

FFWPU USA, Northeast Newsletter: UC Singles Game Night

Naokimi Ushiroda
March 12, 2026



FFWPU North East Region

FFWPU North East Newsletter

**UC
Singles
Game
Night**

APRIL 4 | 7-9 PM EDT

Join us for an online 8-bit experience
full of fun, laughter, and friendly
competition on Gather.town!

GENTS **SUPPORTERS** **LADIES**

RSVP RSVP RSVP




Hosted by the Boston Family Church & the Team

NEW UC Singles Game Night

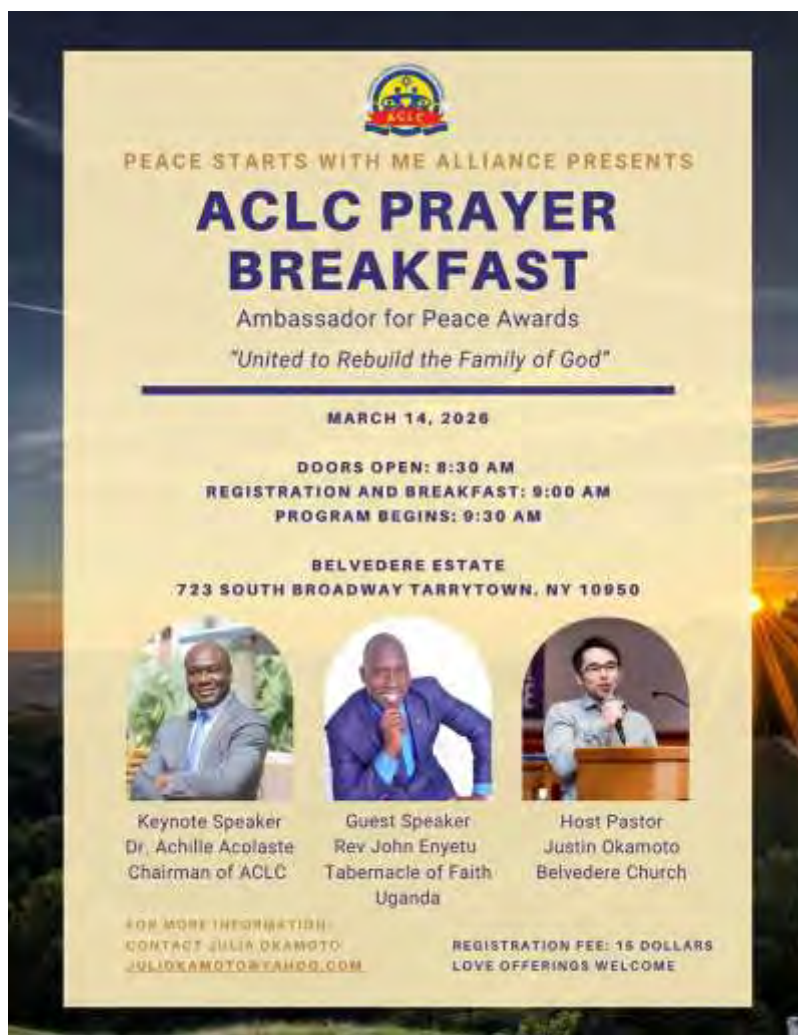
Join us for a fun and relaxed **Online Game Night for Singles** from the Unification Church / Movement community on **Saturday, April 4th (7–9 PM EDT)**. This event is a great opportunity to laugh, play games, reconnect with old friends, and meet new people in a casual and welcoming space.


Our hope is that everyone leaves the evening feeling encouraged in their journey—having made new friendships and maybe even a special connection. ✨

Register below:

-  **Gents:** [Register Here](#)
-  **Ladies:** [Register Here](#)
-  **Supporters:** [Register Here](#)

✨ **Come for the games, stay for the community—we'd love to see you there!**







PEACE STARTS WITH ME ALLIANCE PRESENTS
**ACLC PRAYER
BREAKFAST**
Ambassador for Peace Awards
"United to Rebuild the Family of God"

