

WFWP USA: Recording: How to Love Your Way Back to the Body You Want!

Angelika Selle
September 18, 2020



If you missed the live webinar, watch the recording below!

How To Love Your Way Back to the Body You Want: *A Mindful Approach to Weight Loss and Wellness*



Presented by Caleb Nelson

*Wellness specialist and Weight Loss Coach
BS, Kinesiology (movement science)*

If you have been dreaming of achieving long lasting weight loss, strength, and well-being, this seminar is for you.

Thursday, September 17

8:00 - 9:00 pm Eastern

[Click Here to Watch Recording](#)

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