

Blessing and Family Newsletter: Resources for You and Your Family

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March 28, 2020



BFM at Home: Resources for You & Your Family

Our team at the Blessing & Family Ministry is committed to sharing the most relevant and helpful information and resources available to help you and your family navigate these uncharted waters.

Hi,

Without a doubt, most of us have been affected by the global pandemic—emotionally, financially, health-wise, or otherwise. However, our most precious assets remain intact—***our relationships.***

How are your relationships managing during this time? Have you developed a daily routine of communication and personal growth? Or a family Hoon Dok Hwe and prayer routine? If not, this is a great opportunity to start something you've been meaning to and utilize one of the below resources.

What We Are Doing

We will continue to provide uplifting and practical resources every

week in the form of our weekly newsletter. We will cover relevant topics, including Matching, Marriage, Parenting, Family Finance, Heavenly Intimacy, and more.

Use one of the below links to start something new this weekend with your spouse, with your kids, or with yourself!



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3 Essential Tips to Getting Matched...Well

We have seen again and again that candidates who put their best foot forward as they prepare for the matching process, communicate well with their Matching Team, and always maintain an open mind to possible matches are the candidates that pursue the healthiest and happiest marriages. Here's how you can prepare well for matching...

[Read more →](#)

High Noon's Sexual Integrity Online Course—Now Free

High Noon has now made their online courses free during this difficult time of isolation and quarantine. You can get started today at highnoon.org/courses.

[Join the course →](#)



How to Request Change from Your Partner | John Williams

Whoever said asking your partner to change never works just didn't know how to do it right. Learn how to complain (skillfully) with Marriage Coach John Williams!

[Watch video →](#)

Heavenly Intimacy: Video Course

Heavenly Intimacy is a 6-lesson video course offering a unique perspective on healthy sexuality for married couples. *David & Mitsue Wolfenberger* guide and encourage couples to move from a place of shame and isolation, into greater intimacy and connection with each other and with God.

[Join the course →](#)



School of Love: Conversations on Love for the Whole Family

This home curriculum is designed for parents and children to create lasting memories and bond together deeply centered on the topics of love and sex.

[Check it out →](#)

Seven Keys to Creating Family Wealth | Ray Martin, Richard Curry

Ray Martin and Richard Curry cover essential keys to creating family wealth.

[Watch video →](#)

[Watch all finance series →](#)

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