MARCH 14, 2026

DOORS OPEN: 8:30 AM
REGISTRATION AND BREAKFAST: 9:00 AM
PROGRAM BEGINS: 9:30 AM

BELVEDERE ESTATE
723 SOUTH BROADWAY TARRYTOWN, NY 10950

| | | |
|---|---|--|
|  |  |  |
| Keynote Speaker Dr. Achille Acolaste Chairman of ACLC | Guest Speaker Rev John Enyetu Tabernacle of Faith Uganda | Host Pastor Justin Okamoto Belvedere Church |


FOR MORE INFORMATION:
CONTACT JULIA OKAMOTO:
[JULIOOKAMOTO@YAHOO.COM](mailto:juliookamoto@yahoo.com)

REGISTRATION FEE: 15 DOLLARS
LOVE OFFERINGS WELCOME



ACLCLC Prayer Breakfast at Belvedere Estate

This **ACLCLC Prayer Breakfast** hosted by **PSWM Alliance** will feature a keynote address by **Dr. Achille Acolaste**, Chairman of **ACLCLC**, on the theme *"United to Rebuild the Family God,"* an **Ambassador for Peace Award Ceremony**, and guest speaker by **Rev. John Enyetu** of the Tabernacle of Faith Uganda.

 **March 14** | Registration and Breakfast **9:00 AM** | Program begins **9:30 AM**

 **Belvedere Estate** 723 S Broadway, Tarrytown, NY

 **Suggested Donation: \$15**



PEACE STARTS WITH ME

3RD SONGWRITER'S WORKSHOP

MARCH 7, 14, & 15, 2026

Mar 7 (Sat): 10:00 AM – 4:00 PM
(Lunch provided)

Mar 14 (Sat): 4:00 PM – 7:00 PM
(Light dinner provided)

Mar 15 (Sun): 11:00 AM –
Performances of Original Songs

 **Elizabeth Family Church**
60 Prince Street,
Elizabeth, NJ 07208

Scan to register:

REGISTRATION FEE:
\$70



CONTACT: Darryl Franklin – (862) 368-5735

PSWM 3rd Songwriter's Workshop

Whether you're a beginner or an experienced musician, this workshop is a joyful space to explore creativity, write meaningful songs, and grow together through music. Come be inspired, collaborate with others, and share your unique voice!

 **March 7, 14, 15**

 **Elizabeth Family Church**

 **Registration Fee: \$70**

[Register for the Songwriter's Workshop](#)



**Vessels of Peace:
A Girl's Day Tea Party**

Tea Cup Painting Mini Tea Party

**DATE: SATURDAY MARCH 14TH 2026
1:30PM TO 3:30PM
AGES: KINDERGARTEN TO 8TH GRADE**

Register Here

The poster features a light blue background with a stack of colorful teacups on the right and a bouquet of yellow lilies on the left. The text is in various colors: pink for the title, yellow for the activities, and black for the date and age information.

Vessels of Peace: A Girls' Day Tea Party

Celebrate God's daughters with a sweet and meaningful afternoon designed especially for young girls. In honor of Women's History Month, **Vessels of Peace** invites girls to enjoy **tea cup painting, a mini tea party, and uplifting activities** that celebrate their unique value as sisters.

 **Saturday, March 14 | 1:30 – 3:30 PM**






 **NJ Family Church of Clifton**

[Learn more&Register](#)


OCEAN TRIBE
WINTERNSHIP 2026 CLASSES

*Come and learn USEFUL and PRACTICAL skills with Ocean Tribe!
Become a person who can help your family, neighbors, and the world!*

Beginners welcome!

| | | |
|---|---|---|
| FEB 14 DONE | Welding session 1 12:30pm - 3pm \$30 Registration/materials fee |  |
| FEB 21 DONE | Welding session 2 12:30pm - 3pm |  |
| SCHEDULE CHANGE ALL classes shifted forward! | | |
| MAR 7 | Car mechanics 1 12:30pm - 3pm Oil change and routine maintenance \$30 Registration/materials fee |  |
| MAR 14 | Car mechanics 2 12:30pm - 3pm Oil change and routine maintenance \$30 Registration/materials fee |  |
| MAR 21 | Carpentry/woodworking Build a shelf together to learn basics to carpentry and learn the tools! \$25 Registration/materials fee |  |

Age: Anyone 15 + REGISTER HERE -->
Contact for more info: minobus@gmail.com



Winternship 2026 Classes

Come and learn **useful** and **practical** skills with Ocean Tribe! Become a person who can help your family, neighbors, and the world! Anyone 15+ is welcome, even if you're a beginner.

