

## Logic of Love News for October 2021 #2: How far we have come

Angelika Selle  
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October 2021 - Vol 2



### [How Far we have come—A Reflection by Angelika Selle](#)

The 2021 WFWP International General Assembly was a rich and inspiring experience. For me personally, this assembly represented a huge spark of hope in the midst of the challenging times of Covid, where positive vibes and actions of goodness are needed like fresh air!

This year's two day annual online convention was indeed unique and powerful, and well organized by Intl. Secretary General Dr. Paris Moon and Intl. HQ staff, as it drew more than 621 participants from 83 countries around the world, including WFWP leaders, members, associates and new friends...

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### [Transforming Minds, Hearts, and Souls: GWPN Speaker Series on Arts and Culture](#)

On Wednesday, October 20, 2021, the Global Women's Peace Network Forum (GWPN) series, "**Women's Leadership in Reconciliation and Peacemaking,**" reconvened with a special panel discussion on "**Catalysts for Positive Change—Arts and Culture.**" It was a dynamic, informative, and meaningful conversation attended by 44 women and men from across the country.

The evening program kicked off with **WFWP USA President Angelika Selle** introducing the theme, a very pertinent topic because of the shocking increase of mental illness, depression, stress, and hopelessness, especially as we face so many negative realities in the world today. However, she explained, **art and culture has the power to transform even a toxic environment into a more peaceful one.**

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### [Peace Hana School in Liberia thanks WFP USA donors for support](#)

The Peace Hana School, established in Liberia in 1998, received a \$12,500 grant from WFP USA at the end of 2020 and the funds have been used to pay for much-needed improvements to the school and various expenses. We would like to share with you a letter of appreciation from the school, and extend our heartfelt gratitude to all those who offered donations and made this possible.

To find out how you can become a supporter of the Schools of Africa today, [click here](#).

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### [Self-Care Isn't Selfish](#)

On Saturday, October 16, the first in a series "Self-Care Isn't Selfish" began with 21 participants to explore how taking care of ourselves can be a catalyst for peace in our relationships. The idea behind this webinar series started when a group coaches of trained by [Hilde Wiemann, Generational Healing](#), who are also members of WFP felt inspired to combine their healing work with the vision of WFP—Women working together to establish a culture of heart in the family, community, nation, and world in order to achieve genuine and sustainable peace under God.

The webinar opened with a relaxing meditation from [Insight Timer](#) that used the acronym SNACK to help us remember to make time for self-care.

- S—**stop** to do **self-care** using **soothing** touch
- N—**notice** the thoughts and feelings that come up
- A—practice **acceptance**
- C—**common humanity**, we are not alone
- K—treat ourselves with **kindness**...

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### [Preventing Covid in Rwanda—New Handwashing Station is installed with donations from the WFP Schools of Africa Project](#)

Thanks to many generous donors, the Schools of Africa Project sent \$1,000 to the New Hope Technical Institute in Rwanda which they used to install a handwashing station to stop the spread of Covid. Now the students have access to clean running water, things we take for granted, however not guaranteed in all areas of the world. **A heartfelt thank you to all supporters of the Schools of Africa Project.**

Please watch the short **Thank You** video made by the students...

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## Schools of Africa Benefit Yard Sale in Maryland

WFWP Maryland organized a fundraiser for the Schools of Africa Project on September 4 and 26. It all started with a phone call from a WFWP friend, who wanted to donate her items from her daycare she was closing to our yearly yard sale. That got us motivated to kickstart this year's benefit. Two WFWP members offered to help me and we had our core group. We got the word out to our contacts and community and then drove around collecting and picking up more donations for the yard sale...

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## The Mindful Path – Winnie the Pooh

Autumn is in the air. It is the perfect time to reflect on the wisdom of Pooh by exploring his famous quotes:

### Allow space for support.

"I don't feel very much like Pooh today," said Pooh.

"There, there," said Piglet. "I'll bring you tea and honey until you do."

### 2. Focus on the present.

"What day is it?"

"It's today," squeaked Piglet.

"My favorite day," said Pooh...

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## [Upcoming WFWP Events: Global and Local](#)

Check out the calendar for exciting upcoming events.

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