

Make the Best of this Groundhog Day

Demian Dunkley
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Tomorrow is February 2, can we expect six more weeks of winter or do we get to enjoy the fragrances of spring sooner rather than later? If the groundhog sees his shadow, we can expect a longer winter ahead! Don't take it as a set back though. Shadow or no shadow, there are many ways to make this Groundhog Day memorable. Check out these simple ideas:



Go on a nature walk

If groundhogs are native to your environment, go on a hike or walk and look for groundhogs (also known as woodchucks). You could invite a group of friends and make a game out of who can spot the most groundhogs! If you have friends in the area that you haven't seen in a while, it could be a simple way to get together and catch up. If no groundhogs are in the area, you could visit a local zoo and enjoy the day with friends and family.



Look for local festivities happening in your city

Some cities in North America have their own Groundhog Day celebrations. Depending on the town, there may be a parade, town festival, or live animal show. These fun activities are ways to enjoy one another's company and experience new things. Just being with your loved ones is a way to invite God into your day. Contact your City Hall to find out about Groundhog Day festivities for times and locations. All is not lost if your city doesn't celebrate Groundhog Day. Celebrate it with your loved ones or visit a city that does host special events!



How about a movie?

Sit down for the night with those you love and rent *Groundhog Day*, the 1993 film. You could make a night of it with warm blankets and popcorn. Bill Murray's *Groundhog Day* features a weatherman who must experience the same day over and over until he learns a valuable lesson. Since *Groundhog Day* thrusts the holiday into popular culture, there's no better movie to show at your gathering. You could end the night with some fun board games and long chats.

With the cool winter months still in the midst of our days, it's always important to remember to create room for love and warmth within ourselves and with others. Make it a point to mark Groundhog Day with something meaningful to you and to those around you.