Register for Winternship Classes



The Heal Retreat

 **March 19 - 22** |  **Morristown, NJ**

This retreat was created with the intention of providing a neutral environment, one that is neither pro- nor anti- UC, to explore our unique individual experiences without the obstacle of explaining UC context to a therapist. A neutral, supportive retreat to explore your unique experiences through trauma-informed somatic practices and current research. Participants have experienced profound healing and connection.

 [Watch this video](#) to learn more about the retreat.

 **Contact:** Nancy Jubb nancy@explorespacepractice.com

[Click Here for More Info](#)



Bridgeport International Academy
Drama Presents: *The Hitchhiker's
Guide to the Galaxy*

Join us for a hilarious, high-energy sci-fi adventure packed with eccentric aliens and intergalactic chaos!

📅 **March 20 @ 7 PM | March 21 @ 2 PM**

📍 **University of Bridgeport – Mertens Theater**

84 Iranistan Ave, Bridgeport, CT

💰 **Tickets: \$7 Students | \$12 Adults | \$30 Family**

Bring your friends and family to support our talented student cast and crew for an out-of-this-world performance!

Questions? Contact Matthew Evans, Executive Producer at mevans@bridgeportacademy.org

24 CONNECT

Connect. Grow. Prepare

Virtual RETREAT

MARCH 20-22

Are you single and seeking opportunities to meet with others? 24+ Retreats offer a space to build relationships centered on honesty, growth, and shared values.

Whether you're hoping to expand your circle, practice openness, or take a small step forward in your process, we'd love for you to join.

- *Group Discussions*
- *Testimonies*
- *1-on-1 Conversations*
- *Reflection & Setting Intentions*



**LEARN MORE
& REGISTER**



Support@24PlusConnect.com

24+ Connect Virtual Retreat

March 20-22

Are you single and seeking opportunities to meet with others? 24+ retreats offer a space to build relationships on honesty, growth and shared values. The retreat includes group discussions, testimonies, 1 on 1 conversations, and reflections and setting intentions.

[Register here](#)

SAVE THE DATE

START SMART

BLESSING LEVEL 3 WORKSHOP

ONLINE ON APRIL 11 & 12

For all matched couples going to the
2026 Blessing

REGISTER THROUGH THE
BLESSING APPLICATION



BLESSING & FAMILY MINISTRY
FAMILY FEDERATION FOR WORLD PEACE AND UNIFICATION NORTH AMERICA



Online Blessing Level 3 Workshop

If you are a **Matched Couple** planning to attend the **2026 Blessing**, please save **April 11 and 12** for a live online workshop, *Start Smart* — the required education for couples before the Blessing. **Registration is available for those who have applied for the 2026 Blessing.**



Self-Care Isn't Selfish:

Heal Yourself, Your Family & the World

The Rhythm of Rest--Using the Sabbath as God's Gift to Rest

Shawna Kempf

Sat., March 14, 2026, 10-11:30 am PST



- Join us to learn about Sabbath rest--what it is and what it isn't
- Shawna will share from scripture and her own experiences about learning to pause and rest
- Discover how to personalize rest days in our families, creating a calm and harmonizing rhythm



A Monthly Series for WFWP Members & Friends

Join us on Sat., March 14, 2026 10-11:30am PST/1-2:30 pm EST

Facilitated by Certified Coaches: RoseAnn Kennett,
Liisa Freystaetter, Myrna Lapres, Donna Avey, Loretta Anderson,
Shawna Kempf & Kendra Stein

A project of Women's Federation for World Peace, SR 5

The Rhythm of Rest

In today's fast-paced world, true rest can feel impossible. Yet God invites us to "*remember the Sabbath*"—a time meant to restore our hearts and reconnect with Him. ✨

