

Ted Patrick Tried to Deprogram Me

Unification Church Member
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Ted Patrick (1976)

In the past four months, I have experienced a family tragedy which is now occurring all over this nation of America. The details of my story are shocking and outrageous for any conscientious person.

I hope this testimony of my experience can truly influence the spirit of Christianity which has protected our country for 200 years and given us the human rights we need now so desperately to defend.

I have been a member of the Unification Church since August 11, 1973. Based on a deepening understanding of the Bible, Divine Principle (and its application) and experience with God through prayer, I am always reaffirming my decision to remain with the Unification Church as a full-time member. I truly desire to give my time and energy for its goals and activities.

For 7 days in September 1975, I was forced to remain in the same house with Ted Patrick and be constantly (24 hours a day) subjected to his "techniques of deprogramming."

Altogether I was held, physically, 75 days before I could escape and return to my work with the Unification Church. I have witnessed first-hand how this man has completely deceived and manipulated my parents and as a result of the whole experience, has caused a great separation and lack of trust in my family.

Ted Patrick will attack any religion or organization, and if necessary, push a media blitz nationwide (as he is doing now with the Unification Church), if he feels he can gain either financially or egotistically. I heard him say many times that people in the "cults" -- Hare Krishna, Jehovah's Witnesses, Mormon Church, Children of God, Transcendental Meditation, and even the Catholic Church -- are victims of brainwashing from their leaders and that all these people need to be "deprogrammed." And of course, he is happy to be the "rescuer" and bring these religious "nuts" back into "reality" at a price of \$2,000 -- \$5,000 (or more) per head.

Although he has been arrested and convicted several times in several states, as well as being expelled and barred from Canada as an undesirable, Patrick is continuing his crusade to "Let Our Children Go." I am 25 years old, and the other "children's" ages range between 18 and 30 years of age.

I have recently learned that Ted Patrick and his nationwide associates are scheming and making great efforts to completely destroy the Unification Church and use it, later, as the model for ridding the country of other so-called "cults." I think it is essential to expose his method of working, and to warn this country of the great danger which is now threatening our religious freedom, as guaranteed in the Constitution.

This warning is especially urgent when one realizes that law enforcement officials have often turned a blind eye to Patrick's activities and in some cases actually cooperate in his campaign against the members of the new religious movement.

My parents have been completely deceived and victimized -- I only hope that this testimony, which I hope and pray can open many people's eyes clearly to the truth, can also help to eventually bring a solution to our present estrangement.

On September 20, 1975, I flew to Dallas from New York to spend one week with my family. I was under the impression as the result of several phone calls from my parents that my father was very ill, with a possible brain tumor. I was literally scared to death and so worried about my father that I never seriously contemplated the possibility of being held against my will or forced to endure the "deprogramming" techniques of Ted Patrick.

Ted Patrick, his bodyguard "Goose" and Cynthia Slaughter, helper of Ted Patrick in his deprogramming, came to my parents' home in Dallas on the 23rd of September. Mr. Patrick left Dallas the following Monday, the 29th of September. During those 7 days I was completely helpless. I was absolutely forced to endure his verbal abuse, obscenities and spiritual harassment for stretches of 12 hours at a time. Ted Patrick determined when I slept, ate, took a shower or listened to him. He was in absolute control of our home, completely manipulating my parents.

All of the windows in the house were nailed shut, the locks on the outside doors had been changed and the doorknobs removed. The telephone was guarded at all times. All of the neighbors had been warned to notify the police, who had been warned, that if I should by some chance try to escape, I should be returned immediately to my parents' house.

Ted Patrick slept in my bedroom in my bed while I was instructed to sleep in another room with "Goose" and my mother. I absolutely refused. "Goose" is 6'7" tall and wears a gold ring in his ear. He is 26 years old (approximately) and is really a "tough" guy with his mod clothes, straw hat, long shoulder-length hair and ever-present cigarette hanging out of his mouth. He never wore a shirt, shoes or socks and always walked around in a very leering way. Every morning when I was woken up, he was standing 5 feet away in the doorway watching me, with his usual attire of no shirt, a cigarette, a sneer. He always guarded me if I was in the bathroom.

I was rarely allowed to enter the bathroom alone, without my mother or Cynthia and always with the permission of Ted Patrick. Goose occasionally called me under his breath a "cold bitch" etc. and even remarked that if I were not a girl he would knock my head off, as he was so disgusted with me. I was always threatened by his presence and literally scared to death of being used in such a way as he implied and "suggested."

The schedule was usually the same -- the "sessions" with Ted Patrick lasting as late as 4 or 5 o'clock in the morning. I was always forced out of bed by 8:30 or 9:00 to endure the harassment from Cynthia or Goose until Ted Patrick made an appearance between noon and 2 p.m.

