

FFWPU Asia Pacific: 21-Day Spiritual Growth Workshop in Pakchong, Thailand

Yutaka Yamada
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The 2nd 21-Day Spiritual Growth Workshop was victoriously held from May 9 - 29, 2026, at the HAP HJ CheonBo Branch in Pakchong, Thailand. Anchored by the theme "Offering our Utmost Sincerity and Devotion for Holy Mother Han," the event brought together 78 participants - including first and second-generation members, as well as blessed families - from nine nations across the Asia Pacific region, all united by a profound yearning to grow closer to Heavenly Parent and True Parents.

Over the course of 21 unforgettable days, participants walked a transformative path filled with sincere prayers, tears, laughter, and newfound realizations. Through CheonShim Won (Cheon Shim Won) devotions, Chanyang Yeoksa, lectures on the Divine Principle, Chambumoron, and the Korean Epic, HJ Special Lectures, writing letters to True Mother, and holy pilgrimage visits, each soul was given the opportunity to cleanse, reflect, and renew their commitment to a life of mission and love.

A Curated Journey of Deep Devotion

Each week was carefully designed to nurture both heart and character, combining education, spiritual training, and the practice of living for the sake of others. Demonstrating incredible spiritual discipline, participants offered an average of 18 hours of daily devotion to Heavenly Parent and True Parents.

Their collective spiritual offerings during the 21-day period included:

- 18 sessions of 1-hour Cheon Shim Won Prayer Practice
- 20 sessions of daily 10-minute Cheon Shim Won Special Prayers
- 3 intensive 3-hour Prayer Devotions
- A 1,000-full-bow devotion
- 40 sessions of Chanyang Yeoksa (with 80 people receiving special ansu)
- Daily Holy Ground Prayers and Cheon Shim Won Night Vigil Prayer Devotions

The Closing Ceremony: A Launchpad for Mission

The Closing Ceremony took place on May 29 from 9:30 AM to 12:00 PM (Bangkok Time) - a powerful celebration of victory, transformation, and renewed determination.

Rev. Yutaka Yamada, Continental Director of FFWPU Asia Pacific, emphasized that the workshop was not merely an ending, but a new beginning. He encouraged participants to return to their churches, families, and communities to boldly share the love, blessings, and experiences they gained while True Mother is still with us in the physical world. He challenged everyone to become living testimonies of the happiness, grace, and spiritual growth they received.

Dr. Kim In Cheon, President of the HJ CheonBo Asia Pacific Branch, echoed this call to action, urging participants to move forward with greater confidence and determination. Highlighting the theme "Future Starts Today," he reminded everyone that meaningful change begins with immediate action and that they must not procrastinate in pursuing their goals and providential responsibilities.

Torchbearers of Cheon Il Guk

Ultimately, this 21-day journey was far more than a workshop - it was a sacred encounter with Heavenly Parent and True Parents, a spiritual rebirth, and a declaration of hope for the future of the Asia Pacific region.

Each participant returned to their home nation with a clearer understanding of the spiritual life, a deeper connection to True Parents, and a heart fully committed to a life of faith, sacrifice, and love. They carry back not just memories, but missions: to lead, to serve, to testify, and to love. They are no longer just participants - they are now the torchbearers of Cheon Il Guk, ready to light the way for others.



Reflection

Keettipong Sirisukniwas, 2nd Gen Participant from Thailand:

I feel very grateful for the special Ansu session. It made me feel as if I had returned home and met Heavenly Parent once again after a long time of not feeling His embrace. I can honestly say that the special Ansu gave me strength and helped my spirit grow even more. This was truly a workshop where I could deeply feel the spirit and heart behind everything. Thank you so much from the bottom of my heart.

Chartchai Bussabong, 1st Gen Participant from Thailand, SERI Church, Center Leader:

After listening to the lecture about resonant prayer and being on the same spiritual frequency as our Heavenly Parent, I had a special experience in the Cheonshimwon prayer room. I could feel the love of our Heavenly Parent while I was praying. It felt as if angels or good spirits came and embraced me, giving me the feeling that they would support me and help my prayers be fulfilled. I felt that there was nothing I should worry about.

Hajime Saito, Participant from Indochina:

Every day I am learning new things. Even though I have been with True Parents as a leader, many of the things I learned in this spiritual growth workshop are new. We are learning every day in Cheon Shim Won. Cheon Shim Won's prayer practice time is one of the most graceful times for me. Chanyang Yoksa has 43 times more grace than usual. To think about this, Cheon Shim Won is a great grace from True Mother, and a spirituality workshop where we can learn how to utilize Cheon Shim Won is our great fortune. That's why the role of Pakchong Training Center as the Asia Pacific Branch of HJ Cheon Bo Training Center is crucial.

Letter For True Mother

Arunee Sinpai, 1st Gen Participant from Thailand, Ramkhamhaeng Church, Center Leader

Dear True Mother, my beloved Mother,

How have you been, Mother? I miss you so very much.

Thank you so much for all your dedication and sacrifice in creating such a beautiful and wonderful environment for all of us. Thank you for your heart that has always remained unwavering toward Heavenly Parent's dream and steadfast in the promise you made with True Father, never changing even once. Since True Father is no longer physically with us, it must have been so difficult for you, hasn't it?

I also want to apologize to you. On that day, you earnestly asked us to share your love with our brothers and sisters and with the people around us, and I promised you that I would do so. But I have not done it well at all. I am truly sorry. Whenever I watch the videos from the time I met you at Cheon Jeong Gung, I always feel apologetic. More than that, I miss you deeply.

Sometimes I cannot help but wonder why both True Father and True Mother had to go through such painful situations. I feel so sorry for both of you. I must admit that this period of my life has been extremely difficult. I felt as though it was the lowest point in my life. Many times, I wanted to give up this responsibility. But no matter how hard things became, I could never abandon it. I could not deny God's will, and I could not leave True Parents.

Before, I used to wonder why we called you "True Parents," even though you did not physically give birth to us, and many of us had barely even met you. But throughout the past nine years of following you and learning from your teachings, I realized that it was not only about the Principle written in books. It was something that truly appeared in our real lives.

Every time I faced difficult situations, when I looked at the lives of True Parents, I gained strength, encouragement, and the power to continue moving forward. That is why I came to deeply understand the meaning of the words "True Parents." Now I call you that without even the slightest doubt, and I am truly proud to have been born as the child of True Father and True Mother.

As I continue walking this path following True Parents, I understand more and more how difficult this road has been for both of you. As a woman, I especially understand how bitter and painful this path must have been for True Mother. Yet I also know that despite everything, you are happy walking this path. Thank you once again. From now on, even if my circumstances and responsibilities are not easy, I will continue forward. I will walk together with you all the way, Mother. Please do not worry.

I will become a successful Blessed Family. I will take good care of my brothers and sisters and help them succeed on this path as well. After this 21-day workshop ends, we will become more united and work even harder together. We will pray more earnestly. We will become Pure Water and go out to witness for True Mother. We will proudly tell everyone that we are the children of True Mother, Holy Mother Han! And we will show everyone how loving, strong, and capable your children are. We will share your love with our friends, our brothers and sisters, our families, our communities, our country, and the entire world. We will do this with confidence and without hesitation. We will work urgently and wholeheartedly so that Cheon Il Guk can be substantially established while True Mother is still living together with us on this earth.

Lastly, I pray that you recover quickly from your illness. I pray that you stay healthy and strong, and that you can return to your children soon. I miss you so much, and I always will.