

## Las Vegas Family Church Young Adult Ministry: Centering on True Love

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This event took place Saturday 2/29/20 at our home (Taka, Shinai, and H.). We had J. Jesper as our speaker. The title of his talk was "Centering On True Love". He has been getting mentored by the author of "Real Love" Greg Baer, so he talked to us about 'Real Love' aka True Love. The message was that we all need real love and when we don't have real love in our lives, we try to fill in the void with imitation love.

These imitation love can come in 4 forms: praise, pleasure, safety, and power. We did an exercise by splitting up into small groups and discussing about the ways we look for imitation love. The purpose of this exercise was so we can be aware of our actions and do our best to fill ourselves up with real love instead of imitation love.

Ultimately, in order to receive Real love we need someone to accept you for who you are and love you unconditionally. That could be a mentor, parents, friends, siblings, God, True Parents.

Overall, we learned a lot and was able to share with each other and feel more connected with each other.