

The Closest Teacher To You Is Your Own Mind

Sun Myung Moon

July 10, 1984

Own portion of responsibility

Belvedere



Photo date and location unknown

The closest teacher to you is your own mind.

Thus, you should not torment it.

You should not make it unhappy.

If you do, you make the Owner of the universe and me unhappy.

Your mind is the master of your life.

Consequently, when you make your mind sad, you make the master of your life sad.

You should follow a path that gives it joy.

(133-180)