Class 101
A Heart for God

What is my Spiritual Style?

Facilitator Script

HSA-UWC
January 16, 2011

Spiritual Styles Survey

Rate each statement on a scale of 1 to 5, 1 being the least true about you and 5 being the most true about you.

1. ___ I feel closest to God when I’m surrounded by the mountains, the forests, or the sea.
2. ___ I enjoy a highly decorated church and a service with incense, beautiful art, and candles.
3. ___ The words tradition and history appeal to me.
4. ___ I would enjoy an overnight retreat at a monastery praying and studying alone.
5. ___ I would like to awaken the church from its lack of interest for social issues.
6. ___ I feel closest to God when I see him in the needy, the sick, or the imprisoned.
7. ___ God is exciting, and worshiping him excites me.
8. ___ Intimacy with God appeals to me.
9. ___ I feel close to God when I read God’s Word or good books on spiritual topics.
10. ___ I start to feel disconnected from God when I spend too much time indoors listening to speakers or singing.
11. ___ A church building should be filled with a sense of awe and majesty.
12. ___ I sense God’s presence through rituals like daily scripture readings.
13. ___ Taking a short vow of silence would be beneficial for my life.
14. ___ I connect with God best when I’m standing up for justice and confronting evil.
15. ___ I grow weary of people who spend their time singing songs while a sick neighbor goes without a hot meal.
16. ___ The words celebration and joy appeal to me.
17. ___ I would benefit from thirty minutes of quiet daily prayer to enjoy His presence.
18. ___ I spend more money on books than music.
19. ___ I would prefer to worship God beside a small brook than by participating in a group service.
20. ___ The words colorful and aromatic appeal to me.
21. ___ I would enjoy reciting a set prayer for daily worship.
22. ___ I feel closest to God when I am alone with no distractions.
23. ___ I become frustrated with members who don’t care and are not active.
24. ___ The words service and compassion appeal to me.
25. ___ I would enjoy learning to worship through dance or contemporary music.
26. ___ More than anything else, God is a God of love and friendship.
27. ___ I connect with God best when I discover something new about Him through my studies.
28. ___ If I could take a trip by myself to the mountains, I would be hap
29. ___ I would enjoy listening to music, drawing, or exercising to improve my prayer life.
30. ___ I feel closest to God when participating in a familiar form of worship from my childhood.
31. ___ I would describe my faith as more "internal" than "external."
32. ___ The words courageous and confrontation appeal to me.
33. ___ I sense God’s power when counseling a friend who has lost a job.
34. ___ I spend more money on music than books.
35. ___ I would rather be alone with God, contemplating who He is, than participate in a formal service.
36. ___ Proper doctrine is more important than spiritual experience.
37. ___ Discovering God’s beauty in nature is more moving to me than participating in social causes.
38. ___ I would rather spend time in an art museum than volunteering.
39. ___ Individualism within the church is a real danger.
40. ___ The words silence and solitude appeal to me.
41. ___ Activities like challenging the new curriculum at a local school board meeting are important to me.
42. ___ I would rather nurse someone to health or help someone repair their house than go on a prayer retreat.
43. ___ Celebrating God and his love is my favorite form of worship.
44. ___ The most difficult times in my faith are when I can’t feel God’s presence within me.
45. ___ The words concepts and truth appeal to me.
## Survey Tally Chart

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**TOTALS**