

“FIRST TONG-IL MOO-DO TRAINING IN PADOVA 2022”

Report by Elena Chirulli, CARP Italy



The Paduan section of CARP Italy organized the FIRST TONG-IL MOO-DO training in Veneto on Sunday 11 September 2022. The event took place in Padua in collaboration with the FFWPU Padua which supported the costs and the WFWP Padua which contributed to the logistics. The location identified was the Power Gym Club which enthusiastically joined the initiative. Silvio Galante Instructor in charge of the gym was very kind and particularly interested in Korean martial arts since his son is the Italian champion of Taekwondo.

Although the time for the preparation of the workshop was very short, the



invitation aroused the interest of many people who also came from different cities. The total number of participants reached twenty.



The event was divided into three phases. After the registration of the participants and the welcome message from Megumi Tona (CARP Italia) and Flora Grassivaro (WFWP Padova), Elena Chirulli briefly illustrated the history and ideal of Tong-Il Moo-Do, below Megumi Nabeshima has some basic moves and a minimum of self-defense moves. After a very short break almost non-existent, because the participants were so interested that they didn't want to take a break, the second part of the training began in which everyone followed the sequence of movements that Megumi Nabeshima presented with admirable agility and competence. At the end of the meeting a choreographic sequence exhibited by the teacher to the notes of "The eye of the tiger".



All the participants were happy with the afternoon spent together and, for some, the new experience. Silvio Galante of the Power Gym Club is open to new collaborations with CARP and has entertained with Angelo Chirulli, President of FFWPU-Padova, an interesting conversation on martial arts and their impact on the spirit and body of the students. We are sure that this workshop will not be the only opportunity here in the Veneto region and we hope that, in particular the young people, can acquire the study of Tong-Il Moo-Do to improve themselves and society.



