"Three Sistas Healing Retreats" present a Women's Retreat:

"Healing Ourselves, Healing Our World" May 25 - May 27, 2012

UTS Interfaith Seminary, Barrytown, NY \$90 if pre-register, \$120 at door (plus lodging)

Co-sponsored by: Upstate NY Women's Federation for World Peace & PeaceSanctuary

Hosted by: Dorothy Hill, Gillian Corcoran & Kim Barry

- Group sessions
- Break-outs
- Guided meditations
- Dancing
- Yoga

- Candlelight Labyrinth walk
 with campfire & singing
- Vision boards
- · & Much More
- Be Inspired, Be Healed!

For more information email: healingwomen2012@gmail.com

Or go to: http://peacesanctuary.org/news1.html

Send checks or money orders to: WFWP 19 Trow Blvd. Red Hook, NY 12571

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Women's Healing Retreat Schedule (Draft 4)

Friday May 25th – Sunday May 27th, 2012

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5:00 pm - 6:20 pm Registration

6:30 pm - 7:30 pm Dinner

7:30 pm— 9:00 pm Introductions & Guidelines (whole group)

Saturday May 26th

7:45 am — 8:45 am Breakfast

9:00 am – 10:30 am Session 1 (whole group)

10:30 am – 10: 45 am Break

10:45 am – 12:15 pm Session 2 (whole group)

12:15 pm – 1:45 pm Lunch

2:00 pm – 3:30 pm Session 3 (Break – out)

3:30 pm - 4:00 pm Break

4:00 pm - 5:30 pm Session 4 (Break – out)

6:00 pm - 7:15 pm Dinner

7:30 pm – 8:45 pm Fun activities (dancing,.....)

9:00 pm – 10:15 pm Candlelight Labyrinth Walk, campfire, smores, singing

Sunday May 27

7:30 am – 8:30 am Breakfast

8:30 am – 9:50 am Session 5 (Whole group)

10:00 am – 11:20 am Session 6 (Break – out)

11:30 am – 12:30 pm Closing (Whole group)

12:30 pm Lunch and Departures