

## On The Parenting Journey

Myrna Lapres  
May 28, 2018



I have been on this parenting journey for a while now - 30 years. And I have been an educator and teacher almost that long. The past few years, I have felt a calling to share what I have gleaned along the way with others. It has been a process of finding my voice: shifting through the memories, the pain and challenges, the aha moments and the heart-melting experiences.

At times, it has been downright confronting to face my shortcomings and limiting beliefs. But the amazing thing I discovered is that being a parent is the opportunity to re-parent yourself and nurture the treasure that lies within!

I invite you to join me on this journey-whenever you are on the path. Allow me to help you see parenting as an exciting adventure, gain confidence in your ability to love and raise your children and begin healing yourself along the way.