Join us **Saturday, March 14, 2026 | 10 AM PST / 1 PM EST** as **Shawna Kempf** shares practical ways to create peaceful Sabbath moments in everyday life. Learn simple ideas for slowing down, tuning out distractions,

connecting with God, and making family time part of a meaningful rhythm of rest. ❤️

🌿 Register to receive the Zoom link: tinyurl.com/mrxhne88

Read
More

**HIGH NOON
OPEN GYM**

**Blessing Prep
Community
for Singles!**

- Prepare for Matching/Blessing with a community
- Weekly online gathering with other singles
- Develop your faith and character
- Ask your questions
- Led by: Benjy Uyama

REGISTER!



Blessing Prep Community for Singles

High Noon Open Gym is a weekly online space for singles who are serious about growing in faith, character, and relationship readiness. Ask real questions. Build real friendships. Get clear about your next steps toward matching and marriage — with a community walking beside you. Register now below!

[Register Here](#)

RADIANT program

Intimacy for Blessed Couples

STARTS
MAR. 16

highnoon.org/join-radiant



✦ High Noon Radiant Program

Are you ready to deepen the intimacy in your Blessing?

High Noon is launching the *Radiant* program — designed for Blessed Couples who want to strengthen sexual intimacy, build emotional connection, and grow together in a community of other couples.

Whether you've been Blessed recently or you're looking to reignite the spark in your relationship, *Radiant* is a powerful opportunity to invest in your marriage — and you're not doing it alone.

We're Hiring!

Philadelphia Family Church is seeking a passionate and committed Associate/Youth and Young Adult Pastor to help lead our Urban, dynamic, and diverse ministry in the heart of Philly

Who We Are Looking For

- Passion to create and manage an attractive, dynamic, diverse Sunday Service
- Strong servant leadership skills with a clear vision for urban, diverse ministry in Philadelphia
- A blessed 2nd-generation couple with a heart for ministry
- Interest in creating and managing websites and digital outreach
- who can make a long-term commitment, with a willingness to grow into a full-time Lead Pastor role in the near future

Benefits

- Startup Salary: \$1,800/month (Negotiable)
- FREE Housing (Youth and Young adult / Witnessing Center) Provided, and you will be the Housing Manager



**Send your Resume
and for more info**

Shota Iwasaki

267 333 2347 (Text only)

Shotaiwasaki1031@gmail.com

Philly Community is Looking for Help

Philadelphia Family Church is seeking a passionate **Associate / Youth & Young Adult Pastor** to help lead a vibrant, urban, and diverse ministry. If you have a heart for youth, community building, and long-term ministry growth, we encourage you to prayerfully consider applying.

Contact Pastor Iwasaki



HJ Global News

Would you like to send an announcement featured in the
Northeast Newsletter?

Contact northeasthq@unification.org

Visit the new FFWPU North East Website!

View

FFWPU Northeast Region Mailing List

Sign up for news and the latest updates!

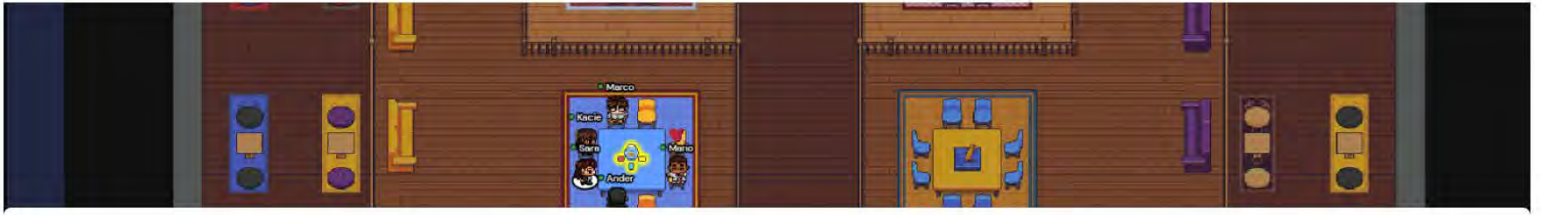
Subscribe

HSA-UWC

548 South Broadway, Tarrytown
United States of America

You received this email because you
subscribed or your pastor provided your
contact info.





