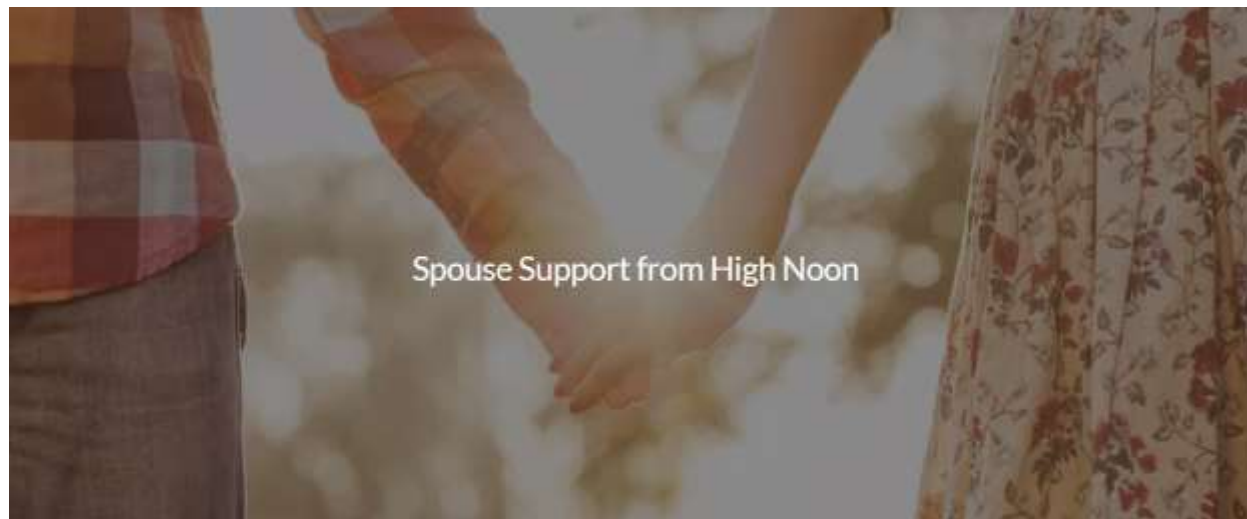


Spouse Support from High Noon

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If you're married or engaged and you discover that your partner views porn, it can be a shock. It can throw you off balance and make you question your relationship. In some cases, if your spouse has been lying and hiding a secret habit, it can be devastating. But you're not alone, and there's help.

Spouses Deserve Special Attention

Marriage is creating a life together, so whatever happens to one affects the other. If your spouse gets sick, injured or has financial problems you'll be impacted. It's the same with porn use, or any sexual issues. Spouses often carry a heavy but unrecognized and unsupported burden.

That's why we've created a FREE online course for spouses (or intended spouses) at HighNoon.org. We recognize that your partner's sexual habits may have hurt you emotionally, or in some cases even physically. We recognize that this isn't easy to talk about, and it's hard to know where to turn for answers.

YOU ARE IMPORTANT!

Most of all, we recognize that you are a person who deserves to be loved and cared for. We've brought together information and resources from experts to help you find the support you need in a confidential way.

Every couple's situation is unique, but there are similar patterns in how spouses are affected. If your partner is already on a recovery path, we'll help you understand how to support that while not neglecting your own needs. If your partner hasn't committed to recovery, we'll help you find the path to heal your own heart. Whatever your circumstances are, we're here for you.

Don't Go Through This Alone

The worst thing you can do when faced with relationship problems is isolate yourself, or ignore the problem. It doesn't fix itself. Just as your partner needs a recovery path to overcome an undesirable sexual habit, you need a simultaneous path to heal your heart so you can rebuild trust in the relationship.

In addition to the online course, we're offering a bi-monthly support group meeting on Zoom starting in July. You can join with any internet enabled device. Participation can be anonymous if you prefer (audio only). The meetings will be run like a study and discussion group and last about 45 minutes to an hour.

Start the Course Today!

Check it out, there's no obligation. You can come and go at your own pace, do one lesson a day or one per week, or go through the whole thing in one weekend. Start here: [Spouse Support Course](#)

You can find your way back through the "Course Dashboard" button on our home page, or under "Family Support – Spouses".