

# HJ Heaven and Earth CB Training Center: Intellect and Spirit Reborn from Spirit and Truth

Gi Seong Lee

April 23, 2026

Inaccurate Automatic Translation



1,549th Cheon Shim Won

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Prepare song

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Bow and Pledge #7

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Opening prayer of gratitude



...It is said that a for a Mother with a lacking child, Her Eyes are never dry, for a Mother with an immature child,

both intellect and spirit reborn anew from Spirit and Truth... Please let us be children who wipe away Mother's Tears, becoming completely one with Mother on earth and Father in the SW. I pray You will receive this joyfully

Kim Ju Won

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**Chanyang**

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**HJ Praise**

Kim Sang Oh

'Thank You My Life'

According to True Parents's Words, I offer this song to our elders as a song of encouragement and a heart of gratitude to True Parents

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Mori Takumi

Yeongseong trainee

**Testimony**

big applause



Japanese

gratitude

3rd of 4 siblings

grace during 20th spiritual Workshop... I attended church following church from a young age, thinking I could live lacking faith and at a moderate distance, however I learned that my mother had cancer, and in my shock, I thought that inheriting the faith of my parents was the greatest act of filial piety. My mother said, 'You have grown so much, don't worry, I will surely get better. And I believed her.

But from that summer her condition deteriorated rapidly and I couldn't understand her state. Sill, my mother attended the church whenever possible and received the ansu, not saying a word of complaint to worry our family. She did no give up until the end in Nov. 2023 when she ascended.



During her illness I could do nothing and only turned my eyes away from that reality. Then in 2024 in the summer at the 40-day, my sister gave a testimony and the words of PL became the turnin point of my life. He said the mother even fighting cancer was victoriously remaining loving her family. These words were precious for my family and me to hear.

At the same time, I felt the Heart of Heavenly Parent Who was trying to raise me until the end. I began to have my own faith, participating in the Cheon Shim Won devotion while living in the dormitory, but the sorrow of not being able to do anything for my mother continued, and I continued to offer devotion surpassing my limits for Mother to protect True Mother and that this was the best thing I could od for my physical mother at this time of Providence.

I am grateful to practice toward True Mother the filial piety I could not have for my own mother and set up morning fasts, 120 bows a day, prayer at the holy ground, 123 chanting and praying 40 and 21 minutes twice a day... Also, I considered the lectures and words of vigil night precious, taking notes filling 2 full notebooks and offered praise with all my might as well...



accumulating this devotion, I felt Heavenly Parent's guidance day by day, and when dozing off during praise, I felt Heavenly Parent always reading to me by my side and tears would pour out... In the latter half, I became accustomed to the devotion and my heart loosened, but then felt I must risk my life even more to surely protect True Mother and offered a total of 10,000 calling out prayers...

Honestly, I lacked confidence but was confidence but was determined to even replace sleep and meals or only one bread for dinner and falling asleep at 4am... With 12 days left, I heard that my father and older sister were offering fasting for me and I felt that love and then only ate 1 meal a day, and this was

accompanied by such grace.

During the prayer on 33rd day, I felt no residence, but calling out Mother for the last time, I became intensely hot, and I felt the words, 'Thank you, thank you for such a filial child' and the sorrow of my heart began to melt away at that time. On the last day, I had 10,000 calling chants left, but the choice of giving up did not exist at all. 'Please do not leave True Mother alone' came up and tears flowed.

That is how I could finally offer 210,000 calling out prayers, running to the finish without collapsing and realized that the SW was clearly working together with me.

From now on I will live a life attending Heaven 24 hours a day and become a true child where I can attend True Mother to my family and tribe and do my best for my two older brothers to return within this year...

Concluding



he bows very sincerely

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**Video of graduation of Workshop**

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**Testimony**

Ka Won Gi



fifth child of four sons and one daughter from Iksan Church

My family was one that only attended one SS, without deep faith, we just thought Sunday was the day to go to church when Mother asked us to go.

I cannot forget the sound of mother seeping in the background when my father ascended and carrying on the burden, lamenting, 'Why did you give me so much to handle' and my elder brother and I decided to receive the Blessing which was my mother's earnest wish.

However, I was still distant from the church after Blessing, and having to work hard with lessons, even my mother spoke of the Blessing value, I couldn't have casual talk but she would always speak of that... My mom would change her clothes and head straight to the church, and seeing my mother pray with tears every day without giving up made me wonder why and avoiding her uncle because of her faith.



