

## Register for COR Invigorate Retreat 2018 in Warwick, NY

Crescentia DeGoede  
March 6, 2018



Join young professionals in the Unificationist community for a relaxing, nourishing, and powerful weekend retreat! The [COR “INVIGORATE” Retreat 2018](#) is a weekend to invigorate our lives...

Acknowledging the impact of my past life experiences  
Owning the present by cultivating my unique purpose through healthy spiritual practices  
Defining what I want to contribute to the future of our community

This retreat is open to those under the age of 35.

When: 6:00pm Friday, April 27 – 1:00pm Sunday, April 29, 2018

Where: [Warwick Retreat Center](#), Warwick, NY

### Testimonials from Last Year’s Retreat:

“The weekend was an opportunity to re-examine my life and make note of the adjustments that I want to see take place. It was a space where I felt totally part of a family atmosphere that I had missed so much. It felt like coming home.” – Yoshie M. – New York

“I was reminded of how loving, caring, and supportive this community is. It was great having discussions and conversations that challenge me to reflect on my life and where I want to go from here.” – Kyra M. – Pennsylvania

“An encouraging, positive experience. Everyone came with such an open mind and heart that I go away feeling tremendous hope for the future of our movement.”

This weekend is a great chance to relax in a comfortable retreat setting, enjoy the out of doors, and connect around our common principles and values. See our [website](#) for more information, including testimonials and photos of [past years’ retreats](#).

Activities will include hiking, volleyball, round table discussions, insightful presentations, testimonies, and time to relax and reflect.

This year we’re excited to announce that childcare for children 3 and under will be offered on site to parents for the weekend.

Register

Our early bird rate, offered until March 26, is \$240.

“Late bird” rate is \$275.

Registration will close on April 13th.

The price includes 5 meals, accommodations, and retreat content.

Retreat Director: Tasnah Moyer (PA)

Core Team: Raymond Burns (NJ), Yoshie Manaka (NJ), Ivan Dickson (NJ), David and Arehta Fortune (CA)



### **About COR (Connecting Our Roots)**

[COR](#) is an independent, self-funded organization, based on Unification principles.

Our Vision: An authentic community that inspires God!

Our Mission: Create retreats for Unificationist young professionals to gain spiritual nourishment and experience authentic connection in order to comfort God.

COR was started in January of 2015 because we (the [Board](#)) wanted to create an experience that could meet the needs of those in the Unificationist community under the age of 40. Our goal is to create retreats where people can build deeper relationships with each other and God, and have an amazing time out in nature. See our [“Vision and Mission”](#) page for more details.

COR Board: Crescentia DeGoede, Ten Seng Guh, Jin Kwon Kim, Joe Leonard, Tasnah Moyer, Kester Wilkening





## COR "INVIGORATE" RETREAT 2018!

### Upcoming Retreats

COR  
"INVIGORATE"  
RETREAT 2018

## COR "Invigorate" Retreat 2018

JOIN US FOR A WEEKEND TO INVIGORATE OUR LIVES ...

- **Acknowledging** the impact of **my past** life experiences
- **Owning the present** by cultivating my unique purpose through healthy spiritual practices
- **Defining** what I want to contribute to **the future** of our community

REGISTER TODAY!

### SCHEDULE (TENTATIVE)

#### FRIDAY:

- *\*Dinner is **not** served on Friday evening\**
- Registration
- Orientation + Welcome

#### SATURDAY:

- Morning Inspiration
- Breakfast
- **Session 1:** Acknowledging the impact of my past life experiences
- **Session 2:** Owning the present by cultivating my unique purpose through healthy spiritual practices



- Lunch
- **Group Activity**
- Free Time
- Dinner
- **Evening Program**
- **Bonfire**

SUNDAY:

- Morning Inspiration
- Breakfast
- **Session 3: Defining what I want to contribute to the future of our community**
- **Closing and Reflections**
- Lunch
- Departures

## RETREAT COST + ACCOMMODATIONS

This year's retreat will be held at the [Warwick Conference Center](#) in Warwick, NY. Participants can select from the following accommodation options in the West House:

*\*Early Bird prices offered until March 26th! Then prices go up \$35! Registration closes April 13th!\**

- **Individual Registration** - \$240 early bird, \$275 regular
  - Includes 5 meals (Saturday breakfast until Sunday lunch), hotel room style triple occupancy accommodations, retreat content
- **Private Couple's Room** (2 adults) - \$480 early bird, \$550 regular
  - Includes 5 meals (Saturday breakfast until Sunday lunch), hotel room style private room accommodations, retreat content
- **Private Family Room + Childcare** (2 adults+children) - \$480 + \$50 per child early bird, \$550 + \$50 per child regular
  - Includes 5 meals (Saturday breakfast until Sunday lunch), hotel room style private room accommodations, retreat content, on-site child care during retreat programming

*Scholarships are available for participants and families. Email [CORretreatsUSA@gmail.com](mailto:CORretreatsUSA@gmail.com) for details.*

REGISTER TODAY!

## WE'RE OFFERING ON-SITE CHILDCARE!

COR cares about nourishing young families, and values the presence of young families at our retreats. To make it possible for parents with young children to participate in this retreat, we are offering on-site childcare for children 3 years and younger, and private rooms for families. Parents attending the retreat will be able to participate in all the sessions, while their children enjoy an age appropriate educational and fun program with other young children.

Childcare will be provided by trained and experienced childcare providers. The

main coordinator of the childcare program will be Doris Shirato. Doris worked for many years with [Jin-a](#), and is currently serving as a nanny for the DeGoede family. She will be assisted by several other childcare providers, according to the number of children that enroll in the childcare program. We can accommodate up to 10 families.

To make it possible for young families to attend together, the COR Board has secured donations to be able to provide up to \$200 per family to subsidize the cost of the childcare (actual cost is \$105-\$156 per child for the weekend). With this subsidy, the **cost per child will be just \$50 per child for 3 days and 2 nights of care and 5 meals.**

For any questions about the childcare program, please contact Crescentia DeGoede at [cdegoede@unification.org](mailto:cdegoede@unification.org).

## TRANSPORTATION

COR is not responsible for transportation to and from the retreat. However, we're happy to help connect participants so they can coordinate carpooling. If you are willing to offer a ride or are looking for a ride, please [fill out this form](#). Responses and contact information can be found [here](#).

CHECK OUT OUR EVENT ON OUR [FACEBOOK PAGE](#) !

REGISTER TODAY!

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← BACK TO REGISTRATION

## COR "Invigorate" Retreat 2018

SALE

from \$240.00

*\*EARLY BIRD PRICES OFFERED UNTIL MARCH 26TH! THEN PRICES GO UP \$35! REGISTRATION CLOSES APRIL 13TH!\**

### REGISTRATION:

- **Individual Registration** - \$240
- **Private Couple's Room** (2 adults) - \$480
- **Private Family Room + Childcare** (2 adults+children) - \$480 + \$50 per child

### SUPPORT COR'S MISSION

We invite you to make a donation to help sponsor another young professional or family to attend; you can do so when you register below or by visiting our [donation page](#).

*Please note, our refund policies below:*

- *After March 15 - 20% Non Refundable*
- *After March 26 - 60% Non Refundable*
- *After April 13 - 100% Non Refundable*

Any questions, please contact us at

[CORretreatsUSA@gmail.com](mailto:CORretreatsUSA@gmail.com).

Registration:

Select Registration

Child Care (3 and under):

Select Child Care (3 and under)

We invite you to make a donation in support of the mission of COR::

Select We invite you to make a donation in support of the mission of COR:

Quantity:

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