

Taking The Long View - Intentional Parenting, You Make A Plan And Prioritize

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Coach Myrna--April 18, 2022

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7 Week Series Starts in May

Based on 7 Gifts to Give Your Child--Parenting That Will Touch Their Future

More Info Here: www.coachmyrna.org/7gifts.html

Taking The Long View

On a bucket-list trip to the Mediterranean, my husband, Michael, and I had the opportunity to experience the Sagrada Familia—Holy Family Church—in Barcelona, Spain. An icon of the city, the church boasts bold, wildly creative, organic architecture and décor inside and out, and is still a work in progress. In fact, the term gaudy comes from the name of the architect—Antoni Gaudí.

Begun in 1882 under the guidance and direction of Francisco de Paula del Villar, Antoni Gaudí took over the project in 1883 when Villar resigned. Gaudí devoted his life to creating this unusual masterpiece, set to be finished in 2026. Despite his boldly modern architectural vision, Gaudí was a traditional and deeply religious man who designed the Sagrada Familia to be a place of solid Christian values amid what was a humble workers' colony in a fast-changing city.

When he died, only one section of the church—the Nativity Façade—had been completed. The rest of the work has been inspired by his vision, but he knew that he would not live to complete it—thus allowing space for others to bring their own inspiration and faith to the project.

Learning about the history of the Sagrada Familia reminded me of the need for us as parents to take the long view for our families. Investing in your child isn't only for today. It is for who they will become, the family they will have, and the grandchildren that will be born and raised. We must challenge ourselves to allow the process to unfold organically and in cooperation with our children, not micromanaging every detail and overstressing about the future. Rather, like Gaudí, you can provide support, guidance, vision, inspiration, and trust for your child, youth, and young adult as you imagine the way they will impact tomorrow.

Parents today have a lot to contend with in an increasingly complex and fast paced world. Although this may feel daunting, it also means parents today have access to many more resources than previous generations. Through intentional parenting, you make a plan to prioritize where you put your time and energy, and this guides your day-to-day decision making. It is my desire to inspire you through the tools, resources, and experiences shared in this book to positively touch the present and the future.

Parenting is one of the most rewarding and yet challenging roles that one can have. And it is a responsibility that we take on with very little preparation. Using my recently published book, *7 Gifts to Give Your Child--Parenting That Will Touch Their Future*, as the foundation for discussion, I will be holding a 7 week series where you can find tools and support for you on your parenting journey. The target audience for this 7-week series is for parents of all age children although the discussion groups will be assigned by stages in life (new parents, parents of elementary age, parents of teens, parents of adult children.)

Each weekly session will focus on one chapter: **The Gifts of Belonging, Connection, Resilience, Wisdom, Accountability, Experience and Being the Best Parent You Can Be.** The weekly session will include **Education, Small Group Discussion, and Application.** For more information and to register: www.coachmyrna.org/7gifts.html

If you would like to know more about what I offer as a coach, please visit my website: www.coachmyrna.org/ Find out more about Safe Conversations www.coachmyrna.org/safe-conversations.html.