## It is a Good Year

Elisabeth Seidel January 4, 2024



Today is a good day!

The art of communication: to have listening skills can save the day. It can even save your marriage.

Listening to someone's grievance eases the heart and heals the emotions.

Reading my memoirs, the first day I met my husband I wrote: We talk, talk, and talk!

Communication is the key. We feel valued! We feel loved! Appreciated! Needed! We belong!

Words have energy. Let's choose our sentences carefully. Let's speak beautiful things. Let's convey God's deep love for us everywhere we go.

Our Heavenly Parent has also the heart to communicate with us, encouraging us in this new year 2024!

It is a good day today! It is going to be a good year!

Your friend, Elisabeth Seidel