

Three Unique Ideas for Your Family to Celebrate Labor Day

Demian Dunkley
August 26, 2019



recognize the roots of this important holiday.



Ah, that last bit of summer sunshine. Labor Day, which falls on September 2 this year, is often the final hurrah before the start of another school year. A day of backyard barbecues and an obligatory trip to the neighborhood pool. While grilling burgers may sound like the only proper way to recognize the first Monday in September, the holiday actually has a much deeper meaning.

Labor Day originated in the late 1800s to give a break to the American worker, who often worked long hours in unsafe conditions. But you don't have to march down the street with a labor union to

Take A Factory Tour

Ever wondered how candy is made? What about ice cream? All kinds of factories offer tours for curious members of the public who would like to learn more about how products come to be. Join a tour of a nearby factory this weekend and see how your [favorite brands](#) are created.



Recognize Those Who Don't Get the Day Off

Many of us take it for granted that we get to skip work and school on federal holidays. This isn't the case for Americans who do shift work, including those in the restaurant and hospitality industry, as well as healthcare workers, police officers, and firefighters. Choose to recognize these hard workers by giving them a special treat to say 'thank you' for their dedication. Drop it off wherever you see fit (a police or fire station is a great spot). And remember to tip your waiter extra if you go out to eat. Your recognition will be much-appreciated.



Teach a Child the History of Labor Day

Most kids have no idea why they go back to school the Tuesday after Labor Day instead of on Monday itself. To honor the American worker, consider teaching a child why we celebrate Labor Day in the first place. For help, there's a [children's book on Amazon](#) that explains the origins of the holiday. There's also a list of [books to read with children on Labor Day](#).

Whatever you decide to do this holiday, enjoy it!