



## Presented By:

## **DOYLE BANKS**, Nonviolent Communication Educator

It would be an understatement to say that there is a whole lot of angst and anxiety in the air these days, both in our nation and around the world. And if you listen closely, you may notice that our voices are getting louder and more strident while

at the same time, we seem to be less and less able to truly hear each other. If peace starts with me, how can I create and maintain meaningful connections with the people around me, ones based on compassion and a deep connection of heart?

In his presentation, "Creating and Keeping Compassionate Connection", Doyle Banks, a Nonviolent Communication Educator based in Portland, Oregon, will share some steps to bring about a meaningful dialogue between yourself and others. These tips will be especially useful in becoming compassionate leaders in your community, families, and your WFWP chapter; use skills learned from this webinar to effect peaceful, even cooperative resolutions in situations of conflict.

Doyle Banks was first introduced to Nonviolent Communication by a close friend in 2009. He began studying, practicing, and teaching the method soon after. Over the years since then, Doyle has witnessed the power of empathic connection to bring reconciliation, healing and peace to dozens of people in many life situations. He offers workshops, classes, and public presentations on Nonviolent Communication. Doyle also works with individuals, couples, families, and groups through Life Coaching with an emphasis on Nonviolent Communication skills to create compassionate, harmonious, and effective relationships.

Note: We will be using Zoom for this webinar. If you don't have Zoom already, <u>click</u> <u>here</u> to download before the webinar.