IRFF UK: March 2024 - Happy Easter from IRFF UK

Edward Hartley April 1, 2024

www,irff-uk,org



Wishing you all a

Happy Easter from IRFF UK



Walmer School girls receiving pads, SA, 2024

Other ways to support IRFF UK today

Have you wanted to support IRFF UK but been unable to financially? Here's how you can help us without spending a single penny!

IRFF-UK has been working hard to improve its media presence. You may have seen our new website is still being updated to reach even more people who want to help those in need in Africa!

Help spread the word!

Do you have a Facebook, Instagram or LinkedIn account?

If you have just one or all three you could help support IRFF-UK to be known by even more people!

Click the links below to start liking and sharing IRFF-UK posts on Instagram, Facebook, and LinkedIn:

Instagram: <u>www,instagram,com/irff_uk_charity/</u>

• Facebook: <u>www,facebook,com/IRFF.UK</u>

LinkedIn: <u>www,linkedin,com/feed/update/</u>



Proud Jesca with graduate students from Destiny Junior School, Uganda, 2023



You can also consider shopping using www,easyfundraising,org,uk.

Choose 'International Relief Friendship Foundation' or click <u>here</u> to support us while you shop!

If you can afford to support IRFF-UK financially please <u>click here</u> to donate today!

Alternatively, if you are a UK resident you can consider transferring directly to the IRFF-UK bank account:

International Relief Friendship Foundation Account number: 96497645 Sort Code: 60-05-29

<u>Click here</u> to visit our website and find out more about our other projects.



Donate

A Charity for Africa

Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

Click to Donate to Period Poverty



Your donation helps children access quality education and build brighter futures.

Click to Donate to Education

Subscribe To Our Newsletter



Supporting African Communities from the UK UK Based Charity for Africa

Our Charity Is Focused on Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on education and addressing period poverty**. We are breaking the cycle of poverty by ensuring access to education for all and **preventing female dropouts through the provision of menstruation products and education**. Through this communities and youth are empowered and Africans are given the best chance for a brighter future.

Support Us Today







what Areas Does Our Charity Support in Airica?



Period Poverty

Emergency Relief

Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

Learn About Period Poverty



A Small Glimpse At The Difference IRFF UK Has Made How IRFF UK has helped in Africa so far?



Jigger Removal

6

Home For Children

Kampala, Uganda Destiny Junior School



IRFF UK built Destiny Junior School in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



Why Choose IRFF UK?

What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being intermediaries in fund transfers.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations. We prioritise a comprehensive approach centred on education and empowerment to uplift individuals from poverty.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

How Can You Get Involved?

How Can You Support Our Charities Work In Africa?

Making A Donation

Spreading Awareness

Volunteering Your Time & Skills

What Our Donors Are Saying

Your efforts in the areas of education, health and sustainability are vital in certain countries and truly appreciated.My family will continue to sponsor a child at Destiny Junior School in Uganda, and will endeavour to support other causes that IRFF UK informs us about.

Marshall de Souza **Destiny School Sponsor**

The Women's Federation for World Peace. South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.

Dolores Read **Destiny School Sponsor** I have been happy to support some projects that IRFF is running in Uganda. In particular, I have donated funds towards the building of a perimeter wall and a borehole at Destiny School. I really appreciate the good work IRFF has been doing over the years to help people/children in Africa.

Joyce Suda **Destiny School Donor**

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Support IRFF UK With A **Donation Today**

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Yes, I'll Donate!

Period Poverty

Period Poverty Intro

What is Period Poverty

Ending Period Poverty

Period Poverty Projects



Submit

Empowering Communities and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5 4LZ

More Info

Blog

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