

## Blessing and Family Newsletter: Satisfy the Deepest Yearning of the Heart

Crescentia DeGoede  
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**BLESSING & FAMILY MINISTRY**  
FAMILY FEDERATION FOR A HEAVENLY USA

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*We marry to resemble the form of God. Men and women were created to reflect the dual characteristics of God.*  
*- True Parents*

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## Safe Conversations Webinar Class | “Satisfy the Deepest Yearning of the Heart”

Starts Oct. 2

Learn to talk without criticism, listen without judgment, and connect beyond differences in this webinar series with Generational Healing, presented by Anne Contee and Nancy Bulow!

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## High Noon Summit in New Jersey

September 28

This will be a great opportunity to learn about healthy intimacy and connect with the vision of a porn-free world of sexual integrity. Join us for informative presentations, moving testimonies, and connecting with others!

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## Hyojeong Cosmic Blessing & Korea Blessing Experience | Feb. 5-9, 2020

We're excited to announce that the 2020 Hyojeong Cosmic Blessing will be on February 7 in conjunction with True Father's 100th Birthday celebration at the KINTEX Exhibition Center in Korea...

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## Article: How to Keep Your Marriage Strong During the Parenting Years

Author Asha Dornfest addresses the challenges of maintaining a strong connection as a couple while managing the details of life with kids...

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## Article: Healing Through Being Present | Myrna Lapres

On my healing journey, I have begun to realize that it is my way of making order out of chaos. It is my “safe place” where I don’t deal with feelings and emotions. I am reminded that healing is a process of being intentional, takes being present to ourselves and loved ones. It involves peeling back layer after layer to discover our true self and takes a willingness to do the work...

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## HighNoon Highlights | Weekly Newsletter

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