Online Singles Game Night RSVP - Gents

We're holding an online game night on Saturday April 4th at 7-9 PM Eastern Daylight-savings Time (EDT)!

The idea behind this event is to make a casual space for singles from the larger Unification Church / Movement community to meet other singles.

The purpose of this event is for all participants to...

- 1) Have a ton of fun and a good laugh!
- 2) Make some new friends and catch up with old ones
- 3) Feel hope for their search processes and
- 4) MAYBE meet someone special or make some special connections

Matching supporters are also welcome! (Only those invited by those who signed up) If you are actually a matching supporter go to this [form](#)

If you are actually a single lady go to this [form](#)

If you'd like to see the ages of who's coming, click these: [Ladies](#) | [Gents](#) | [Matching Supporters](#)

Platform

We will be using gather.town to play group games online. It works best on a computer. You can use a phone or tablet, but your experience may not be as good. Here's a [little tutorial video](#), but it's pretty easy and fun to use. It's not free to use so we appreciate your small donation (see below).

We'll have a game room running fun online games like [Codenames](#) and [Skribbl.io](#). We'll also have a chat room with fun [get to know your questions](#) to help break the ice.

We will send out the access link via email closer to the day of the event. You are welcome to come a bit early to make sure it works.

Mutual Interest Form

Also, we will be emailing a form and a personal webpage during the event where you can select ladies that you would be interested in a possible conversation with. If she also selected you, then your supporter's contact will show up on her view, and vice versa. If she didn't select you, then she will not know that you selected her.

It's a lot, but I promise it'll all make sense, step by step.

Sign up and see you there!

Millhan and the Team

First Name *

Last Name *

Birth Year *

Country *

Email *

Please read the code of conduct. Check the box afterwards. *

1) Read this document:

<https://docs.google.com/document/d/1ZQ-c51mkdhENQW73TnJY-B6lcFbvKPEDh8466kpsDP4/edit?usp=sharing>

2) Check the box!

Please donate \$5 to the host church. Check the box afterwards. *

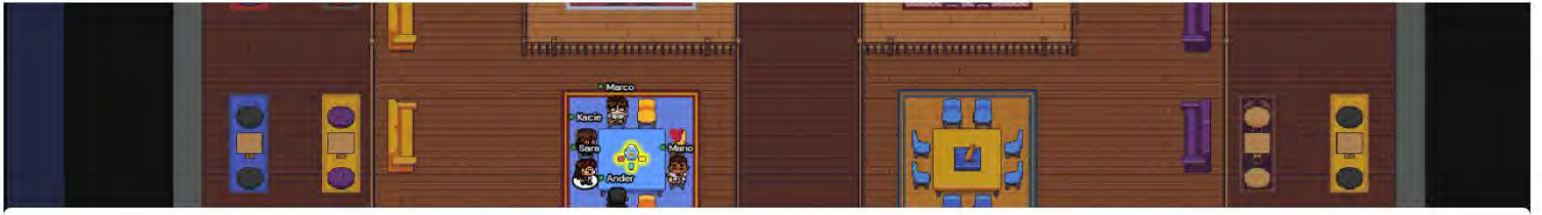
1) [Click here](#) to donate by credit card or ACH. To donate by Zelle, send to "Yoko Miranda" at bostonfamilychurchdonation@gmail.com.

2) Check the box!

[Clear form](#)

Submit

Do not submit passwords through this form. [Report malicious form](#)



Online Singles Game Night RSVP - Ladies

We're holding an online game night on Saturday April 4th at 7-9 PM Eastern Daylight-savings Time (EDT)!

The idea behind this event is to make a casual space for singles from the larger Unification Church / Movement community to meet other singles.

The purpose of this is event is for all participants to...

- 1) Have a ton of fun and a good laugh!
- 2) Make some new friends and catch up with old ones
- 3) Feel hope for their search processes and
- 4) MAYBE meet someone special or make some special connections

Matching supporters are also welcome! (Only those invited by those who signed up) If you are actually a matching supporter go to this [form](#)

If you are actually a single gent go to this [form](#)

If you'd like to see the ages of who's coming, click these: [Ladies](#) | [Gents](#) | [Matching Supporters](#)

Platform

We will be using gather.town to play group games online. It works best on a computer. You can use a phone or tablet, but your experience may not be as good. Here's a [little tutorial video](#), but it's pretty easy and fun to use. It's not free to use so we appreciate your small donation (see below).