But I was facing another wall after my physical therapy training for employment. My mother asked me to go to Workshop and I attend the 11th Hyomyeong 3-day Workshop with my mother... Although I could not pray loudly crying out like others, those days gave the conviction to fill my lack, and I laid down my employment to participate in the Workshop of 20 days, my mom kept offering so that I could set the roots of my faith more strongly...

I learned that the number of exactly 100 was deliberate and good for me to come. I wondered what it was that allowed the others to offer such passionate devotion, and if I found it, I could remain unshakably in any situation and I thought True Mother is the One Who walks alone and shoulders all for Her children with undying devotion (tears).

It was only after my father ascended that I learned how precious the love he gave was and after learning it, looking at his photo and longing for him so much, I felt I should not miss this era of True Mother here and that True Parents were really my Parents came to me deeply.



I wanted my older brother to attend the Workshop, who had no heart of faith even after his Blessing. I kept offering calling out for my brother to attend and then on the 20th day of the Workshop, I felt my small devotion was added to my mother's to reach Heaven when my brother became willing to enter the Workshop.

Before I was a negative person full of selfishness, but came to know the heart of gratitude even in trivial things and instead of thinking it was difficult, I only felt happiness with the desire to convey this

happiness to the world. I will not stop my Cheon Shim Won devotion for the remaining period and do devotion so that my entire family can be completed as a BF of True Parents, and grateful for my parents who led me to the endless devotion with their support in the SW and PW.

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### HJ Praise

40-day Workshop

'Only Begotten Daughter of Heaven'



True Mother we miss You so much and in this springtime, we will become more beautiful than the flowers and sing this song for You

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Kim Myung wook

### HJ Report

At this 1,549th Cheon Shim Won I welcome you and I love you



True Parents's Words: The family is the most important life school of love... children expand the width and breadth of their education of love and emotional education that only parents can provide as a cornerstone of character.'

True Father's Peace Message: When leaving a gathering, begin the work from the perspective of the most miserable person. When touring, you must first visit the places that are struggling the most. Strengthen the touring staff? even down to the village level, taking turns visiting for at least a day each. Within 3 years, you must complete the mission proclaimed by the Teacher.

This is what True Father has said. This TC has the 1st, 2nd and 3rd Providential Stages. In the 70s when True Father had first appointed this Place as the Holy Ground, calling it the Cheonon Complex, True Father has given us the Words that many people from all the world will be coming here.

And then in 2000, True Mother appointed PL to come here and start the Third Stage of the Providence and reported that True Father and True Mother's Word were the same. And centering on those Words, there were many changes. When the members could not attend during Covid PL organized the touring special Cheonshim missionaries to go out to the churches in the field.

So, starting Sept 2025, I started touring churches in Korea. This is the Emyung Che Senior Pastor family in Heongseong Church, and this is a missionary I met at that church,



It was so full of grace and my body feels so light (tears) and the reason I received the 3-day course was because the wife of the pastor went and prayed until her voice was gone... and I also wanted to do it and offered with Hanna nim the devotion and was able to be victorious like this only because of her. I repented a lot and ancestors who became AGSs and HyoJN and HeungJN and DMN worked and I am victorious like this.

She goes to the Cheon Shim Won five times a day and her body weight became so little, and the pastor's wife kept persuading her to come five times a day at the Cheon Shim Won Altar, and she testified she was able by the pastor's wife and she went to the Cheon Shim Won Workshop and went back to her church and began persuading members. And through the devotion of the mother, her son was led to the 40-day Workshop.



Once I went back to the Workshop, I asked the son how the Workshop was and he said it was so-so, and mentioned not to pressure him. I took him to the H G Burger and told him it was because of his mother's devotion and said this burger is not free but only by his going to the Heongseong Workshop and he became a trainee there and afterward I recommended another Workshop and he went there as well and then went home, but after a period he came back for the academy.

I was wondering what led him here again, but think back to his mother's precious sincere devotion with tears. Now the son receives these benefits.

testimony of the son: I came by my mother's recommendation and took on the role of a leader and feeling I should be a model for others, I joined more devotedly. My mother told the Director that my mother wanted me to go. I couldn't apply for the 2nd recruitment because my faith was lacking and vowed to o to the next devotion feeling it was H's call and then I could go.

Before I could not shed tears, but then with the Heart and Love of Mother abundantly I felt I must protect Her and that we were becoming one community for that. I will go home and continue believe and spreading the Love I received until now. Gratitude...



