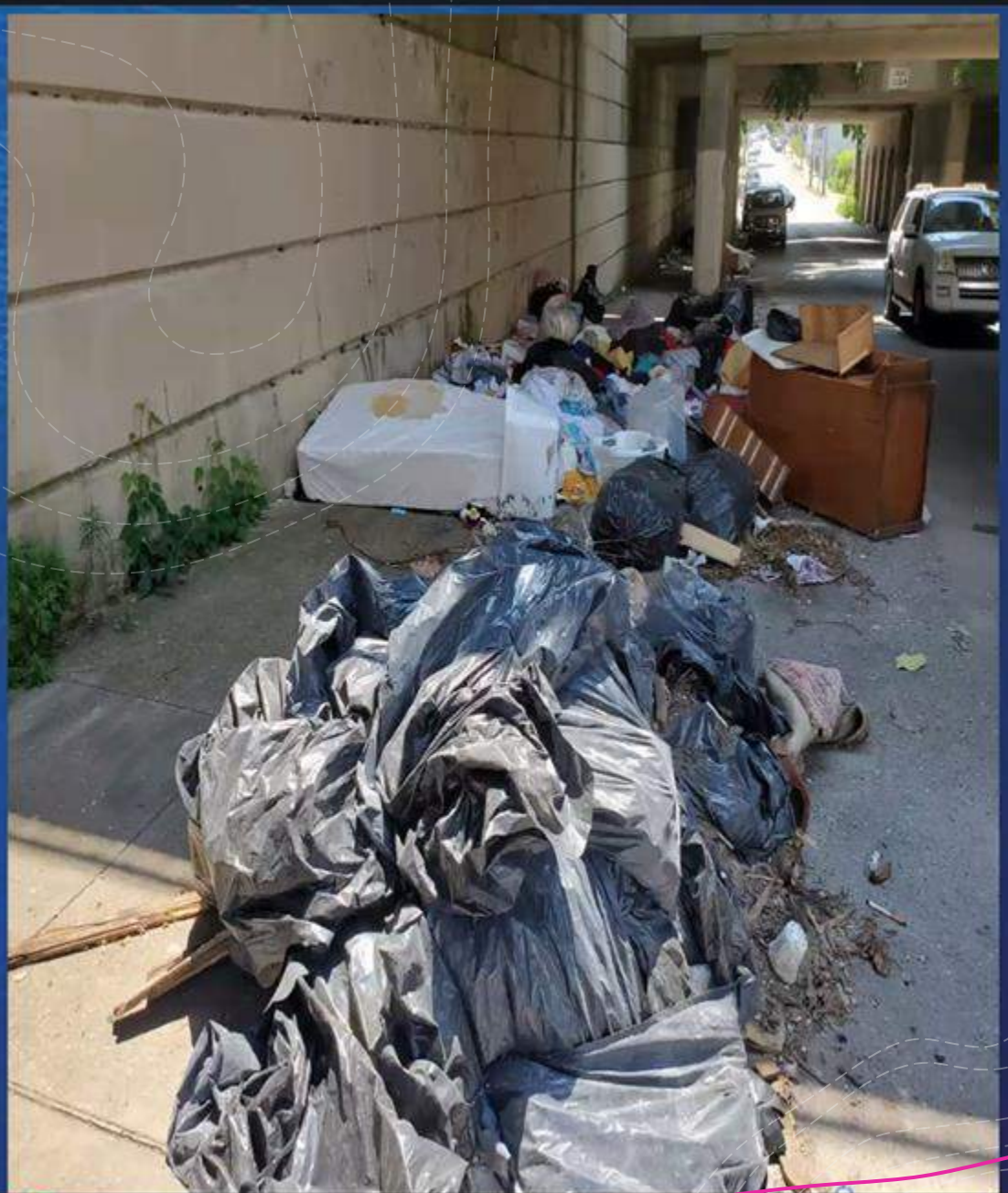