We'll have a game room running fun online games like [Codenames](#) and [Skribbl.io](#). We'll also have a chat room with fun [get to know your questions](#) to help break the ice.

We will send out the access link via email closer to the day of the event. You are welcome to come a bit early to make sure it works.

Mutual Interest Form

Also, we will be emailing a form and a personal webpage during the event where you can select gents that you would be interested in a possible conversation with. If he also selected you, then your supporter's contact will show up on his view, and vice versa. If he didn't select you, then he will not know that you selected him.

It's a lot, but I promise it'll all make sense, step by step.

Sign up and see you there!

Miiilhan and the Team

First Name *

Last Name *

Birth Year *

Country *

Email *

Please read the code of conduct. Check the box afterwards. *

1) Read this document:

<https://docs.google.com/document/d/1ZQ-c51mkdhENQW73TnJY-B6lcFbvKPEDh8466kpsDP4/edit?usp=sharing>

2) Check the box!

Please donate \$5 to the host church. Check the box afterwards. *

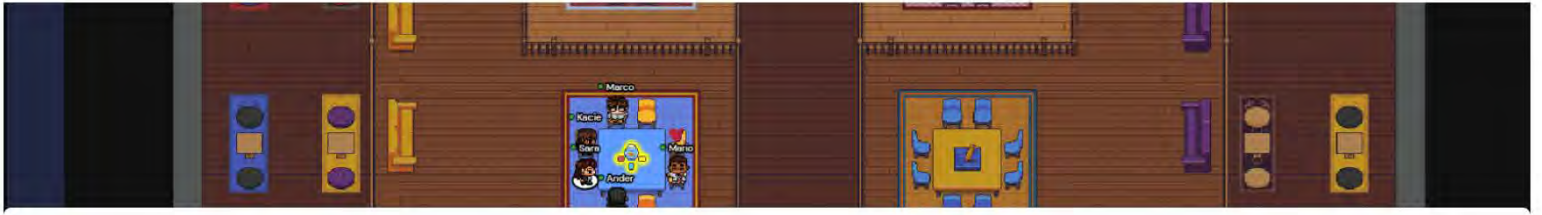
1) [Click here](#) to donate by credit card or ACH. To donate by Zelle, send to "Yoko Miranda" at bostonfamilychurchdonation@gmail.com.

2) Check the box!

[Clear form](#)

[Submit](#)

Do not submit passwords through this form. [Report malicious form](#)



Online Singles Game Night RSVP - Matching Supporters

First of all, thank you being a matching supporter. We really value your effort to support our candidates on their matching journey!

As you know, we're holding an online game night on Saturday April 4th at 7-9 PM Eastern Daylight-savings Time (EDT).

The idea behind this event is to make a casual space for singles from the larger Unification Church / Movement community to meet other singles.

The purpose of this event is for all participants to...

- 1) Have a ton of fun and a good laugh!
- 2) Make some new friends and catch up with old ones
- 3) Feel hope for their search processes and
- 4) MAYBE meet someone special or make some special connections

If you are a matching supporter who was invited by someone who signed up, please fill out the form below.

If you'd like to become a matching supporter, [click here](#).

If you are actually a single lady go to this [form](#)

If you are actually a single gent go to this [form](#)

If you'd like to see the ages of who's coming, click these: [Ladies](#) | [Gents](#) | [Matching Supporters](#)

Platform

We will be using gather.town to play group games online. It works best on a computer. You can use a phone or tablet, but your experience may not be as good. Here's a [little tutorial video](#), but it's pretty easy and fun to use. It's not free to use so we appreciate your small donation (see below).

We will send out the access link via email closer to the day of the event. You are welcome to come a bit early to make sure it works.

Sign up and see you there!

Miilhan and the Team

First Name *

Last Name *

Email *

Country *

Name(s) of candidate(s) you support *

If you have several candidates attending this event, list at least one of them.