Yes, this person was able to do an engagement ceremony. How precious this is. A son who had no faith, 40-day, Yeongseong and Academy and now engagement. How happy and lovely is this sight for True Parents and parents and children as well.

I went to 281 churches meeting 33,000 people. Starting last year Sept and this year March I went to Chimdo Church and there was the Cheonsong du member and he was a core member at that church. I believe he is like a cornerstone there. And I was able to meet others...

Hearing the words of the SW, a member said his back hurt and hearing you were coming, I came and dormant before now came. My husband persuaded him and while missionaries were gathered, he came and received the ansu, and he was healed. During the ansu, the Center Director talked about the Workshop that if he went he could meet a good partner and giving all the hopes...



How beautiful if the children could understand the parent's heart... Testimony of a huge lump and had surgery and ansu beforehand central resentment spirits came out like a flood, then less and then health was resolved.

My husband had a temper and I was told to speak as he spoke and I couldn't then in front of my husband but the next time he spoke angrily, it came out of my mouth like he had spoken exactly, and then he realized something and changed to speak well afterward...

Sometimes the husband's feel frustrated for failing to meet the needs of the family and it comes out in anger.

When looking at the issue of heart, local churches have a lot less heart compared to city churches, but grateful for Cheon Shim Won through which we can be changed and the missionary explained how we should do it properly with more faith.

I had been suffering a lot from the tinnitus and could not sleep well, and this go much better...and looking forward for more ansu also for my should that would not go up,, and it's something to truly be grateful for.



This boat is what True Father gave to this church and the member had a high standard of faith and he is protecting that church and this boat and the church is thankful for him...

True Parents, F, M, thank you for giving us such an opportunity.

another had ansu on the lungs and past panic disorder and phobias, received that the terror was the voice of the central resentment spirit... I felt then a sad had of a spirit saying, 'I am a person who is not needed in the church' I realized I had given up to communicate with my husband, relating only on the surface, and the words of the Director and the testimony of Pak Son I, and I felt hope, 'Let's start anew. Let's take on the challenge. Let's work hard.'

When this couple received the blessing, True Father said, 'Who will marry this person and she raised her hand, 'I will' and it turns out he was disabled. I received the ansu too, hesitating because those who receive it suffer a lot... but now I received it well and will resolve for my husband in the future as well.

Shindo is a place where there was poor transportation but many Japanese missionaries came and settled. One said Mother came and was speaking and DMN came behind Kim Myung wook as she spoke and how important to welcome her through devotion.



We separated the resentment spirits and offered the Cheon Shim Won prayer and the church foundation and liberation. I heard many testimonies of those who realized the Heart of HMH True Mother, and shed a waterfall of tears...

Cheonman Henam Church - many think it's the farthest away but Chinjo Church was 30 minutes farther... They were grateful with a Peace Ambassador who listened for 3 hours for the education message

another: When I am busy I tend to lose at heart and then before I knew it, my children were at the age of Blessing, but then the Director was giving me answers and my children also could connect with it...

another who was agonizing about how to handle his condition at his condition but after ansu much lighter...

another... so grateful and receiving the ansu... physical liberation

Our I Ho Ha has given me much love through the meals they prepared and I was grateful for their investment of this time...



Last year Dec. and this year April, second time at Muju Church, small membership but each one is very, very, special and it was a very heartfelt, moving place. This is Hak Gi and very unhealthy body. When she came in to receive the ansu, she came in crawling, and with the heart of trying to save her, I really poured in all the ansu... I was busy and my legs were trembling and I never could walk but now practically dancing.. and all the members rejoiced and clapped for her.

another had daughter without a period for 3 years even many doctors could help... I went to the Director Kim Myung wook... and it was the resentment spirit preventing the periods and now she has had them for about a year...



The soon Oh Pastor is very young, seeming to resemble a Buddha, not that tall but his devotion and pastoral care is very shiny. Their couple do not have a child yet, but hold hands to protect the church with all their might. After giving a sermon, the members told me there are a lot of cherry blossoms and we went out to see them.

another... her home my friend said was worse than a chicken coup. My husband had an illness as well and improved a lot 20 years since he quit drinking and smoking. When 8 months pregnant I wondered if I had to stand on the plane, a stranger gave me the plane ticket... They say you can only have C section up to 4

times but with the 5th child I heard, 'Live for the sake of others and I had the fifth child and sent that child to a family that could not have children....

the husband by central spirits could eat Chambong as not before. His friends used to say that the Japanese wife would run away because of the conditions, but she came and helped him resolve the drinking and smoking as well. She is such a hope... applause

another had bad hips and didn't go out as much and anxious and depression but with the ansu could stand up on my own and gained hope also for when the negative thoughts come up...



