

FFWPU USA Blessing and Family Ministry: What's Stopping You From Getting Matched?

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November 10, 2023



FAMILY FEDERATION

The Newsletter

Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

November 10, 2023

Hello family. New *MatchNet Podcast* episode. Upcoming matching education programs. The Family Project activities. Expressing regret. Local Sunday Service livestreams.

listen

What's Stopping You From Getting Matched?



MatchNet Podcast

Ep. 65:

What's Stopping You From Getting Matched? (Vlog from Cheong Pyeong)

Benjy goes through a brief mental exercise in this episode to help you better understand your obstacles to getting matched and how to move forward courageously.

MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.

[listen now](#)

events

Upcoming Matching Education Programs



There are three virtual events happening this month related to the matching and Blessing. Zoom links will be sent to those who register.

Saturday November 18 Parents & Singles Matching Education

@ 11 AM – 4:30 PT EDT (8 AM – 1:30 PDT)

Education in the matching process for families, matching supporters, and singles (including first generation). How and when to begin, tips for success, challenges in the journey, and available support.

Sunday November 19 Matching Supporter Training

@ 4 PM – 9 PM EDT (1 PM – 6 PM PDT)

Training for Blessed members to become qualified Matching Supporters in order to

support families and singles (including first generation) in the matching process.

Saturday November 25 First Generation Blessing Education

@ 12 PM – 6 PM EDT (9 AM – 3 PM PDT)

The importance, meaning and unique value of the Blessing, why it differs from marriage, and how to prepare for the matching. Valuable for new single first generation members, matching supporters, pastors, witnesses, and spiritual parents to understand how to support new members in the matching and Blessing.

Please register as soon as possible and keep the dates open on your calendar. If you have questions please contact matching@unification.org or john.abelseth@gmail.com.

[november 18 registration](#)

[november 19 registration](#)

[november 25 registration](#)

what's new?

The Family Project November Activities

GRATITUDE



The Family Project has curated activities for this month surrounding the theme

"gratitude" to help your family have a meaningful month connection and growth.

There is one activity for each week of the month. Fit the activities to your lifestyle, at your own pace, and in your own way. Have fun!

[download november activities](#)

food for thought

Expressing Regret



with Myrna Lapres

The second step in the four-step practice *Beginning Anew*** is expressing regret or apologizing for anything that you wish you would have done differently. When we recognize that we made a mistake or have hurt someone that we deeply care about, it helps if we can find the courage to apologize before it becomes a knot in the relationship.

[Read more](#)

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Local Sunday Service Livestreams



Stay connected by tuning into one of our livestreamed Sunday Services across the nation!

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N O V E M B E R

GRATITUDE

WEEK ONE

Practicing gratitude is a beautiful way to help us appreciate the positive things in our lives and to find the positive in the more difficult moments.

Grateful for My Family: use this link to find song ideas, discussion questions, and activities to celebrate gratitude all month long.

WEEK TWO

Grateful turkey activity: You'll need lots of colorful construction paper for this activity. Make a turkey body (you can find outlines online or trace objects you have around the house that are round or circular) and cut 30 feathers for each turkey. Every day ask your child what they are grateful for and write it on a feather. Tape the turkey(s) to the wall or somewhere it can be seen daily, and add one feather for each day in November.

WEEK THREE

Spreading love and gratitude to others. Collect food or toys to drop off at a local shelter. Ask grandparents, aunts, uncles and neighbors if they would like to contribute. Make it a family outing where you all go to the shelter or drop off point together.

WEEK FOUR

Each person chooses one friend or family member to write a letter of gratitude to. The letter can include anything, big or small, that you feel grateful for regarding the person you choose--a memory you have with them, how they make you feel, etc. You can buy thank you cards or make and personalize them together. Then go to the post office together and send the letters out.

DECEMBER THEME: BE PRESENT