

Youth WFWP - South London teaches girls to make Natural Beauty Products

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Fourteen young women participated in the introduction of how to make Natural Beauty Products, introduced by Sylvie Vanalderwelt.

Sylvie is a passionate maker of Natural Beauty Products; she learned it a few years ago and still learning to make new ones. She did a very good introduction and explanation with demonstration about each product

First: the young participants made scrub with coffee and olive oil.

Second: they continue making a masque with banana and oatmeal.

Third: Sylvie explained how to make body moisturizer with Coconut oil and Shea butter.

Forth: they made body lotion with cucumber, olive oil and lime.

All participants had a very interesting afternoon learning, experimenting and having fun. Sylvie's goal was to make young women realise that they do not need to depend on shops to have their beauty products. Making their own Natural Beauty Products would save them money.

It is good for the environment (no plastic nor chemicals), and women can be owners of their bodies, choosing what and how they want to make their products depending on the need of their bodies.

It is also a fun, social and easy activity.

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