The mother only has one son, but he has grown so well and he husband also comes to the church and her son became a pastor and has 3 children of his own. I told her she had raised him so well... applause

another... son received the Blessing but first baby was a miscarriage and then no children for 7 years, but condition going to the Holy Tree and other devotion but then the baby had down children and we were told not to give birth, but because of believing it was given by God, they were grateful to bear it and then with all conditions, it turned out it did not have Downs after all... but the the baby's head was big and the body small, and we gathered in the churches and prayed and the baby was born again... I head Heavenly Parent say to put the character Shin in and it was suggested to named in Chungshimon and when looking at the photos, True Mother was smiling.

Muju Church was truly alive, and when I asked for testimony they talked about their devotions and they named the child specially and we hope for their many blessings.



another... Her Japanese parents came to Korea and told the Director to take them to the daughter's house where she was living with the bathroom outside the house, and the parents pled to change the environment and eventually the missionary's parents were able to approve of their family life...

This couple right here actually never fought before, and she also plays the flute very well. She says, I couldn't eat very well, but since Mother is receiving treatment now, I have been getting better. My husband tries to do everything for me and loves me. But when I first married, the house was so old and my parents almost fainted... My husband's land was sold and we could move to an apartment and I and I am thinking to witness a lot and they look at each other so well.

I never saw the lovey dovey couple like them here and the wife doing flute...

another... I was so harassed by life itself and I couldn't pay attention to the children and because of my husband's strictness and harshness, and my son fell into depression and the doctor recommended hospitalization for 7 years, but my husband persuaded the pastor to visit. At the time looking at the child, my husband apologized and said he had lived with a father like that too and didn't know a different way. Then the son said, 'Dad, I understand you' Now he is so better but Heavenly Parent must have suffered because of my son but even so, You led him like that...

Two families who cultivate apples and please call them to eat good apples.



The pastors, when they first hosted Kim Myung wook, it was unexpected and we had not much devotion, but this time better devotion with one heart. The Central Director must be moved and comforted by this visit, and when I saw her limping coming out of the car, I felt I must fulfill this idea. Watching the Center Director with love and advice, I saw the many members receiving comfort and able to love again...

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**Break**

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**Hoon Dok Hae**

Enlightenment through Spirit and Truth Reaching Complete Perception



Upon realization of the Heaven realm on earth, we live alongside Heavenly Parent Who resides in the Heaven world... God is omnipotent and... but the problem ensued with human being not being able to be Blessed as intended. Peace cannot exist without the Parents and I have lived My Life for this until now. The Providence that Places the Mother at the Center is now bearing fruit through the Pacific civilization.

Spirit is the process where facts concerning the intangible world are first perceived by the SW through the

spiritual 5 senses. This is then resonated and physiologically perceived through the five physical senses. Truth is that which is received tangibly by the 5 physical sensorial organs. Therefore, perception also comes through a dual process of Spirit and Flesh.

Because human beings were created to become complete only when the spiritual self and the physical body are united, the spiritual beings is completed by the process when spiritual truth based on the physical process, are in perfect harmony, thereby awakening both the spirit and intellect.



Only when the dual perceptions are coming through these two processes harmonized and completed, does the human being receive a complete perception of God and the human world. In this way God conducts the process of restoring human beings who have fallen into ignorance due to the fall back to their original state of creation by awakening their spirit and intellect through the spirit and truth.

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### HJ Praise

Cheonwhim Choir

'I Will Love You With My Life'

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If you receive the moshim Workshop, that heart naturally arises from within your heart and you can give such praise, and I believe these ones will become great figures inside our community...

Tonight, about 42,000 with us...



Japanese Mi eh Church came as a group to offer devotion and Tong Il Mu Do Message:

We will achieve victory and wipe away True Mother's tears, as chosen BFs, let us become such chosen families who fulfill our responsibilities... (Song In Myung Pastors)

The song, 'Thank You My Life' When our descendants see us, it is such a lifetime of praise we will receive, and True Mother opened the CheonBo won and now there is Hyodo won as well, for the praise of the members and you can go there holding your grandchildren's hands together and tell them to have the standard of Heaven, and True Mother is preparing that standard for us to become the ancestors of Cheon Il Guk.

I hope that all can become the ancestors that can bury inside the Hyodong won. Even if you lived a good life of faith, you might have the name on the register list for burying into the Hyojon won but also one day you might be taken out from that list if you don't pay attention to your life and you may fall into the position of disbelief.



