



FEFF LIFE SKILLS EDUCATION NEWS

May - June 2020



Virtual Class Participants



(L-R) Oswaldo, Cassandra, Ingrid Yael, Pedro and Leara

Most education is moving online these days as we face a not so normal life situation of battling a “pandemic”, and as you may have heard so many times in the media, we live in an “unprecedented time.” As the Covid-19 pandemic runs its course, the schools have to put in place an alternative method for students and teachers to continue with their lessons online when attending school is not possible.

Following the measures our government is implementing to keep the children safe, FEEF has been holding virtual education starting with the alumni of the Character Education classes we have provided at the University of Nevada – Reno extension center in Las Vegas. With their parents’ approval, the students enthusiastically agreed to hold weekly online classes.

At our first meeting, when I asked the kids about how they feel about what’s going on, Ingrid, who’s in 7th grade responded: “I think we should all be safe and stay inside, but I miss my friends.” I was actually glad to hear that because our first lesson was on the importance of maintaining good relationships, even though we can’t be with each other physically. Given the “social distancing” mandate, we can still maintain contact with our loved ones through the social media avenues so we can continue to build “healthy relationships” that will grow in a positive way.

The second session’s topic was on “Self-leadership: Goal Setting and Managing Emotions. We started the meeting with reaching on the chapter titled “**Vision for Youth**” from Dr. Sun Myung Moon’s autobiography where he quoted: “Our youth is the most important and beautiful period of our lives. This period should **be a time of tranquility** as one prepares for the future. The process of growing to maturity is a building block that opens the way to a new era.”

The third session was on the “Responsible Use of the Media”. Statistics show 95% of American teens are online and 78% own a cell phone. Kids know how to operate a cell phone like an expert technician, but they don’t necessarily know **how to be responsible “cyber citizen.”** We have a little poster that can act as a clear reminder for responsible online behavior.

Positive Relationships

- Based on respect, boundaries
- Disagree without grades
- Shared view of right & wrong
- Good listener
- Know each other's feelings
- Can resolve each other's issues
- Offer to yourself

BEFORE YOU POST... THINK!

- T** - is it true?
- H** - is it hurtful?
- I** - is it illegal?
- N** - is it necessary?
- K** - is it kind?

FEFF Office: 8610 S. Eastern Avenue, Ste. 6, Las Vegas, NV 89123 Tel. 702-754-0429 www.lvfeef.org