Please read the code of conduct. Check the box afterwards.

1) Read this document:

<https://docs.google.com/document/d/1ZQ-c51mKdhENQW73TnJY-B6lcFbvKPEDh8466kpsDP4/edit?usp=sharing>

2) Check the box!

Please donate \$5 to the host church. Check the box afterwards. *

1) [Click here](#) to donate by credit card or ACH. To donate by Zelle, send to "Yoko Miranda" at bostonfamilychurchdonation@gmail.com.

2) Check the box!

[Clear form](#)

Submit

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Code of Conduct - Online Singles Game Night April 4 2026

Our goal is to create a space where everyone can relax, laugh, and make meaningful connections. Please help us keep the atmosphere positive and welcoming for all.

1. Be kind and respectful.

Treat everyone with dignity and warmth, whether you've just met or known them for years.

2. Keep it light and fun.

This event is about enjoying good company, making friends, and sharing a few laughs.

3. Respect personal boundaries.

Friendly conversation is encouraged, but please avoid persistent or unwanted advances. If someone seems uninterested, kindly move on.

4. No harassment or inappropriate behavior.

This includes repeated messaging, pressure for personal information, or making someone uncomfortable.

5. Help create a welcoming space.

Be mindful that people come from different backgrounds and may be at different places in their life journey.

6. If something feels off, let the hosts know.

Our team is here to help and wants everyone to feel safe and comfortable. To maintain a positive environment, hosts reserve the right to remove anyone from the event platform for misconduct or behavior that disrupts the experience for others.

Thank you for helping make this a positive and memorable gathering!



3rd Songwriter's Workshop

March 7, 14, & 15, 2026

PSWM 3rd Songwriter's Workshop Registration

Join us for the Peace Starts With Me 3rd Songwriter's Workshop!

Whether you're a beginner or an experienced musician, this workshop is a joyful space to explore creativity, write meaningful songs, and grow together through music. Come be inspired, collaborate with others, and share your unique voice!

Location:

Elizabeth Family Church


60 Prince Street, Elizabeth, NJ 07208

Schedule:

- **March 7 (Sat)** – 10:00 AM – 4:00 PM (*Lunch provided*)
- **March 14 (Sat)** – 4:00 PM – 7:00 PM (*Light dinner provided*)
- **March 15 (Sun)** – 11:00 AM – *Performances of Original Songs*

Registration Fee: \$70

(Covers total workshop and program expenses)

 **Payment Options:** Online or Cash – see next section for instructions

 **Contact:** Darryl Franklin – (862) 368-5735

Come discover the songwriter in you—we can't wait to create music together! 

.@gmail.com [Switch account](#) 

* Indicates required question

Email *

Record .@gmail.com as the email to be included with my response 

Full Name *

Your answer 

Email address *

Your answer

Phone Number *

Your answer

Age

Your answer

Next

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Girl's Day - Tea Cup Painting - Tea Party

In Celebration of Women's History Month, Let Us Come together and express our Unique Qualities as Sisters!

Ages: Kindergarten to 8th Grade

Date and Time: Saturday March 15th at 1:30pm to 3:30pm

Place: NJ Family Church of Clifton
78 Demott Ave Clifton NJ 07011

Cost: \$15 (Sunday School Student Price*)

\$18 (Regular Price per person)

*Children who are registered for 2025-2026 Sunday School Year

25% off if Registered with their Sisters

There will be refreshments!

.@gmail.com [Switch account](#)



Not shared

* Indicates required question

Last Name *

Your answer



Parents' Name *

Your answer

Phone Number *

Your answer

Email *

Your answer

Daughter's First Name *

Your answer

Grade *

Choose



Does she have a sister or sisters? *

Yes

No

Next

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Google Forms

Request edit access



The Heal Retreat

March 19 - 22, 2026

Morristown, NJ

[Save My Spot >](#)

Our experiences connected to the UC can feel very different from the experiences of others. It's challenging to understand how these experiences have impacted our lives.