Looking at the disciples, they weren't able to repent even with Jesus dying on the cross. Until the last breath of our life, until the last breath and our seonghwa, we have to live a life proud of True Parents where our life reaches the Hyojong won, in a place where the Spirit and earth can connect and be harmonious and be a proud life as a BF.

Mori Takomi said he lived a life of faith from a distance in a moderate position, but with the shock of his father going to the SW, he became to really think what is his filial piety, and receiving the faith she left for him is the way. Through his devotion, he received his mother's approval, 'You are doing well. See how much you have grown. I will always be with you' and the last moment when his mother went to the SW, it was the last moments left behind was the sincere prayer and devotion.. And those kind of moments are the most precious you can leave before going to the SW.

If your last moments are resentment toward your family and church, that cannot be grateful. We have to think what is the most grateful way, the last picture, the last moment you want to leave before going to the SW. Despite the mother's body being so thin and weak, she offered devotion even right before going to the SW as well.



The son had a feeling that this Workshop would be his turning point and he did his best to pour everything, and then he realized deeply. Fasting, offering bows, morning, afternoon and evening, calling out prayers every day, and for 40 and 21 minutes constantly and took detailed notes, not to miss anything.

Amidst all of this, he could feel Heaven's guidance and True Mother's Love. Every day, once he had 21

days left, he made the goal of 10,000 calling prayers every day and also his family, father and mother and sister offered fasting devotion for him.

So, moved by his own family members devotion for him, he decided to eat only one meal per day on the last days and during the unison prayer time, when he called out Mother, his heart felt so warm and tears overflowed and on the last day he finished 210,000 calling out prayer and was able to proclaim that from now on for 24 hours, I will become a child who attends Heavenly Parent and True Parents and expands the environmental realm of Them and restore his two brothers.

His mother might have gone to the SW, but she had achieved victory. I am very sure she is here next to her son offering devotion with him, and I believe that all of the SW is looking as Mori takumi's mom as well giving applause and congratulations for her devotion.



Next, the testimony of Sah Un Jo. She told us that her father passed and she remembers her mother's cry and no matter how tired her body was from work, her mother would go right away to church. The mother said it was for her family. And that made her heart move. It is very heard to make your child's heart move, like when they say, 'I will never receive the Blessing.' but this mom became victorious... applause

The most proud parents have children of filial piety. Heavenly Parent after 4,000 years found the OBD and 2,000 more years found the OBD...

Sah Mun Jo is a very precious filial child. When her mother asked her about the 20th Workshop maybe felt a bit burdened so came to the 3-day instead but by that could see what prayer is and it gave her the confidence to come to the 21-day even it was already the 12th day but could know True Mother is the True Mother and Mother of all Mothers.

You all know this, right? You need to know it by devotion how They are the utmost King and Queen of Heaven and earth. We must realize this. I hope you realize this. True Parents are Truly, The Father and Mother. She had this realization and offered devotion upon this realization and prayed for her 4th brother to come to the Workshop... After her condition, she had prayers of gratitude and happy tears to Heaven that her husband told that he would go to the 40-day.



She wants to tell the would about this happiness and love. Today, Center Director Kim Myung wook

shared much grace to the field and through these testimonies we can see Heavenly Parent is alive. I believe you have all experienced this directly through these testimonies. If your eyes open to see how H is working, you can truly live a life where Heavenly Parent is with you.

Today, Spirit is the process where facts concerning the tangible world are first perceived in the intangible spiritual world and then perceived through the five physical senses.



Truth is what is perceived directly from the tangible world by human physical sensory organs. You have learned this through the Divine Principle, right? You have to understand this. When your physical body is hurting, it is not just your physical body. We are 95% spiritual as well. When you do the ansu, you do face, neck and down the body and so on. Things that are happening in the physical form are also happening in the spiritual form, and the time to organize this is the CheonBo Chanyang time.

DMN deeply understood this. When she saw the BFs living the painful life, she came to understand the spiritual and physical. Many testimonies say that once they organized the central resentment spirit, many blessing came out. Organizing our spirit, our physical also got organized. Truth is that which is perceived directly by the physical sensory organs through a dual process of spirit and flesh, aju?

This is saying that we cannot just understand things by our head. Human beings become complete only when the physical and spiritual body self are united, achieved with spirit based on the spiritual process and physical truth based on the physical process both in harmony, thereby awakening both the spirit and intellect.



