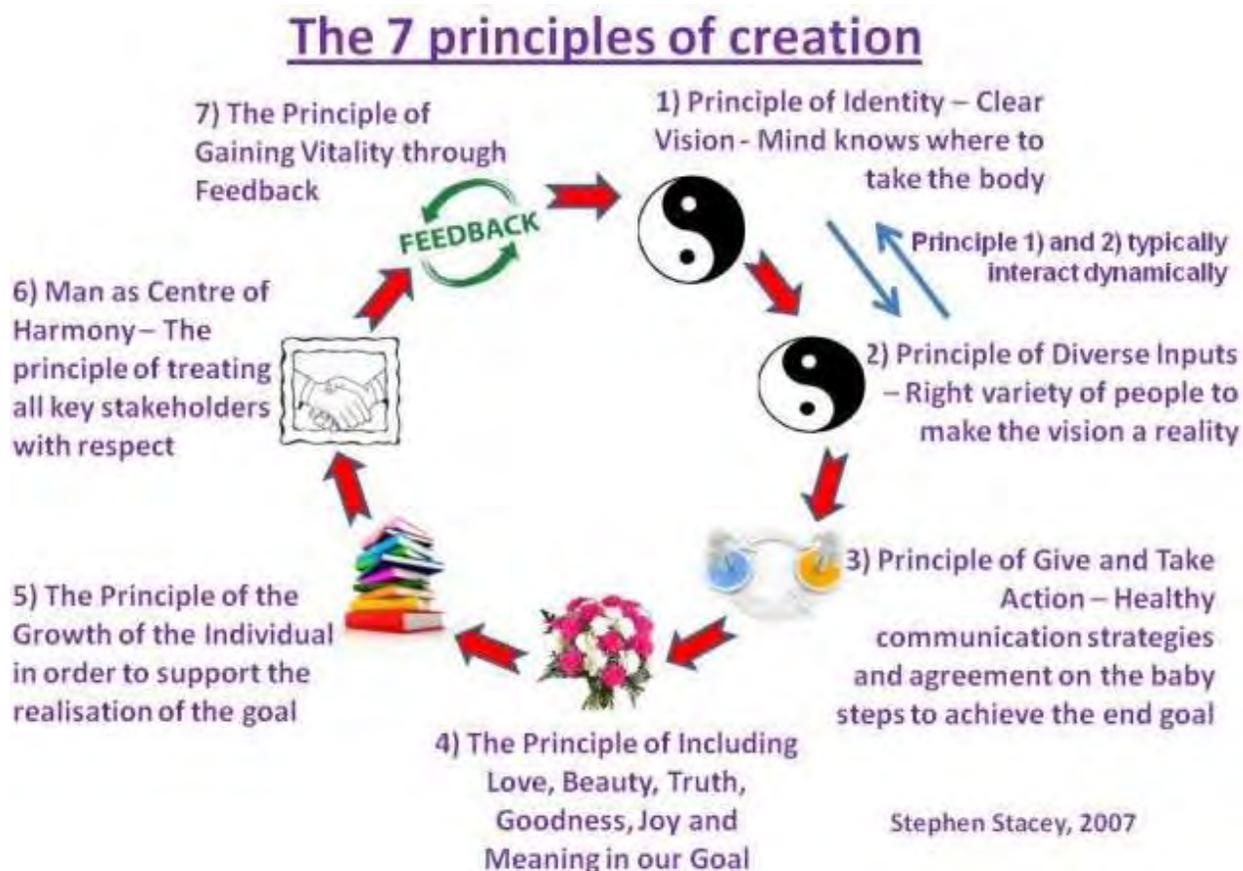


## Advice for Incoming Barrytown College Students

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There are some simple rules to think about when seeking to achieve your goals at Barrytown College. You can call these rules the Principles of Creation. There are 7 which are good to look at.

- 1) Most importantly – make a goal – or series of goals – What do you hope most to enjoy while at BC – and what are the key end results you want to have after 4 years.
- 2) Ask yourself – which people can help you best achieve each of those goals – teachers, friends, etc
- 3) Break your plan down into small baby steps forward (e.g.; what would I like to achieve by the end of year 1 – and what can I do to ensure I achieve these goals). Ask for advice, maybe even choose an academic advisor or older student to mentor you.
- 4) Ask yourself – How can I make my time at BC loving, joyful, truthful, beautiful and meaningful – so at the end of my studies, I walk away enriched by all of these.
- 5) To achieve some of these goals, I might have to learn some new things – e.g.; leadership skills, better communication skills, better work discipline. What new skills might be good for me to learn and where can I get this learning from? Talk to people to help see the bigger picture.
- 6) Who are the key stakeholders connected with my studies – my parents, my professors, my classmates, my future spouse, etc. What does it mean to respect these stakeholders?
- 7) Write your short term goals down, place them on the side of your computer screen – evaluate them regularly. Also, ask others who care about you how you seem to be doing, and where they see you have even more room for growth.

People who have even limited goals ALWAYS achieve more than those who don't. And BC is such a great place to grow, to mature, to have fun and to make deep friendships. Make the most of it.