## UPF Seattle, WA Celebrates the 34th UN International Day of Peace

Ray McCready September 22, 2016



**Seattle, WA** – Many gathered together on Thursday, September 22, 2016, at the Windermere Mansion to celebrate the 34th UN International Day of Peace. During the dinner, described as a sharing of "food for peace", attendees introduced themselves, creating closer bonds of heart among them. It is noteworthy to mention that attendees came from four nations on two continents plus one island nation and also represented a diversity of races. It was a meeting representing the greater family of mankind.

The main speaker was the Executive Director of UPF for Washington state, Ray McCready. He began with a reading posted from the event on September 21 at the United Nations, followed by a powerpoint presentation highlighting points from a talk on the UPF Principles of Reconciliation. He said, "Without reconciliation, any efforts for peace will be mostly superficial, and so we must address the underlying causes of conflict and deal with them through Godly love for others".





Ms. Lavanya Reddy of the Srimanirama Educational & Cultural Foundation led the group in a meditation on peace, seeking to help everyone feel connected to the source, the Creator. This created a good spiritual atmosphere, which ushered everyone onto the large deck overlooking Lake Washington, where a circle was formed and altogether offered prayers for peace to support this important internationally recognized day and the efforts to advance the establishment of peaceful families and communities in the world.

Judging by the buzz of conversation after the prayers, everyone felt quite uplifted and energized to work more for peace going forward.