After two weeks of "rehabilitation" being reinforced consistently with the elements and techniques of deprogramming, I was forced to sign an affidavit swearing I had been psychologically kidnapped by the Unification Church, rescued by my parents and if I ever returned to the Unification Church that the authorities should forcibly remove me because I would not be there of my own free will.

All in all, I was for 75 days held against my will, the first 28 days being constantly harassed about my membership in the Unification Church and the remaining 47 days being constantly supervised, with no freedom to telephone or go out alone.

Finally, on the 3rd of December I was able to fly to Indiana alone, with my parents' permission, to supposedly visit my university and old friends and professors. I flew immediately to New York and returned to the Unification Church.

The world Ted Patrick offered to me was strictly the material world. He encouraged my parents to buy anything for me, clothes, a car, an apartment, travel, etc., in exchange for my heart and soul and moral beliefs. He encourages smoking, drinking, sex -- anything to "lite it up," "enjoy yourself" and "have a good time." The fact that the Unification Church and Reverend Moon most of all is sacrificing everything to bring a world of peace and harmony and full of God's spirit is completely overlooked by him and considered insignificant. He is satisfied to live in hell and bring everyone else there with him.

I can say that because he is totally against any spiritual pursuits. So many young people today are especially looking for spiritual guidance. Therefore, he attacks Transcendental Meditation, chanting by the Hare Krishna, and "Hailing Mary" by the Catholics all in the same breath.

I was never allowed to pray, although I was always in the depths of prayer inside. He always accused me of worshipping Satan, praying to the devil and he completely denied my sincerity to seek a deeper relationship with God. I think that it is essential for people to understand the nature of deprogramming and what he is actually doing. My conclusion is that, in fact, he is breaking down a person emotionally and spiritually.

When the "victim" is about to lose his mind or go berserk because of the spiritual pressure, Ted Patrick begins to feed in his lies and false information. This is the essence of brainwashing! He employs mental, emotional, spiritual and sometimes physical tortures to force the victim to not only give up his former religious beliefs, but to also hate viciously the church he was just "rescued" from and to love and obey himself, Ted Patrick. However, I can briefly summarize his strategy. He explained his philosophy to me in this way.

His purpose is to bring the victim to the point of hysteria, anger and hatred. He said he works through the emotions to enter into the mind of the victim. Once he can infiltrate the mind, during such an emotional upheaval, he can tell the person anything and the victim can understand he is speaking the truth. In this way, Ted Patrick can influence the victim to renounce his previous religious commitment and proclaim that he had been "brainwashed" and "manipulated by mind control" from the "cult." Afterwards, this is reinforced through "rehabilitation."

He accused me for hours of being a whore, a prostitute, selling myself to the devil, worshipping a Satanist snake, being no good, rotten, a God-damned bitch (etc. with more off-colored adjectives). He didn't call me this just one time, but repeatedly, over and over and over, for hours, screaming, yelling and shouting it to me. And during these outbursts, he would forcibly rock my chair back and forth and back and forth and take my hand or stroke my arm. He threatened me constantly, causing intensive fear and paranoia to grow and grow within my mind. He said he was going to take me to a cabin in Colorado and lock me up with him and Goose for 6 months!

He ordered my parents to give anything to him that was related to the Unification Church so he could "burn it all for 40 hours and burn Satan out." Therefore, he took my Divine Principle and New Hope books (which he ripped page by page in front of me screaming and yelling the whole time).

He tried to completely destroy Reverend Moon's image to me. He took his picture and drew moustache and beard, and scribbled all over it. Then he would sit on it and throw it in my face, etc. He tried to accuse Reverend Moon of every unpardonable sin imaginable even though every one of them was an absolute lie. He always compares the leaders of religious or spiritual groups to Charles Manson and Hitler.

Especially, he has strong prejudices towards Orientals, gurus, or any spiritual guide from the East. He tries to attack the doctrine of Divine Principle. However, he knows practically nothing about it and cannot speak logically or coherently about anything intellectual (or otherwise). There is no possibility of debate or argument with him and he has no real truth to offer in return. He can only make rash statements and false accusations. He is a very dangerous man and must be stopped. When he is deprogramming, he has a terrific evil power and I'm confident that he can actually break someone's spirit and do permanent emotional or mental damage.

During my 75 days of captivity, I grew very close to God. I prayed daily for His guidance and truth. I read the entire New Testament and studied deeply the words of Jesus and St. Paul. I became deeply convinced of the wrong that had been done to me and hundreds of other young people throughout the country. I resolved that if I could ever escape that I would truly devote my efforts to destroying this evil and driving it out of our country. America must be cleaned out and revitalized.

But this can only happen in our 200th birthday year if we can humbly turn to God and receive His will. The selfishness, greed and evil which Ted Patrick and his associates represent must be put to an end. We can accomplish everything good and wonderful by relying upon God and the righteousness which He has instilled in each of us through His son.