When these two processes are in agreement does a human being understand God and the intellect and physical world together with the SW.

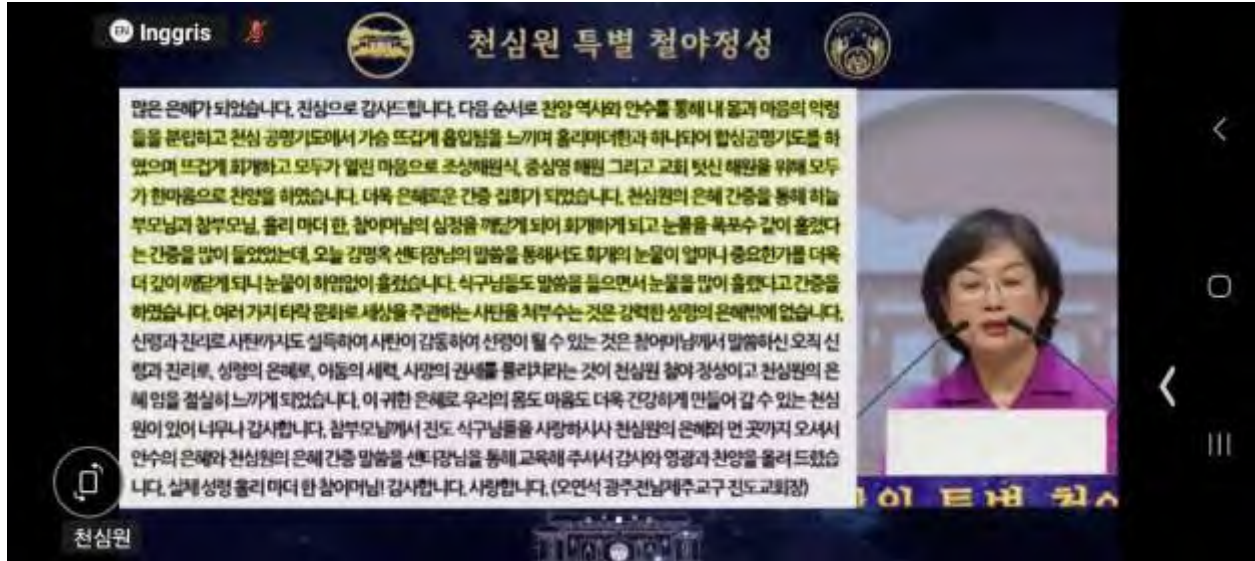
If we only believe with our mind, our head, the history of disbelief will occur. There are so many in our churches that end up in disbelief, because they could only understand half of the things with their head.

In this way God conducts the Providence of restoring human being back from the fall to their original state of awakening of Spirit and Truth, Spirit and Flesh. (awakening both the Spirit and the Intellect)

That is why the point of restoration is done by Spirit and Truth.

After Father's Ascension, True Mother has vowed to restore the church back to the earlier days of knowing Spirit and Truth. That Word is in True Mother's Autobiography very well, and also in Cheonseong Gyeong...

We have to have a revival, just as we did in SS with True Father, aju? I said I will make the Korean Church new with Spirit and Truth and True Father 100% approved of this. Father said, 'Mother, I will help You. That is absolutely correct. What is a church that is alive and breathing? It is through Spirit and Truth. True Mother made the way of Cheon Shim Won devotion. All churches must have Cheon Shim Won, and that is why it is brought to all church.



It is where you can listen to Heavenly Parent and True Parents and feel with all of yourselves. We can go back to the Garden of Eden, the restored Cheonon Complex. And now in truth, listen to Heavenly Parent's Calling and Voice, becoming one in Spirit and Truth, listening inside your dream and so on, but during the vigil prayer and testimonies, Heavenly Parent can speak and we have to have the heart to listen to Heavenly Parent, thinking Heavenly Parent is talking to us every moment...

If we realize and be enlightened, Heaven's Will can be accomplished. So, not just with our heads, but experience in Truth. Everything happening with my physical body is happening by the spiritual resonance. If my body is not well, think about the SW and offer devotion and then you can help revive many spirits and your spirit can be much brighter and cleaner and able to become the very Body of Heavenly Parent's Indwelling.



I believe you can be the main character, the protagonist of Seonghwa Ceremony, one body, one core, the unified state and become one with True Parents. and I believe those striving for that at this time, Heaven can give you a great Blessing...

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**Calling out / Fight Song**

Chanting

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Prayer and Praise

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Bow

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Oeg Monsei



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TY (and we love you)

