

FFWPU UK: Invitation to a *Suicide Awareness and Prevention* Webinar

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Invitation to a "Suicide Awareness and Prevention" Webinar

The Seonghwa Caring Ministry would like to invite you to a webinar on suicide awareness and prevention. This is a most concerning situation which affects not only people in our society but also our own community.

We felt that an open discussion on the topic would help us to get a deeper understanding of the situation, reduce stigma and help us with practical knowledge when someone may be struggling, and how to offer meaningful support.

We are delighted to have our sister Margoth Tove Kalstad as our main speaker. Margoth is a licensed Gestalt psychotherapist, a trained bereavement facilitator and suicide prevention volunteer. She volunteers at the SOS-suicide prevention service/hotline with senior level responsibility.

During the webinar, we'll explore key risk factors, common warning signs, and supportive approaches that can help create safer, more connected communities.

There will be plenty of time for Q and A afterward.

The webinar will be online on Saturday May 30th at 7pm UK time.

We hope you'll join us for this thoughtful and informative conversation. Your presence contributes to a culture of awareness, compassion, and hope.

Please contact us at seonghwa@ffwpu.org.uk if you would like to attend and we will send you the zoom link.

Looking forward to hearing from you.

The Seonghwa Caring Ministry team.

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