

## Come to the Young Adults Nordic Winter Workshop in Helsinki, Finland

H. Toresen  
November 6, 2019



This year's Nordic Winter Workshop for young adults will take place in Helsinki, Finland from December 29th to January 4th.

"Hello! (or Moi Moi as they say in Finland)

We are so excited to invite you all to the annual Nordic Winter Workshop that will be held in the beautiful, white and wintry Finland!



*The workshop site in Finland.*

This year we have some REAL goodies we want to present you. First of all, we have some of the REALest, freshest and most organic lecturers in Europe who are coming to share their knowledge with us. We promise to only provide you with REAL, relatable and authentic content. We will have content ranging from deep and "taboo" topics such as sexual ethics and practical steps to creating ideal families. Our content will also include; what are steps we can take in our lives to improve ourselves and, what is our identity?

I know there are several times you have stumbled upon these topics in workshops, in discussions with your friends and when talking with your family members. In this workshop we promise to provide you with new content that is applicable to your everyday lives. Additionally, we want to set off time for you to go deep into yourself and reflect in a safe and happy atmosphere filled with other BCs. We want to dive into deep and difficult questions. However, rather than you doing this by yourself, we want to do this as a big family and hope to create space for you to break down doubts or question you may have.

This workshop is also a time to rekindle some of your friendships and see friends you haven't seen in

years, and give you the opportunity to make new friends, accountability partners or mentors – who knows what will happen and who knows what kind of amazing people you will meet. J We are so much looking forward to creating the most beautiful New Year's Eve with all of you as BCs.

We are happy to present you the motto for this year's Nordic Winter workshop 2019/2020: KEEPIN' IT REAL.

WE hope to see YOU there!



If you are coming a few days earlier or staying a few days after the workshop, then we can try to arrange for you to stay with a Finnish family.

Looking forward to seeing you all very soon!

P.S. We are still figuring out some logistics, so until we are ready with this, we ask you to wait with booking any flight tickets.

With lots of love,

H. Toresen



**Practical information:**

**Date:** 29th December 2019 – 4th January 2020.

**Venue:** Turaniementie 61, Tuusula, Helsinki, Finland.

**Age group:** 18+ (i.e. young adults).

**Application deadline:** 30th November 2019.

**Fee:** 130 Euros.

**Motto:** "KEEPIN' IT REAL"

**Registration link:**

[docs.google.com/forms/d/e/1FAIpQLSdC-hcRLVuDXu5RD7UbZYXRq7LaGZmQHbh73x2p\\_wEB5h0L8w/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdC-hcRLVuDXu5RD7UbZYXRq7LaGZmQHbh73x2p_wEB5h0L8w/viewform?usp=sf_link)

Facebook event link: [www.facebook.com/events/2458916414188784/](https://www.facebook.com/events/2458916414188784/)

Please feel free to contact the organisers about any other inquires. Email: [heiditoresen@gmail.com](mailto:heiditoresen@gmail.com)



**Personal testimony from the previous workshop organiser:**



*P. Nylén speaking at the last Nordic Winter Workshop*

"My name is P. Nylén, I am 25 years old and come from Sweden. I am the previous organiser of the last three Nordic Winter Workshops. It has been an amazing experience to organise these workshops. The

Nordic Winter Workshop was originally called the Swedish Winter Workshop and was originally intended for the Swedish HARP community. My community always organised the Swedish Winter Workshop and it was always such a great experience for me to attend and be a part of. But as I grew older, the Swedish HARP disappeared, and so did the Winter Workshop. I had talked with quite a few 2nd gen about bringing back the Winter Workshop but instead making it for older 2nd gen. Initially, I just wanted to attend the workshop, but I realised soon that many shared my vision of attending the workshop but didn't want to organise it. At the time, I was working with J. Jolin delivering newspapers. We decided together to organise the workshop. For about 9 months, we met up every two weeks to plan the workshop. As none of us had organised a workshop before, we had to learn everything from scratch. It took us longer to plan than maybe it had for other people, but for us it was necessary because everything had to be right.

Since we both desired to attend rather than to organise the workshop, we structured the workshop based on how we would have wanted the workshop to be like. The topics for the lecturers were questions that I felt were not so clear for me in my life. It turned out that these were things that other 2nd gen could also relate to.

It has been challenging organising these workshops as they can be very demanding, but it has been a great experience overall. Since the workshops were not so big, I had the chance to really converse with all the participants and staff. I am so grateful for all the things I have learnt attending these Winter Workshops and the amazing friendships that I have made. Thank you."

– P. Nylén