



CARP Bay Area February Newsletter

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CARP BAY AREA

A MONTHLY NEWSLETTER

FEBRUARY 2020



First UP Seminar of Spring 2020!

A MONTH OF LOVING FOR THE SAKE OF OTHERS

February, the month of love! As we reflect on all the love we have received in our lives, we took time to give back. We kickstarted this semester in January with an MLK Day of Service. But it didn't stop there! This was also the month of many "firsts" for this semester: first club meeting, first IGNITE, and first UP Seminar. Spring 2020 has sprung!

WHAT'S INSIDE

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- Club Meetings
- IGNITE
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- MLK Service Project

Announcements for March 2020!



Serving the city of Oakland on MLK Day of Service with councilmember Noel Gallo

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FEBRUARY OVERVIEW

GLADIATOR DAY



Gladiator Day refers to club fair day at Chabot College. It was two days of interaction with other clubs, meeting new and returning faces, and sharing what we have to offer to our campus! A big thank you to all who came by and learned about our visions and goals as CARP!

CLUB MEETINGS



February kickstarted with our first 4 club meetings of the semester! We had topics covering:

- Introduction to CARP
- "The Family is the School of Love"
- "Building a Peaceful World Through Families"



- "Creating a Life You Love"
We had lots of great discussions with great people and were even able to enjoy the outdoors together for our special guest speaker meeting! We have plenty more special topics in store so we hope to share them with you all at the next ones!



IGNITE - EVENING PROGRAM

For our Thursday evening Ignite programs, we had the pleasure of inviting CARP mentor Kazuya Morita on the topic of "Goal-Setting" and Leadership and Business Consultant Don Sardella on the topic of "Becoming a Leader in Your Life" to give amazing and insightful talks. CARP is always about creating a warm culture and Ignite serves as a gateway for having meaningful and vibrant discussions with each other and getting deeper into how we can better ourselves to become leaders over our lives and circumstances. We always love hearing from and about each other because those are the #ConversationsThatMatter.



FEBRUARY OVERVIEW

UP SEMINAR



Another one of our firsts for this semester was our first Unification Principle (UP) Seminar! We had a jam-packed schedule of outdoor activities, discussions, and amazing talks from our very own CARP members. It was a time to really delve deeper into the principles that CARP studies and how we can apply them to become the peacemakers in our own lives and in the world.

MLK DAY OF SERVICE



Finally, it's not CARP without service! At the start of the semester in January, we went all the way to Oakland's Fruitvale neighborhood to join councilmember Noel Gallo, the city of Oakland, and several non-profit organizations to clean the streets and beautify the city. Even though we're a college club in Hayward, we recognize that service goes beyond ourselves and where we're from. Even if we couldn't reach every piece of litter on the ground, it's about experiencing the growth and transformation in our own hearts to contribute to the greater society. It was a beautiful time to spend together as a community and to honor the legacy of Dr. Rev. Martin Luther, Jr. through service. As Dr. King has said, "Everybody can be great because anybody can serve."



TESTIMONIES

ALELI NORTADA



To me, joining CARP has been an interesting and eye-opening experience. CARP has given me a chance to voice my own thoughts on discussion without any judgment, even if other members have contrasting ideas. The focus of the club is to answer tough questions and to let people have their space to answer them. CARP also includes volunteering opportunities to step outside of the cycle of work, eat, and sleep. Not only that, I find myself opening up to new ideas and letting go of my own biases and selfish ideals. Overall, CARP, its members, and teachings gave me new confidence in exploring thoughts and motivation to go out to help others.

ABDUL ZAIN

My experience at CARP honestly has changed my perspective on things. I feel like I'm more open minded about certain things. I get to see the different aspects of topics that I may have never thought of in general. I love the fact that we talk about important and relatable subjects that surround our society and how everyone in CARP respects each other's views. In CARP, there's so much positive vibes, like people are there for each other. We all get to build off each other's ideas, points, and love. Overall, CARP is a game changer.



TESTIMONIES

DON TSUI



After going through my first few CARP events and meetings, I feel like I have been introduced to so much positivity! Everybody creates such an overwhelmingly welcoming and encouraging environment for one another. During the first UP seminar of the semester, I truly felt the love being demonstrated by participants. We played games of Japanese dodgeball during which players showed great camaraderie and sportsmanship as they cheered each other on. Presenters were showered with applause and members supported each other during discussions! This expression of community was fitting to the topic of love & happiness and how we can use love to find peace within ourselves in order to spread it! I feel like CARP is such a great supplement to my spiritual journey, as well as a path to lead a happier lifestyle.

BRAYAN BERNAL

My experience with the CARP club has been one of the best decisions I've ever made. The reason why I said that is because of the vibe, the community, the people who are around you. Here at CARP you learn so many new topics, you meet new friends, and get to be a part of something special. But here at CARP we talk about a variety of topics and get acknowledged and speak about your opinions and thoughts.



FEBRUARY ACTIVITIES





LOOKING INTO MARCH 2020

SAVE THE DATES!

Spring is just around the corner!



CLUB MEETINGS

Every Tuesday from 12 to 1pm in room 559

Check us out! We hold weekly club meetings to engage in thoughtful talks and discussion on topics focused on relevant, uplifting principles to peace and how to apply them into our lives!

UP RETREAT

March 26th-29th

Come out with us into nature during these three days and three nights to dig deeper into the Unification Principles CARP teaches. Come join us to escape the hustle and bustle of life and focus on these meaningful UP studies out in nature!

IGNITE GUEST SPEAKER EVENT

March 5 & March 19 in room 405

Join us for an insightful evening with a great presentation from guest speakers and meaningful conversations. All are welcome!

PEACE STARTS WITH ME CAMPUS-WIDE EVENT

April 10th

This will be our third campus event at Chabot! Let's share with everybody on campus the message that "Peace Starts With Me"!



Visit @carpbayarea for more pictures, details and updates on future events!

Contact: carpbayarea@gmail.com

Share your story to jennifer@carplife.org.

Tagged: carp bay area

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