

CARP Talk ~ Value ~ V. Ormond ~ 16th December 2015

This week's CARP talk was given by V. Ormond, a young professional who has experienced many things in her life where she's been able to find her 'Value', which was also this week's topic.



Value is, in many ways, a very difficult topic to speak on. How often do we forget our value in the midst of daily life? We can often be stuck on a busy bus or train and be overcome with these negative thoughts that can seem to engulf us. We struggle to see how we make a difference to this big universe that we share with the 7 billion other people on this planet.

V. spoke about experiences in her life where she found her 'Value'. She spoke about her relationship with her Father, whom suffered from cancer for several years and how she found her value in life after his passing through understanding what it takes to be a parent.



She also shared about a memory she had of her father shouting at her for running into the path of an oncoming bus. He shouted at her for the first time in her life 'Do you not understand how valuable and precious you are?!!' It really hit home to all of us in the audience that human beings inherently have value and that for whatever reason human beings are in fact ineradicable precious beings. Whether it's due to our relationships, our ideas or something greater - human life is priceless. Once we understand that, we can really start to value ourselves and value others.

This week there were 3 CARP fresher's hearing their first CARP talk. We had a lot of familiar faces also coming for their second or more CARP talk. The feeling last Wednesday was a fresh and exciting one. We got to meet new people and share with each other about our thoughts on 'Where OUR value comes from?' over Christmas Dinner.

We enjoyed listening to a popular Japanese song performed by our young Japanese members, all while eating Sushi among the other amazing things on offer that evening.

Our next CARP talk will be in the New Year and will be on the topic of 'New Start'. Maybe you're still holding on to things that happened in 2015. Maybe these things are preventing you from moving on and loving other people. Maybe you need to make a new start.