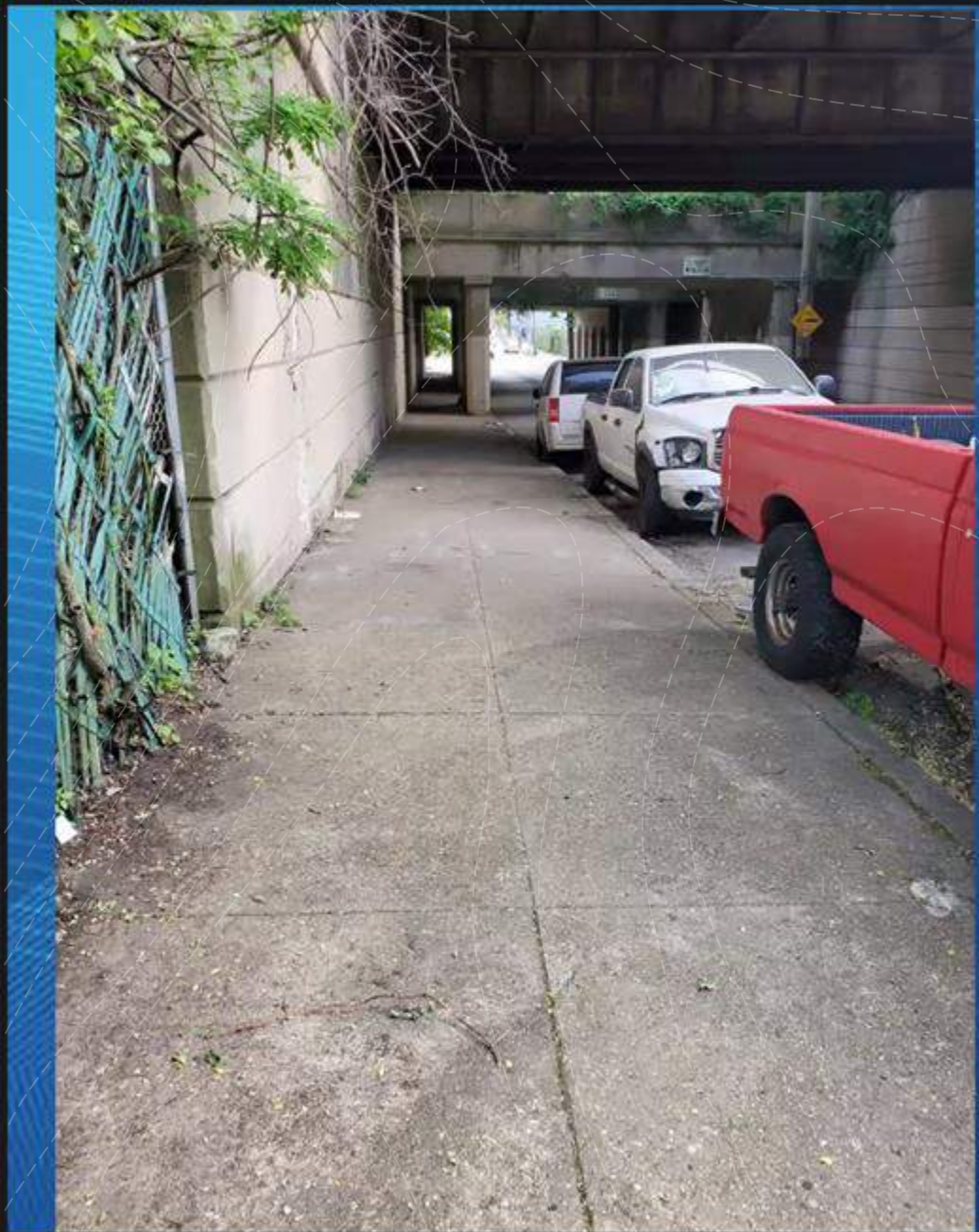