OUR STORY

This retreat was created with the intention of providing a neutral environment, one that is neither pro- nor anti- UC, to explore our unique individual experiences without the obstacle of explaining UC context. Together, we will learn about current research and practice skill-building in trauma-informed somatic methods* to support each person in the way that feels best for your own life.

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[Settings](#) [Accept](#) X

We can't wait to recreate that magic with you.

**Somatic practices are therapeutic techniques that can help us access different states of self-awareness through the body. It is important to note that while these practices can be therapeutic experiences, they are not a substitute for clinical therapy provided by a licensed practitioner. Participants may request at any time support in finding a licensed therapist.*

We're offering a safe, neutral space to explore our experiences using the most current research and techniques in trauma-informed somatic practices.

What does that look like?



Getting Unstuck

Explore and learn strategies to identify where you hold wounding or trauma and how to digest and integrate your experiences, so they no longer hold you back.

Facilitated Process

Led by experienced facilitators well-versed in community healing practices, the program provides a safe and structured environment for participants to explore and heal, while gaining the unique wisdom and resilience of healed trauma.



Comprehensive Approach

The program takes a comprehensive approach to healing, offering insights into signs and symptoms of trauma, the impact of Adverse Childhood Experiences (ACEs), and awareness of systemic and intergenerational trauma. Symptoms of trauma are seen as adaptive rather than pathological, and how feeling ashamed of them inhibits our ability to heal.

Body-Mind Connection

Recognizing that wounds are stored in the body, the program offers a holistic healing approach that addresses both physical and emotional aspects, focusing on the body-mind connection through somatic practices.



Inclusive Environment

The retreat welcomes a diverse range of perspectives and experiences for those who have been connected to the UC community in the past or present, providing a space where individuals' unique stories and journeys are respected and valued.

Healing Resources

Offers tools, techniques, and resources aimed at supporting you to continue your ongoing healing journey post-retreat.



Welcome to St. Mary's Abbey

[Register >](#)

[Support the Scholarship Fund >](#)

230 Mendham Road, Morristown NJ 07960-5089

In this program, you will learn:

- What is 'trauma' and what is 'healing'?
- Understanding types of trauma (Type I, Type II, ACEs, Generational, Organizational)
- Tools for Healing
- The Nervous System & Polyvagal Theory
- Self-Regulation and Co-Regulation
- Authenticity, Attachment, and Attunement
- Transparent Communication and Authentic Relating
- Resourcing
- Understanding Triggers
- Self-Care within Community



Trauma Integration

Gain insight into the clinical, mystical, and developmental aspects of individual and



Relational Attunement

Experience the immense healing power of relational attunement and bring a greater capacity to



Mindfulness Meditation

Deepen your understanding and practice of mindfulness meditation fundamentals.



"The most impactful thing about the retreat for me was ...learning the 3 sync [meditation] and giving attention to the different levels of our body. This impacted me because I didn't realize how out of tune and afraid I've been to be with my body. A lot of my feelings and experiences started to make more sense/be put into words as well when I could hear the content and people's sharings."

Sample Program Schedule

Arrival Day

5:00 PM - Arrival & Registration
7:00 PM - Orientation, Welcome, Housekeeping

Day 1

7:00 AM - Qigong & Stretching (optional)
8:15 AM - Breakfast

[Read more](#)

Day 2

7:00 AM - Qigong & Stretching (optional)
8:15 AM - Breakfast

[Read more](#)

Day 3

7:00 AM - Qigong & Stretching (optional)
8:15 AM - Breakfast

[Read more](#)

Meet the Team



Nancy Jubb

Nancy is an independent communications consultant that specializes in marketing and public relations for the non-profit and faith sectors. She supports others to experience the divinity that already exists within them.



Jenny Maketa

Jennifer is a certified yoga teacher, Marie Kondo organizing consultant, and trained death doula.



Heather Thalheimer

As co-owner of WholeHearted, Heather is a content creator, transparent communication facilitator and executive coach. She is passionate about supporting individuals and communities.



David Young

David is co-owner of Wholehearted, a collective trauma integration facilitator, meditation teacher, and executive coach. He works with individuals and groups to solve big problems, create connections, and grow sustainably.

[Register >](#)

[Support the Scholarship Fund >](#)

