

## WFWP Central London, UK's 4th Women's Peace Academy study morning

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On Friday 21 Aug 2020, WFWP Central London/UK held the 4th of our Women's Peace Academy study mornings, via zoom. We were joined by ladies from various parts of Europe, such as Belgium and Iceland! And also from various parts of the UK, even from as far afield as the Island of Orkney (in the far North of Scotland).

In total, 11 ladies joined the meeting and were very happy to meet each other, read the words of our Founder, Dr Hak ja Han Moon, and then to share our thoughts, ideas and inspirations with each other.

The group moderator for today was Mrs Helena Stout. After an opening prayer by Anne Kobayashi, Helena warmly welcomed all participants to the gathering and introduced us to the topic for today.

After reading, we divided into 2 groups or "breakout rooms", where we discussed which part of today's text had interested and inspired us most, which of course was different for each person. Some very deep and meaningful insights were shared, as well as small nuggets of advice to help us in our day to day lives.

Finally we rejoined the main group and Helena summarised the points which had been highlighted during the study, made some closing remarks and invited everyone to take part in the next WPA Study Morning, which will be on Friday 4th September.

Everyone is also encouraged to join in the "Strengthening Dignity in Myself" webinar, which is on Saturday 29th August, at 3 pm.

A very good experience was had by all ladies present, and we strongly encourage anyone who can to join us for the next session (4th Sept). All will be warmly welcomed.

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