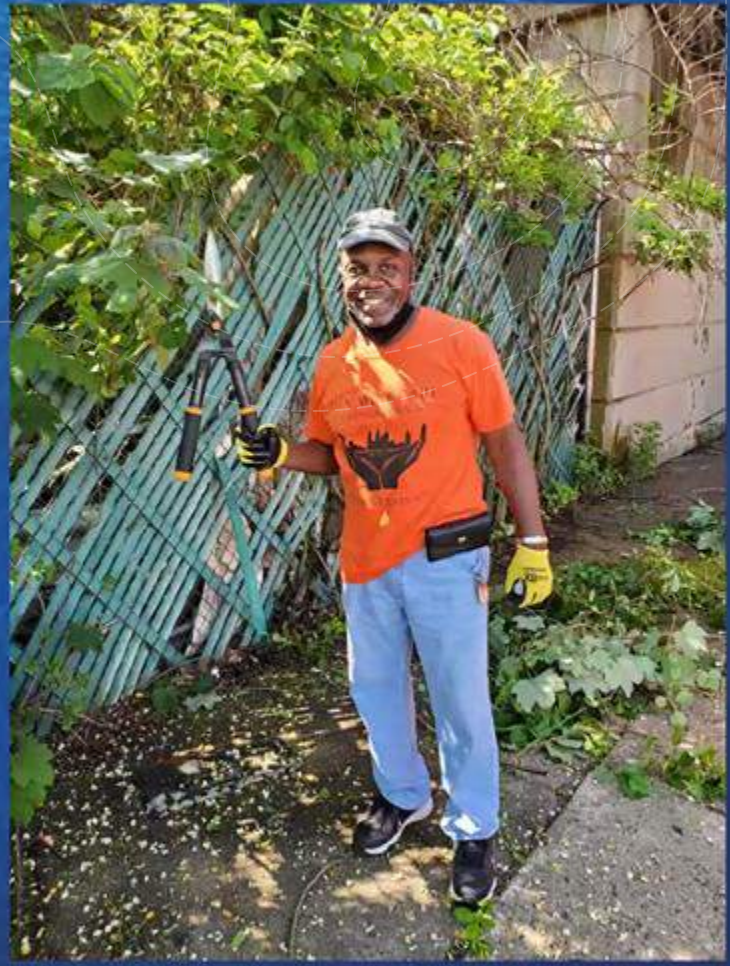




MG From Marina Gesker to Everyone
 Mt. Tabor is Holy ground here.
 lol. egalite fraternite.
 liberte.lol









“Community beautification raises community and individual pride, and often brings a community closer together for common activities, with noticeable crime reduction effects”

Dr. Michell Kondo



LET'S "TALK TRASH"!!



THE COMMUNITY ROUNDTABLE

Germantown Beautification.

Illegal Dumping.
Cleaning.

SATURDAY, JUNE 18TH @ 12PM

Where : 5546 Pulaski Ave

REFRESHMENTS PROVIDED

Register Here: <https://bit.ly/3K60iiYLetsTalkTrash>



Sponsored by:



Bring Awareness



Shota Iwasaki







CITY COUNCIL PASSES COUNCILMEMBER OH'S BILLS TARGETING ILLEGAL DUMPING AND ILLEGAL PARKING OF LARGE COMMERCIAL VEHICLES IN RESIDENTIAL NEIGHBORHOODS



in Council News, David Oh, News by PHL Council / June 17, 2022





Townhall Meeting in mid-September *Solution!*



shota Iwasaki

The background features decorative elements: purple dashed lines and white circles in the corners. In the top-left corner, there is a white circle partially cut off by the edge, with several purple dashed lines curving downwards and to the right. In the bottom-right corner, there is another white circle partially cut off, with several purple dashed lines curving upwards and to the left. The text "Thank you so much" is centered in the middle of the page.

Thank you so much